



Learning Pathway for Health and Care Staff

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Welcome

Dear colleague,

As health and care professionals, many of us struggle to find the right learning opportunities to develop our knowledge and skills in Parkinson's care. To make it easier to identify and access appropriate learning, Parkinson's UK has collaborated with health and social care colleagues to create this bespoke Learning Pathway for health and care staff. This simple roadmap brings together all available professional development and CPD opportunities in one place. There is also a pathway that focuses on therapists (physiotherapists, occupational therapists and speech and language therapists) and one for Parkinson's nurse specialists.

This Learning Pathway is easy to navigate. You can explore according to your level of knowledge and experience in Parkinson's and specific learning needs. We have divided it as follows:

New to Parkinson's learning
Some experience/knowledge
Very experienced

You can decide which level is most appropriate for you, but please do have a look at the other levels as you may learn further useful information.

It's very important that people living with Parkinson's experience the right care of the highest quality from staff who understand their condition, so please explore, learn, enjoy and share with your colleagues.

And don't forget, the Learning Pathway belongs to us all – so if you discover a training course happening in your area that you think should be added, then please get in touch so that we can keep the pathway up to date.

Happy learning,
Tracey Anderson
Virtual Learning Manager

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Contact us

We would love to know what you think of the Learning Pathway and if there are any other courses near you that could be added to it.



Email

You can email us at: education@parkinsons.org.uk



Twitter

Tweet using the handle: @ParkinsonsEN



Feedback form

Fill in our easy [feedback form](#)

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How to use the Learning Pathway

This Learning Pathway is for all health and care staff except for Parkinson's nurse specialists and occupational therapists, physiotherapists and speech and language therapists and pharmacists. There are separate pathways for those professional groups.

The Learning Pathway is easy to navigate. You can explore according to your knowledge and experience level and specific learning needs.

Click on the circular icons on the right-hand menu to look at different learning levels and resources that may be useful for you.

For each level you can explore different learning categories by clicking on the blue arrow icons.

Please note, all course information is correct at the time of publication in January 2024. The next update for this publication is July 2024.



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What is your level of knowledge and experience with Parkinson's care?



New to
Parkinson's



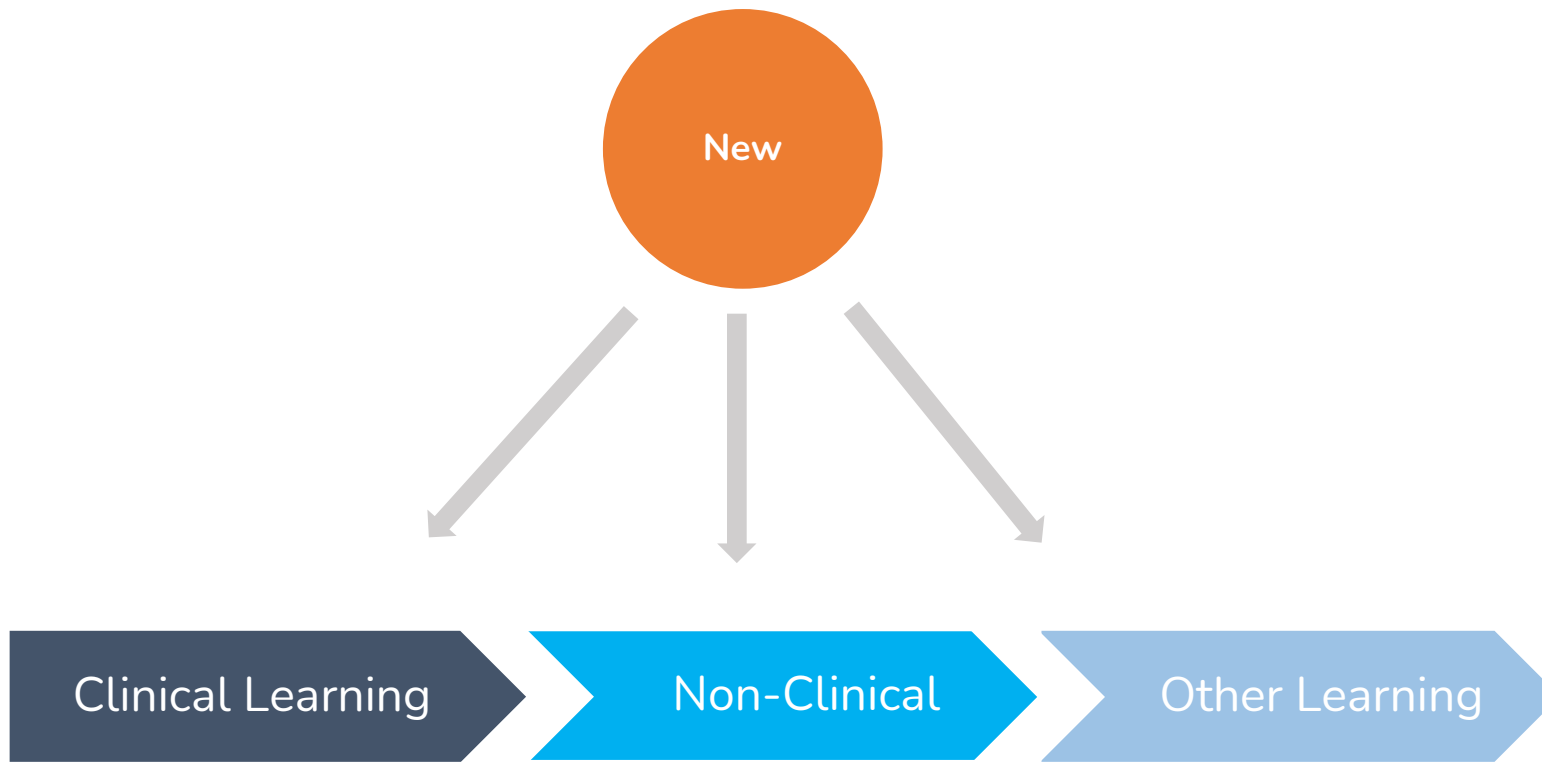
Some experience
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- [Introduction to Parkinson's for care staff \(Excellence Network\)](#)
- [Parkinson's awareness: a 15-minute online presentation for ward staff \(Excellence Network\)](#)
- [Parkinson's: Foundation modules for health and social care staff \(Excellence Network\)](#)
- [Understanding Parkinson's for health and social care staff – online \(Excellence Network\)](#)
- [Domiciliary care for someone with Parkinson's: a 20-minute presentation for home care workers \(Excellence Network\)](#)
- [Parkinson's from a GP and patient perspective: supporting initial assessment and referral \(Excellence Network\)](#)
- [Good Brain, Bad Brain \(FutureLearn\)](#)
- [Parkinson's Explained \(FMBTraining\)](#)
- [Parkinson's Training \(ParkinsonNet\)](#)
- [Parkinson's Explained \(Consultus Care\)](#)
- [PDSAFE: Physiotherapy and Falls Prevention in Parkinson's \(FutureLearn\)](#)
- [Parkinson's: Supporting the Family Unit and Care Partners](#)
- [Podcast: Learn About Parkinson's](#)
- [Parkinson's: Physical Activity and Exercise](#)
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Caring for your resident with Parkinson's (Excellence Network)

Course provider: Parkinson's UK

Cost: Free

Web page: [Find out more on Caring for your resident with Parkinson's](#)

This 20 minute presentation will give you the knowledge that you need as a residential care worker to provide better care for a resident with Parkinson's.

