Yorkshire and The Humber Research Interest Group Newsletter

Why should you help?

In 1983 I was 34 when my mother was diagnosed with Parkinson’s aged 60…… I asked what I could do to avoid getting it …. The answer was simple - absolutely nothing! 
In 2009 aged 60 I was similarly diagnosed and the answer was exactly the same! What will happen in 2047 should my daughter be diagnosed at 60?

Earlier this month a friend died of Multi System Atrophy a disease closely associated with Parkinson’s aged just 55. Cures or at the least treatments to make sufferers life better is a MUST!

These are the reasons I am a member of the Yorkshire and Humberside Research Interest Group. Please get involved in research in what ever way you can if not for yourself but for a better future.

By John Sheepy, member of the Y&H Research Interest Group

Join the Research Support Network!
Members of the network receive emails (usually weekly) about the latest research news as well as opportunities to:
• participate in research
• attend research events
• work with researchers to shape their studies
• volunteer with the Parkinson’s UK research team

Not a member of the Research Support Network?

We’d like to THANK the research team at Sheffield Institute for Translational Neuroscience (SITraN) for their support and involvement with our group.
For information about SITraN visit their website here: http://sitran.org/
And here for the list of their upcoming excellent events: http://sitran.org/news/latest/

B.L.A.Z.E challenge!

Take on the challenge
B.L.A.Z.E. firewalk is designed to help transform fear and to inspire people to do things they didn’t think possible. Have lots of fun & laughter whilst you:
• Increase confidence & self esteem
• Release fears & doubts
• Break through limiting beliefs & conditioning
• Transform your fears into positive action

http://www.parkinsons.org.uk/content/firewalk

15 April 2016 Starts: 6.30pm
Event address
YPI Sports Ground, Chanterlands Avenue, Hull, East Yorkshire, HU5 4EF
Contact details
020 7963 3912 or fundraising@parkinsons.org.uk
Glove Calms Tremors in Parkinson's Patients
Involuntary hand tremors make simple tasks like getting dressed or eating breakfast a daily struggle. After being assigned to care for a Parkinson's patient as a medical student Faii Ong was inspired to devise an innovative new treatment for the disease.
http://bit.ly/1PMnoIw

Sniffing Out Parkinson's: A Nose for Trouble
Parkinson's disease is notoriously difficult to diagnose. Joy Milne, has the ability to spot Parkinson's by smelling it on someone. She first noticed a “musky odor” on her husband and is so adept that she can spot Parkinson's before doctors diagnose it.

Intrigued? Read more here: http://bit.ly/1hxT0ot

Common Dementia Drug Reduces Falls in Parkinson's Patients
People with Parkinson's who were given the oral drug were 45% less likely to fall and were considerably steadier when walking, compared to those that took a pill with no active treatment.
http://bit.ly/1R4dsww

Non-motor symptoms in early Parkinson's
This international study is investigating when symptoms such as sleep problems, fatigue, pain and depression occur during the condition, how they develop and how they respond to treatments.

Interested in taking part?
Read more here:
http://bit.ly/1RFLNUY

Sponsor a worm like Dave!
http://www.davetheworm.org

Register with the Brain Bank!
http://www.parkinsons.org.uk/content/become-brain-donor

The Michael J. Fox Foundation (MJFF) is sponsoring Fox Insight. This on-line study will collect self reported health information (over 5 years) from patients with Parkinson's disease (PD) and from people that do not have PD (controls). This is being done to help improve our understanding of PD. Interested in taking part?
Read more here:
https://foxinsight.michaeljfox.org

For information on these and other projects you could participate in, visit the Parkinson’s UK website here: http://bit.ly/1xBSYSW
Research Speakers at Wakefield Support Group

The following Research Speakers are coming to our meetings this year to keep us up to date with the work that is going on to find a cure or develop new medications. We would be only too pleased to see you and any members of your group who would like to come along.

Please contact Dave Foster: dave.foster67@yahoo.co.uk

Wednesday 23 March
Dr Beckie Port, from Parkinson’s UK
at 13:30

Monday 11 April
Dr Chris Elliot, from York University,
at 12 noon

Wednesday 28 September
Dr Heather Mortiboys, from SI TraN
Sheffield, at 13:30

MORE INFORMATION

This newsletter is created by and for people in Yorkshire and the Humber who are interested in Parkinson’s Research.

We’d be happy to share your research news, experiences and events here!

If you have research news or events you would like to share contact:
rsn@parkinsons.org.uk

Do you need help or advice?
Call the Parkinson’s UK Free* confidential helpline 0808 800 0303.
Monday to Friday 9am–8pm, Saturday 10am–2pm.
Interpreting available.
Textphone 0800 111 4204.
*calls are free from UK landlines and most mobile networks.

Visit us online at parkinsons.org.uk
Drop us a line at hello@parkinsons.org.uk

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