Learning outcomes

By the end of this presentation you will:

- Have an increased understanding of Parkinson's and its many symptoms
- Feel better equipped to be able to help someone with Parkinson's manage their condition
- Be able to identify care plan actions for your residents with Parkinson's
- Understand the importance of people getting their Parkinson's medication on time
- Know where to access resources and further education
- Have the knowledge and strategies to help you better care for a resident with Parkinson's.

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Introduction to Parkinson's for care staff (Excellence Network)

Course provider: Parkinson's UK

Cost: Free

Duration: 1 hour

Web page: [Find out more on Introduction for Parkinson's for care staff](#)

This free 1 hour course will give a solid introduction to Parkinson's for staff in nursing and care homes and home care agencies. A Parkinson's UK volunteer, trained by the charity and often with personal experience of the condition, will deliver the course as a webinar.

Learning outcomes

By the end of the course you will:

- Have better knowledge and understanding of Parkinson's
- Know the needs of people living with Parkinson's, particularly in a care or nursing home environment
- Understand how best to care for people with Parkinson's
- Recognise the resources available, including from Parkinson's UK, to improve the quality of life of people with Parkinson's and their family, friends and carers
- Be able to evaluate your own practice and care of people with Parkinson's.

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Parkinson's awareness: a 15-minute online presentation for ward staff (Excellence Network)

Course provider: Parkinson's UK

Cost: Free

Duration: 15 minutes

Web page: [Find out more on Parkinson's awareness: a 15-minute online presentation for ward staff](#)

This free 15 minute online presentation will help ward staff understand the key issues when caring for people with Parkinson's. It covers together the key symptoms and issues that can impact of a person with Parkinson's and their care when admitted to a hospital ward.

Learning outcomes

By the end of this presentation you will:

- Have an increased knowledge and understanding of Parkinson's
- Better understand the needs of people living with Parkinson's, and their families
- Recognise the importance of getting Parkinson's medication on time
- Know the resources available to improve practice in hospitals and improve care for people with Parkinson's.

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Parkinson's: Foundation modules for health and social care staff (Excellence Network)

Course provider: Parkinson's UK

Cost: Free

Duration: Approximately 10 hours

Web page: [Find out more on Parkinson's: Foundation modules for health and social care staff](#)

This course is suitable for anyone working in health or social care who requires a foundation understanding of Parkinson's. It involves self-directed learning so you can work through the interactive learning units at a pace suitable to your needs. You can choose to complete the whole course or pick a combination of learning units. You can expect the full course to take a minimum of 10 hours learning.

Learning outcomes

By the end of this course you will understand:

- What Parkinson's is
- How Parkinson's is diagnosed
- The symptoms of Parkinson's
- Treatments available for the condition and their potential side effects
- What actions you can take to help make sure that every person with Parkinson's receives the best care possible.

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Understanding Parkinson's for health and social care staff - online (Excellence Network)

Course provider: Open University and Parkinson's UK

Cost: Free

Duration: Approximately 24 hours

Web page: [Find out more on Understanding Parkinson's for health and social care staff - online](#)

This course is suitable for anyone working in health or social care who requires an understanding of Parkinson's. It involves self-directed learning so you can work through the interactive learning units at a pace suitable to your needs. It takes approximately 24 hours to complete and covers a wide range of topics, helping you to understand Parkinson's better and provide quality care for people with the condition. You will have an opportunity to reflect on your practice and to connect with your peers.

Learning outcomes

By the end of this course you will understand:

- The common signs and symptoms of Parkinson's
- The way in which Parkinson's progresses
- The impact Parkinson's can have on the person with the condition and those around them
- The processes, procedures, methods, techniques and services used to manage Parkinson's
- The issues, side effects and related procedures commonly associated with Parkinson's medication
- The communication and cognitive challenges associated with Parkinson's, their impact and ways to deal with them.

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Domiciliary care for someone with Parkinson's: a 20 minute presentation for home care workers (Excellence Network)

Course provider: Parkinson's UK

Cost: Free

Duration: 20 minutes

Web page: [Find out more on Domiciliary care for someone with Parkinson's: a 20 minute presentation for home care workers](#)

This free 20 minute online presentation from Parkinson's UK has been developed to help domiciliary care staff to provide better care to people with Parkinson's.

Learning outcomes

By the end of this presentation you will:

- Have an increased understanding of the many Parkinson's symptoms
- Have an increased understanding of the key issues involved in caring for someone with Parkinson's
- Be able to identify care plan actions and provide better person-centred care.

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Parkinson's from a GP and patient perspective: supporting initial assessment and referral (Excellence Network)

Course provider: Parkinson's UK

Cost: Free

Duration: 1 hour

Web page: [Find out more on Parkinson's from a GP and patient perspective: supporting initial assessment and referral](#)

The aim of this course is to give you information about suspecting and recognising Parkinson's for referral. It focuses on the experiences, ideas, concerns and expectations of people with Parkinson's and an interview with a GP. It includes a GP consultation, examination videos and referrals. There is an additional focus on recognising that younger people may also be diagnosed with Parkinson's.

Learning outcomes

By the end of this course you will understand:

- The NICE guideline
- The common motor and non-motor symptoms of Parkinson's
- The differences between how an older patient and younger patient may present
- How to approach a focused history and examination
- When you would refer a younger patient with suspected Parkinson's
- Why early referral, early diagnosis and early treatment is important.

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Good Brain, Bad Brain (FutureLearn)

Course provider: FutureLearn, University of Birmingham

Cost: Free

Duration: 3 weeks, 3 hours per week

Web page: [Find out more on Good Brain, Bad Brain](#)

Unfortunately this course is not currently running. Please check the provider website for updates.

This free online course is designed for any professional with an interest in finding out more about the fundamentals of Parkinson's.

It looks at how Parkinson's affects people, what causes it, and how symptoms might be improved. It also looks at what there is still to learn about the condition.

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Parkinson's Explained (FMBTraining)

Course provider: FMBTraining

Cost: On application

Duration: 3.5 hours

Web page: [Find out more on Parkinson's Explained](#)

This course, which can be delivered in-house, is designed to give all levels of staff supporting people with Parkinson's an understanding of the condition. The course can be adjusted for more bespoke requirements.

Trainer Fiona Bassett worked for Parkinson's UK for many years as West Midlands Education and Training Officer and is an Excellence Network trained trainer.

Learning outcomes

By the end of this course you will:

- Understand the key challenges of living with Parkinson's, such as mobility, communication and swallowing
- Know the importance of drug management, and recognise the role of Parkinson's UK and the UK Parkinson's Excellence Network in supporting people with Parkinson's
- Evaluate your own practice and care of people with Parkinson's and be much more aware of the needs of people with Parkinson's.

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Parkinson's Training (ParkinsonNet)

Course provider: ParkinsonNet

Cost: Varies

Web page: [Find out more on Parkinson's Training](#)

ParkinsonNet, based in the Netherlands, runs online and offline courses for health and social care professionals, ranging from basic to specialist level. These aim to improve the standard of care for everyone with Parkinson's and related conditions.

ParkinsonNet also runs an annual conference, conducts research, and aims to improve collaboration between healthcare professionals and services.

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Parkinson's Explained (Consultus Care)

Course provider: Consultus Care

Cost: On application

Duration: 3 hours

Web page: [Find out more on Parkinson's Explained](#)

This course is delivered in South East England. At the end of this course, participants will have gained an understanding of the key challenges of living with Parkinson's, such as mobility, communication and swallowing issues. They will also be able to identify the importance of drug management, and recognise the role of Parkinson's UK and the UK Parkinson's Excellence Network in supporting people with Parkinson's.

Learning outcomes

By the end of this course you will:

- Understand the key challenges of living with Parkinson's, such as mobility, communication and swallowing
- Know the importance of drug management, and recognise the role of Parkinson's UK and the UK Parkinson's Excellence Network in supporting people with Parkinson's
- Evaluate your own practice and care of people with Parkinson's and be much more aware of the needs of people with the condition.

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Parkinson's: Supporting the Family Unit and Care Partners (Excellence Network)

Course provider: Parkinson's UK

Cost: Free

Duration: 3 hours

Web page: [Find out more on Parkinson's: Supporting the Family Unit and Care Partners](#)

This course is suitable for all health and social care professionals working with people living with Parkinson's, their families and care partners and employees of Parkinson's UK

Learning outcomes

The course focuses on the following areas:

- What is a care partner?
- The impact of Parkinson's on care partners, and the family unit
- How to identify care partners that are struggling
- The importance of including care partners and the family unit in conversations
- Types of communication with care partners
- Data protection and legal issues surrounding working with care partners
- Advice on how to support care partners and families of people living with Parkinson's
- Advice on how to support care partners and family members of different ages, for different stages of Parkinson's

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Podcast: Learn About Parkinson's

Course provider: Parkinson's UK

Cost: Free

Duration: Between 14 and 75 minutes

Web page: [Find out more on Podcast: Learn About Parkinson's](#)

This podcast is for any staff working in hospital or community care who want to learn about Parkinson's.

Learning outcomes

After listening to the podcast you will:

- have better knowledge and understanding of Parkinson's
- better understand the needs of people living with Parkinson's and their families
- recognise the importance of time-sensitive drug management
- understand the role of the Parkinson's nurse and what's available to improve practice, therefore improving care for people with Parkinson's.

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Parkinson's: Physical Activity and Exercise (Excellence Network)

Course provider: Parkinson's UK

Cost: Free

Duration: Approximately 2 hours

Web page: [Find out more on Parkinson's: Physical Activity and Exercise](#)

This course is for people who provide or promote physical activity and exercise to people with Parkinson's. This may be in a leisure centre, health care setting or in the community. The learning is self-directed. You can log in at any time to work through the learning units at a pace that suits you. There are activities to complete throughout and at the end of each unit that will help you apply the knowledge you have gained. A certificate is available to download to self-certify participation.

Learning outcomes

By the end of this course you will be able to:

- Recognise and appreciate key Parkinson's symptoms
- Know how Parkinson's is diagnosed and managed
- Know why it is important for people with Parkinson's to be active and exercise
- Know the barriers and motivators to being active and exercising
- Apply the learning to make physical activity and exercise more accessible for people with Parkinson's.

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My Parkinson's Interactive Workbook

Provider: Parkinson's UK

Cost: Free

Web page: [Find out more on My Parkinson's Interactive Workbook](#)

This interactive workbook about Parkinson's provides information on all aspects of the condition, from diagnosis to advanced stages.

It supports health and social care professionals to effectively deliver care to those living with the condition and help ensure that every person living with Parkinson's receives the best care possible.

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Mental health professionals – what you need to know about Parkinson's

Course provider: Parkinson's UK

Cost: Free

Duration: 15 Minutes

Web page: [Find out more on Mental health professionals – what you need to know about Parkinson's](#)

This 15-minute course provides a background to understanding Parkinson's and discusses the mental health specific aspects of the condition that are of direct relevance to professionals working in mental health services. This course has been developed to assist mental health professionals in continuing to support people with Parkinson's, as effectively as possible.

Learning outcomes

The course covers the following areas:

- What Parkinson's is
- The impact of a diagnosis
- Common psychological difficulties associated with Parkinson's

By the end of the course you should be able to:

- Have a better understanding of Parkinson's and its common motor and non-motor symptoms. Teach cognitive strategies for non-motor symptoms of Parkinson's
- Recognise that psychological difficulties experienced by people with Parkinson's are a complex interplay between neurobiological, psychological and social factors
- Recognise and understand the ways in which people's mental health is impacted following a Parkinson's diagnosis
- Understand more about the ways in which Parkinson's symptoms and mental health can interact and create patterns of "stuckness"

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Exercise professionals – what you need to know about Parkinson's

Course provider: Parkinson's UK

Cost: Free

Duration: 15 Minutes

Web page: [Find out more on Exercise professionals – what you need to know about Parkinson's](#)

This 15-minute bitesize course provides a background to understanding Parkinson's and discusses specific aspects of the condition that are of direct relevance to exercise providers. It has been developed to enable you to support and encourage people with Parkinson's to exercise at the right level.

Learning outcomes

The course covers the following areas:

- What Parkinson's is
- Common motor and non-motor symptoms
- How Parkinson's is managed
- Importance of developing individualised activity programmes at the right intensity

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Get It On Time – Parkinson's Medication (Excellence Network)

Course provider: Parkinson's UK/Lancashire Teaching Hospitals NHS Foundation Trust

Cost: Free

Duration: 1 hour minimum

Web page: [Find out more on Get It On Time – Parkinson's Medication](#)

This free online course teaches hospital staff about Parkinson's symptoms, treatments and the importance of medication timing.

Learning outcomes

The course focuses on the following areas:

- What is Parkinson's?
- The symptoms of Parkinson's.
- Treatments for Parkinson's.
- Why medicine should be given on time.

These will enable participants to:

- recognise and appreciate key Parkinson's symptoms
- improve their practice in caring for people with Parkinson's
- improve their practice in the management of Parkinson's
- understand why it is vital that Parkinson's medication is given on time

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Get It On Time – Parkinson's medication for staff who don't administer (Excellence Network)

Course provider: Parkinson's UK

Cost: Free

Duration: 1 hour minimum

Web page: [Find out more on Get It On Time – Parkinson's medication for staff who don't administer](#)

The course focuses on the importance of Parkinson's medications being given on time, with a particular focus for staff who don't administer medications.

Learning outcomes

The course focuses on the following areas:

- What is Parkinson's?
- The symptoms of Parkinson's.
- Treatments for Parkinson's.
- Why medicine should be given on time.

These will enable participants to:

- recognise and appreciate key Parkinson's symptoms
- improve their practice in caring for people with Parkinson's
- understand why it is vital that Parkinson's medication is given on time

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Kinetics Film

Course provider: DT2 Productions

Cost: Free

Duration: 1 hour

Web page: [Find out more on Kinetics film](#)

Kinetics is based on the true story of Sue Wylie's journey to being diagnosed with Parkinson's, the impact on her everyday life and acceptance of living with Parkinson's.

This resource is suitable for all health and social care professionals.

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PDSAFE: Physiotherapy and Falls Prevention in Parkinson's (FutureLearn)

Course provider: FutureLearn, University of Exeter and University of Southampton

Cost: Free

Duration: 6 weeks, 3 hours per week

Web page: [Find out more on PDSAFE: Physiotherapy and Falls Prevention in Parkinson's](#)

This free online course is designed for any professional with an interest in learning more about the background and research behind the PDSAFE clinical trial, what it concluded and how this can be applied and delivered in a clinical setting.

It looks at the problem of falls in people living with Parkinson's and the development and research behind the PDSAFE falls treatment approach. During this course, you will also go through case study examples, allowing you to apply your learning.

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- Parkinson's: train the trainer (Excellence Network)
- Introduction to Parkinson's (Excellence Network)

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Parkinson's: train the trainer (Excellence Network)

Course provider: Parkinson's UK

Cost: Free

Duration: 14 hours

Web page: [Find out more on Parkinson's: train the trainer](#)

This course is for experienced health and social care trainers who want to learn how to deliver a 3 hour course on Parkinson's to their colleagues (you can deliver the course in more than one session if required). In order to become a UK Parkinson's Excellence Network trained trainer you need to complete 2 courses and attend a webinar. The first course provides the background knowledge and understanding of Parkinson's. Once you've completed and passed this, you can access the second course which teaches you how to deliver the Parkinson's Explained presentation. You'll then be able to deliver this at your place of work, fully endorsed by PDNSA.

Learning outcomes

By the end of this course you will:

- Understand the impact of Parkinson's, including motor and non-motor symptoms
- Evaluate your own practice and care of people with Parkinson's
- Deliver the Parkinson's Explained training session to your staff
- Recognise the role of the UK Parkinson's Excellence Network and how you can work with us.

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Introduction to Parkinson's (Excellence Network)

Course provider: Parkinson's UK

Cost: Free

Duration: 1 hour

Web page: [Find out more on Introduction to Parkinson's](#)

This free 1-hour live webinar will give a solid introduction to Parkinson's for teams of healthcare professionals, staff in nursing and care homes, and home care agencies.

Learning outcomes

At the end of the course, staff will:

- have better knowledge and understanding of Parkinson's
- know the needs of people living with Parkinson's, particularly in a care or nursing home environment
- understand how best to care for people with Parkinson's
- recognise the resources available, including Parkinson's UK, to improve the quality of life of people with Parkinson's and their carers
- have evaluated their own practice and care of people with Parkinson's

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No courses listed

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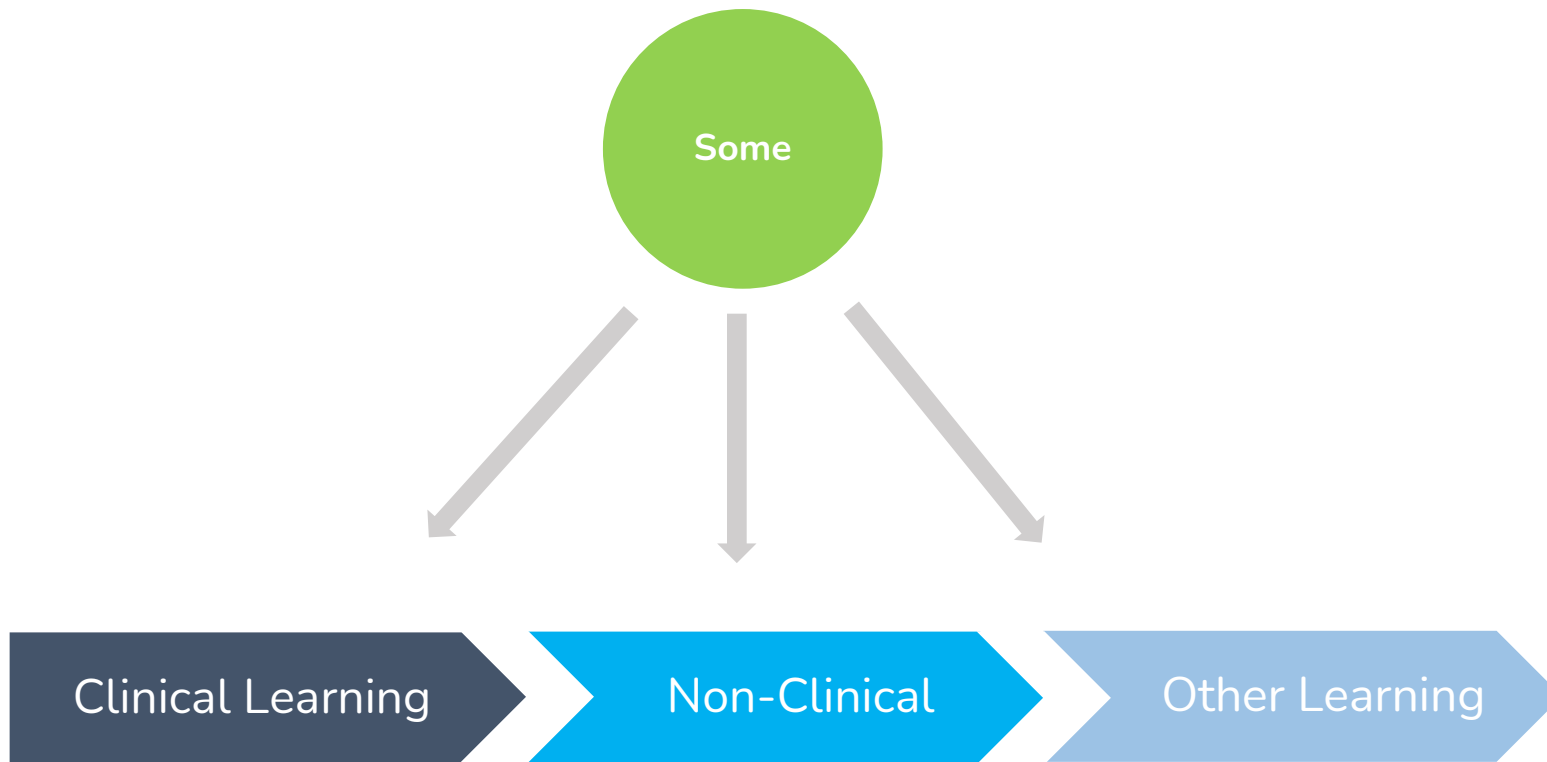
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- [Parkinson's from a GP and patient perspective: supporting initial assessment and referral \(Excellence Network\)](#)
- [Care and support in advanced Parkinson's – a guide for general practice](#)
- [Enhanced Parkinson's Disease Management \(Plymouth University\)](#)
- [Exercise Prescription for Long-Term Neurological Conditions \(Oxford Brookes University\)](#)
- [Foundation MasterClass \(Parkinson's Academy\)](#)
- [Good Brain, Bad Brain \(FutureLearn\)](#)
- [Parkinson's Explained \(FMBTraining\)](#)
- [Parkinson's Training \(ParkinsonNet\)](#)

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- [Neuroplasticity in Parkinson's \(PD Warrior\)](#)
- [The Nursing Management of Parkinson's Disease Related Conditions \(MPEC\)](#)
- [Parkinson's: Supporting the Family Unit and Care Partners](#)
- [Podcast: Learn About Parkinson's](#)
- [Parkinson's: Physical Activity and Exercise](#)
- [My Interactive Parkinson's Workbook](#)
- [Get It On Time – Parkinson's Medication](#)
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Understanding Parkinson's for health and social care staff - online (Excellence Network)

Course provider: Open University and Parkinson's UK

Cost: Free

Duration: Approximately 24 hours

Web page: [Find out more on Understanding Parkinson's for health and social care staff - online](#)

This course is suitable for anyone working in health or social care who requires an understanding of Parkinson's. It involves self-directed learning so you can work through the interactive learning units at a pace suitable to your needs. It takes approximately 24 hours to complete and covers a wide range of topics, helping you to understand Parkinson's better and provide top-quality care for people with the condition. You will have an opportunity to reflect on your practice and to connect with your peers.

Learning outcomes

By the end of this course you will understand:

- The common signs and symptoms of Parkinson's
- The impact Parkinson's can have on the person with the condition and those around them
- The processes, procedures, methods, techniques and services used to manage Parkinson's
- The side effects and related issues commonly associated with Parkinson's medication
- The communication and cognitive challenges associated with Parkinson's, their impact and ways to deal with them.

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Parkinson's from a GP and patient perspective: supporting initial assessment and referral (Excellence Network)

Course provider: Parkinson's UK

Cost: Free

Duration: 1 hour

Web page: [Find out more on Parkinson's from a GP and patient perspective: supporting initial assessment and referral](#)

The aim of this course is to give you information about suspecting and recognising Parkinson's for referral. It focuses on the experiences, ideas, concerns and expectations of people with Parkinson's and an interview with a GP. It includes a GP consultation, examination videos and referrals. There is an additional focus on recognising that younger people may also be diagnosed with Parkinson's.

Learning outcomes

By the end of this course you will understand:

- The NICE guideline
- The common motor and non-motor symptoms of Parkinson's
- The differences between how an older patient and younger patient may present
- How to approach a focused history and examination
- When you would refer a younger patient with suspected Parkinson's
- Why early referral, early diagnosis and early treatment is important.

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Care and support in advanced Parkinson's – a guide for general practice (Excellence Network)

Course provider: Parkinson's UK

Cost: Free

Duration: 30-45 mins

Web page: [Find out more on Care and support in advanced Parkinson's – a guide for general practice](#)

This course is for all GPs, students, and GP practice nurses/teams. This may also include any pharmacist and district nurse as part of a practice team.

The course gives practical advice, signposting and service users' experiences in bitesize pieces. You will be able to read, watch and listen to multimedia resources on advanced stage Parkinson's, including patients' experiences clips.

Learning outcomes

By the end of this course you will be able to:

- Recognise advanced stage Parkinson's
- Improve practice in caring for someone with Parkinson's
- Improve practice in management of advanced Parkinson's
- Identify and reflect on existing knowledge
- Source and use information and links to support patients' and carers' needs.

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Enhanced Parkinson's Disease Management (Plymouth University)

Course provider: Cornwall Partnership NHS Foundation Trust and Plymouth University

Cost: Check with provider

Web page: [Find out more on Enhanced Parkinson's Disease Management](#)

This level 6 bachelors degree-level module enables you to become competent in assessing, planning, delivering, evaluating and leading the care of people with Parkinson's, and to give support and advice to their carers. You will develop an enquiring mind for leading and influencing change in Parkinson's services.

This course is usually taught over a 6 month period. Delivery consists of keynote lectures, group work, expert patient, student-led activities, digital media and blended learning. It is worth 40 credits.

Learning outcomes

By the end of this course you will be expected to be able to:

- Demonstrate a significant knowledge and critical understanding of the physical and psychosocial implications of Parkinson's for individuals and their carers
- Systematically assess, plan, implement and critically evaluate the care of the Parkinson's patients and their carers
- Lead and work effectively and collaboratively to ensure high-quality, effective management of patients
- Systematically apply an in-depth knowledge of the pathophysiology of Parkinson's and analysis of its pharmacological management to support the learning of others
- Critically apply and disseminate relevant evidence to support care management and service development
- Identify, discuss and apply political and professional issues related to this area of healthcare in your work.

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Exercise prescription for long-term neurological conditions (Oxford Brookes University)

Course provider: Oxford Brookes University

Duration: 6 months (200 hours)

Web page: [Find out more on Exercise prescription for long-term neurological conditions](#)

This course is aimed at physiotherapists and other health and fitness professionals involved in exercise activities to support the rehabilitation of people with neurological conditions, including Parkinson's.

Topics covered include fitness principles, musculoskeletal co-morbidities, and lifestyle and behaviour change.

The course runs twice a year and combines distance learning with two clinical weekends on campus at Oxford Brookes University.

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Foundation MasterClass (Parkinson's Academy)

Course provider: Parkinson's Academy

Price on application

Web page: [Find out more on Foundation MasterClass](#)

This course is designed for non-final year registrars, old age psychiatry registrars, Parkinson's nurses within the first 18 months of post, occupational therapists, speech and language therapists, pharmacists, clinical fellows and clinical lecturers. The course is set as one module over two days with one residential evening. The course will advance your understanding of Parkinson's and related movement disorders.

Learning outcomes

You will come away from this course with an understanding of:

- Epidemiology, genetics, anatomy and basic pathophysiology of Parkinson's
- Differential diagnosis including clinical imaging
- Motor and non-motor symptoms and how to manage them
- Clinical skills, challenge tests and simple neurological examination
- Early treatment options
- Management of late-stage disease including drugs, invasive options, and surgery
- Issues relating to inpatients with Parkinson's
- Neuropsychiatric complications
- Palliative care.

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Good Brain, Bad Brain (FutureLearn)

Course provider: FutureLearn, University of Birmingham

Cost: Free

Duration: 3 weeks, 3 hours per week

Web page: [Find out more on Good Brain, Bad Brain](#)

Unfortunately this course is not currently running. Please check the provider website for updates.

This free online course is designed for any professional with an interest in finding out more about the fundamentals of Parkinson's.

It looks at how Parkinson's affects people, what causes it, and how symptoms might be improved. It also looks at what there is still to learn about the condition.

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Parkinson's Explained (FMBTraining)

Course provider: FMBTraining

Duration: 3.5 hours

Cost: on application

Web page: [Find out more on Parkinson's Explained](#)

This course, which can be delivered in-house, is designed to give all levels of staff supporting people with Parkinson's an understanding of the condition. The course can be adjusted for more bespoke requirements.

Trainer Fiona Bassett worked for Parkinson's UK for many years as West Midlands Education and Training Officer.

Learning outcomes

- At the end of this course you will have gained an understanding of the key challenges of living with Parkinson's, such as the challenges of mobility, communication and swallowing issues.
- You will also be able to identify the importance of drug management, and recognise the role of Parkinson's UK and the UK Parkinson's Excellence Network in supporting people with Parkinson's.
- The course will enable you to evaluate your own practice and care of people with Parkinson's to make you more aware of their needs.

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Parkinson's Training (ParkinsonNet)

Course provider: ParkinsonNet

Cost: Varies

Web page: [Find out more on Parkinson's Training](#)

ParkinsonNet, based in the Netherlands, runs online and offline courses for health and social care professionals, ranging from basic to specialist level. These aim to improve the standard of care for everyone with Parkinson's and related conditions.

ParkinsonNet also runs an annual conference, conducts research, and aims to improve collaboration between healthcare professionals and services.

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Neuroplasticity in Parkinson's (PD Warrior)

Course provider: PD Warrior

Training location: Various

Cost: £449 (includes Level 1 online and Level 2 practical workshop)

Duration: 15 hours online plus 1 day practical workshop

Web page: [Find out more on Neuroplasticity in Parkinson's](#)

Learn how to improve function, quality of life and long-term exercise behaviour in people with Parkinson's through this online and exercise-based program.

This bundled Level 1 online/Level 2 practical workshop course will give you the introductory, theoretical, and practical skills to apply the key concepts of this intensive and neuroactive exercise approach in clinical practice.

Build on your knowledge of assessment, exercise prescription, and motivational coaching to make a significant difference to the lives of people with Parkinson's.

Learning outcomes

You will learn:

- The latest evidence underpinning intensive and neuroactive exercise prescription
- The pathophysiology of Parkinson's
- How to tailor exercise effectively for the 3 different types of Parkinson's
- The 7 core principals of neuroplasticity and how to implement them effectively
- How to deliver the 10 core exercises and how to create your own exercise portfolio
- How to create an enriched and motivating exercise environment
- How to empower your patients and create long-term exercise behaviours
- How to assess and treat someone throughout the various stages of Parkinson's.

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Parkinson's: Supporting the Family Unit and Care Partners (Excellence Network)

Course provider: Parkinson's UK

Cost: Free

Duration: 3 hours

Web page: [Find out more on Parkinson's: Supporting the Family Unit and Care Partners](#)

This course is suitable for all health and social care professionals working with people living with Parkinson's, their families and care partners and employees of Parkinson's UK

Learning outcomes

The course focuses on the following areas:

- What is a care partner?
- The impact of Parkinson's on care partners, and the family unit
- How to identify care partners that are struggling
- The importance of including care partners and the family unit in conversations
- Types of communication with care partners
- Data protection and legal issues surrounding working with care partners
- Advice on how to support care partners and families of people living with Parkinson's
- Advice on how to support care partners and family members of different ages, for different stages of Parkinson's

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Podcast: Learn About Parkinson's

Course provider: Parkinson's UK

Cost: Free

Duration: Between 14 and 75 minutes

Web page: [Find out more on Podcast: Learn About Parkinson's](#)

This podcast is for any staff working in hospital or community care who want to learn about Parkinson's.

Learning outcomes

After listening to the podcast you will:

- have better knowledge and understanding of Parkinson's
- better understand the needs of people living with Parkinson's and their families
- recognise the importance of time-sensitive drug management
- understand the role of the Parkinson's nurse and what's available to improve practice, therefore improving care for people with Parkinson's.

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Parkinson's: Physical Activity and Exercise (Excellence Network)

Course provider: Parkinson's UK

Cost: Free

Duration: Approximately 2 hours

Web page: [Find out more on Parkinson's: Physical Activity and Exercise](#)

This course is for people who provide or promote physical activity and exercise to people with Parkinson's. This may be in a leisure centre, health care setting or in the community. The learning is self-directed. You can log in at any time to work through the learning units at a pace that suits you. There are activities to complete throughout and at the end of each unit that will help you apply the knowledge you have gained. A certificate is available to download to self-certify participation.

Learning outcomes

By the end of this course you will be able to:

- Recognise and appreciate key Parkinson's symptoms
- Know how Parkinson's is diagnosed and managed
- Know why it is important for people with Parkinson's to be active and exercise
- Know the barriers and motivators to being active and exercising
- Apply the learning to make physical activity and exercise more accessible for people with Parkinson's.

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My Parkinson's Interactive Workbook

Provider: Parkinson's UK

Cost: Free

Web page: [Find out more on My Parkinson's Interactive Workbook](#)

This interactive workbook about Parkinson's provides information on all aspects of the condition, from diagnosis to advanced stages.

It supports health and social care professionals to effectively deliver care to those living with the condition and help ensure that every person living with Parkinson's receives the best care possible.

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Get It On Time – Parkinson's Medication (Excellence Network)

Course provider: Parkinson's UK/Lancashire Teaching Hospitals NHS Foundation Trust

Cost: Free

Duration: 1 hour minimum

Web page: [Find out more on Get It On Time – Parkinson's Medication](#)

This free online course teaches hospital staff about Parkinson's symptoms, treatments and the importance of medication timing.

Learning outcomes

The course focuses on the following areas:

- What is Parkinson's?
- The symptoms of Parkinson's.
- Treatments for Parkinson's.
- Why medicine should be given on time.

These will enable participants to:

- recognise and appreciate key Parkinson's symptoms
- improve their practice in caring for people with Parkinson's
- improve their practice in the management of Parkinson's
- understand why it is vital that Parkinson's medication is given on time

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Get It On Time – Parkinson's medication for staff who don't administer (Excellence Network)

Course provider: Parkinson's UK

Cost: Free

Duration: 1 hour minimum

Web page: [Find out more on Get It On Time – Parkinson's medication for staff who don't administer](#)

The course focuses on the importance of Parkinson's medications being given on time, with a particular focus for staff who don't administer medications.

Learning outcomes

The course focuses on the following areas:

- What is Parkinson's?
- The symptoms of Parkinson's.
- Treatments for Parkinson's.
- Why medicine should be given on time.

These will enable participants to:

- recognise and appreciate key Parkinson's symptoms
- improve their practice in caring for people with Parkinson's
- understand why it is vital that Parkinson's medication is given on time

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Parkinson's: Sleep and Fatigue

Course provider: Parkinson's UK

Cost: Free

Duration: 3 hours

Web page: [Find out more on Parkinson's: Sleep and Fatigue](#)

This course is for allied health professionals, Parkinson's nurses, doctors and any professionals that have an interest in learning more about this topic.

Learning outcomes

The course has the following learning outcomes:

- Understand the wide-ranging effects of sleep problems and fatigue for people with Parkinson's
- Develop an awareness of the resources available to help health professionals assess the severity of sleep problems and fatigue for people with Parkinson's
- Learn about the available guidance and treatments for people with Parkinson's experiencing sleep problems and fatigue
- Appreciate the things to consider for people with Parkinson's experiencing sleep problems and fatigue around driving, swimming and operating machinery
- Understand how challenging fatigue can be for people with Parkinson's

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Lewy Body Dementia Bitesize

Course provider: Lewy Body Academy/Neurology Academy

Cost: Free

Duration: Up to 15 minutes each

Web page: [Find out more on Lewy Body Dementia Bitesize](#)

This course is perfect for anyone working in neurology, medicine for the elderly or old age psychiatry. The course is also useful for therapists, those in nursing roles in hospital or the community, and could provide helpful baseline knowledge for those in general practice.

Learning outcomes

Our Lewy Body Bitesize course is intended for anyone looking to develop a basic understanding of Lewy body dementia:

- what it looks like and how to diagnose it
- effective management across different types of symptoms
- future treatment opportunities.

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Kinetics Film

Course provider: DT2 Productions

Cost: Free

Duration: 1 hour

Web page: [Find out more on Kinetics Film](#)

Kinetics is based on the true story of Sue Wylie's journey to being diagnosed with Parkinson's, the impact on her everyday life and acceptance of living with Parkinson's.

This resource is suitable for all health and social care professionals.

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The nursing management of Parkinson's Disease-related conditions (MPEC)

Course provider: Swansea University

Duration: 2 weeks

Web page: [Find out more on The nursing management of Parkinson's Disease-related conditions](#)

This is a two week taught module at degree and masters level. It can be studied as a stand-alone module or as part of a degree. This module will enable registered practitioners to practice competently as a member of the multi-disciplinary team within the specialist field of caring for people affected by Parkinson's. This is a very well recognised course, considered essential for all new or aspiring Parkinson's nurses.

Learning outcomes

By the end of this module you should be able to:

- Critically review the current concepts related to the pathophysiology and epidemiology of Parkinson's
- Critically review the range of treatments available for the management of Parkinson's
- Provide a range of treatments, monitor their effectiveness and take appropriate actions to maintain patient comfort
- Critically discuss the role of the PDNS in the management of Parkinson's-related conditions
- Contribute further to the co-ordination and collaboration of the multidisciplinary team
- Critically analyse the psychosocial and cultural factors which may influence the delivery of care to people with Parkinson's and their carers and families
- Critically analyse the application of theory for practice in a variety of situations within the context of caring for people with Parkinson's and their carers, utilising an integrated MDT approach
- Critically assess available strategies with informed, flexible and innovative approaches to meeting the specific needs of an individual with Parkinson's
- Demonstrate an enquiring approach to this specialist area of practice through reflection, discussion and dissemination of acquired skills and knowledge underpinning practice.

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Parkinson's: train the trainer (Excellence Network)

Course provider: Parkinson's UK

Cost: Free

Duration: 14 hours

Web page: [Find out more on Parkinson's: train the trainer](#)

This course is for experienced health and social care trainers who want to learn how to deliver a 3 hour course on Parkinson's to their colleagues (you can deliver the course in more than one session if required).

In order to become a UK Parkinson's Excellence Network trained trainer you need to complete 2 courses and attend a webinar. The first course provides the background knowledge and understanding of Parkinson's. Once you've completed and passed this, you can access the second course which teaches you how to deliver the Parkinson's Explained presentation.

You'll then be able to deliver this at your place of work, fully endorsed by PDNSA.

Learning outcomes

By the end of this course you will:

- Understand the impact of Parkinson's, including motor and non-motor symptoms
- Evaluate your own practice and care of people with Parkinson's
- Deliver the Parkinson's Explained training session to your staff
- Recognise the role of the UK Parkinson's Excellence Network and how you can work with us.

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Non-medical prescribing programme (University of Northampton)

Course provider: University of Northampton

Cost: Part Time: £1,780 (40 credits)

Duration: 18 Weeks

Web page: [Find out more on Non-medical prescribing programme](#)

Contact: healthcpd@northampton.ac.uk

To be eligible for this module you must have been registered with the HCPC or NMC for at least 3 years and have at least 1 year's experience working in the area of practice that you want to independently prescribe within.

The module aims to equip students with the theoretical knowledge and practical experience required to become a non-medical prescriber. At present these include the Nursing and Midwifery Council (NMC) approved programmes and the HCPC approved programme for podiatrists.

Learning outcomes

- Demonstrate a strong clinical, pharmacological and pharmaceutical evidence base by justifying rationales for best prescribing practice
- Critically apply knowledge of drug actions to prescribe safely, appropriately and cost effectively
- Appraise formulated solutions in complex situations, employing relevant legal and ethical frameworks
- Critically evaluate personal and professional accountability in relation to prescribing practice within contemporary public health policy, regulatory and quality frameworks
- Demonstrate technical mastery when conducting complex holistic assessment, and consultation with patients and carers, documenting appropriately
- Critically reflect on issues surrounding concordance, justifying prescribing options with regard to safety, cost, efficacy and patient choice
- Communicate and engage with patients and carers in a professional and sensitive manner
- Exercise a critical awareness of autonomous practice within a multidisciplinary team.

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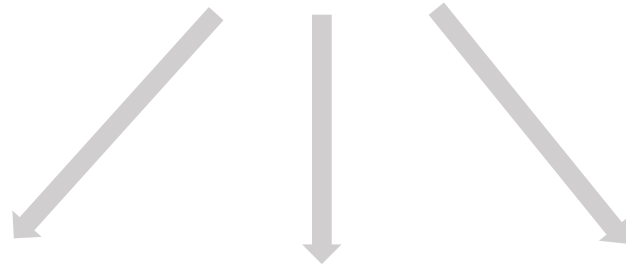
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- [Parkinson's: Managing palliative and end of life care \(Excellence Network\)](#)
- [Parkinson's: Managing bone health and fracture risk \(Excellence Network\)](#)
- [Parkinson's from a GP and patient perspective: supporting initial assessment and referral \(Excellence Network\)](#)
- [Care and support in advanced Parkinson's – a guide for general practice \(Excellence Network\)](#)
- [Advanced MasterClass \(Parkinson's Academy\)](#)
- [Enhanced Parkinson's Disease Management \(Plymouth University\)](#)
- [Foundation MasterClass \(Parkinson's Academy\)](#)
- [The Management of Parkinson's Disease-related Conditions \(MPEC\)](#)
- [Palliative Care MasterClass \(Parkinson's Academy\)](#)

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- [Parkinson's Training \(ParkinsonNet\)](#)
- [Parkinson's: Supporting the Family Unit and Care Partners](#)
- [Parkinson's: Sleep and Fatigue](#)
- [Service Development – How to plan and implement a Parkinson's Dementia Clinic](#)
- [Podcast: Learn About Parkinson's](#)
- [Management and treatment of chronic sialorrhea \(drooling\) due to Parkinson's. \(Merz Therapeutics in partnership with Parkinson's UK\)](#)
- [Lewy Body Dementia Bitesize](#)
- [Kinetics Film](#)

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Parkinson's: Managing palliative and end of life care (Excellence Network)

Course provider: Parkinson's UK and Open University

Cost: Free

Duration: Approximately 10 hours

Web page: [Find out more on Parkinson's: Managing palliative and end of life care](#)

Created by Parkinson's UK and the Open University online, this course takes approximately 10 hours to complete. It has been designed for professionals, such as Parkinson's Nurse Specialists and other clinicians, who work as part of the specialist team with patients experiencing the palliative and end-of-life phases. It may also be useful for health and social care professionals who already have experience of working with people with Parkinson's, but wish to enhance their knowledge of palliative and end of life care in Parkinson's.

Learning outcomes

By the end of this course you will be able to:

- Demonstrate an understanding of the principles of palliative and end of life care and how these can be applied in Parkinson's
- Identify the challenges in practice of applying palliative and end of life care principles in Parkinson's
- Confidently discuss the theory of advance care planning and the issues involved, such as power of attorney or advance decision to refuse treatment
- Identify symptoms which indicate the end of life phase in Parkinson's and highlight management issues
- Be aware of the needs of the patient's family, friends and carers throughout the end of life phases and bereavement.

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Parkinson's: Managing bone health and fracture risk – online (Excellence Network)

Course provider: Parkinson's UK and Open University

Cost: Free

Duration: Approximately 10 hours

Web page: [Find out more on Parkinson's: Managing bone health and fracture risk – online](#)

This course has been designed for professionals, such as Parkinson's Nurse Specialists and other clinicians, who provide clinical input for people with Parkinson's in outpatient and inpatient settings. Its purpose is to enhance your understanding and recognition of bone health issues in Parkinson's and to guide you in assessing and managing the increased fracture risks associated with the condition. The course aims to improve your confidence in identifying factors which impact on falls risk, to teach you about the structure and metabolism of bone, to explain the reasons why bone may be more vulnerable to fracture in Parkinson's and to outline the options for reducing fracture risk through medication and lifestyle. This will take no more than 10 hours to study. Once you have completed it you will gain the digital badge *Parkinson's: Managing Bone Health and Fracture Risk* which is compatible with *Badgr.io*.

Learning outcomes

By the end of this course you will be able to:

- Understand the importance of falls and fracture prevention in Parkinson's
- Determine the general and Parkinson's-specific risk factors that can lead to falls
- Understand the consequences of a fall, particularly the sequelae of hip fracture
- Understand the nature of osteoporosis, and identify the particular contributors to osteoporosis in Parkinson's
- Use FRAX and Qfracture risk assessment tools appropriately to determine osteoporosis risk in Parkinson's
- Interpret the osteoporosis risk within the current NOGG treatment guidance and understand the limitations of this guidance in Parkinson's
- Devise a management plan for a person with Parkinson's according to a provided algorithm.

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Parkinson's from a GP and patient perspective: supporting initial assessment and referral (Excellence Network)

Course provider: Parkinson's UK

Cost: Free

Duration: 1 hour

Web page: [Find out more on Parkinson's from a GP and patient perspective: supporting initial assessment and referral](#)

The aim of this course is to give you information about suspecting and recognising Parkinson's for referral. It focuses on the experiences, ideas, concerns and expectations of people with Parkinson's and an interview with a GP. It includes a GP consultation, examination videos and referrals. There is an additional focus on recognising that younger people may also be diagnosed with Parkinson's.

Learning outcomes

By the end of this course you will understand:

- The NICE guideline
- The common motor and non-motor symptoms of Parkinson's
- The differences between how an older patient and younger patient may present
- How to approach a focused history and examination
- When you would refer a younger patient with suspected Parkinson's
- Why early referral, early diagnosis and early treatment is important.

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Care and support in advanced Parkinson's – a guide for general practice (Excellence Network)

Course provider: Parkinson's UK

Cost: Free

Duration: 30-45 mins

Web page: [Find out more on Care and support in advanced Parkinson's – a guide for general practice](#)

This course is for all GPs, students, and GP practice nurses/teams. This may also include any pharmacist and district nurse as part of a practice team.

The course gives practical advice, signposting and service users' experiences in bitesize pieces.

You will be able to read, watch and listen to multimedia resources on advanced stage Parkinson's, including patients' experiences clips.

Learning outcomes

By the end of this course you will be able to:

- Recognise advanced stage Parkinson's
- Improve practice in caring for someone with Parkinson's
- Improve practice in management of advanced Parkinson's
- Identify and reflect on existing knowledge
- Source and use information and links to support patients' and carers' needs.

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Advanced MasterClass (Parkinson's Academy)

Course provider: Parkinson's Academy

Price on application

Web page: [Find out more on Advanced MasterClass](#)

This course is designed for consultants, experienced Parkinson's nurses, final year registrars, final year old age psychiatry registrars, GPwSIs, experienced neurosciences pharmacists, associate specialists and staff grade physicians. The course will advance understanding of Parkinson's and related movement disorders through taught sessions and mentorship (a mentor will be appointed for each participant). The 2 Advanced Masterclass modules are approved by the Federation of the Royal Colleges of Physicians of the United Kingdom for 27 category 1 (external) CPD credits.

Learning outcomes

Learners will come away from this course with an understanding of:

- Basic pathology, anatomy, genetics and neurophysiology of Parkinson's
- The basics of building a Parkinson's service
- Differential diagnosis
- The principles of how to give a diagnosis to patients and their family and carers
- Early treatment options
- Practical aspects of managing dementia, depression, anxiety and psychosis in Parkinson's
- Non-motor issues
- Drug management in complex Parkinson's
- Transition from complex to palliative care
- Surgical procedures, selection, suitability and related practical aspects
- Current evidence for practice

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Enhanced Parkinson's Disease Management (Plymouth University)

Course provider: Cornwall Partnership NHS Foundation Trust and Plymouth University

Cost: Check with provider

Web page: [Find out more on Enhanced Parkinson's Disease Management](#)

This 40 credit degree-level module enables you to become competent in assessing, planning, delivering, evaluating and leading the care of people with Parkinson's disease; and to give support and advice to their carers. The course is normally planned to run over a six month period whereby you will attend taught sessions. The course is normally planned to run over a six month period whereby you will attend taught sessions.

Learning outcomes

By the end of this course you will be expected to be able to:

- Demonstrate a significant knowledge and critical understanding of the physical and psychosocial implications of Parkinson's for individuals and their carers
- Systematically assess, plan, implement and critically evaluate the care of the Parkinson's patients and their carers
- Lead and work effectively and collaboratively to ensure high-quality, effective management of patients
- Systematically apply an in-depth knowledge of the pathophysiology of Parkinson's and analysis of its pharmacological management to support the learning of others
- Critically apply and disseminate relevant evidence to support care management and service development
- Identify, discuss and apply political and professional issues related to this area of healthcare in your work.

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Foundation MasterClass (Parkinson's Academy)

Course provider: Parkinson's Academy

Price on application

Web page: [Find out more on Foundation MasterClass](#)

This course is designed for non-final year registrars, old age psychiatry registrars, Parkinson's nurses within the first 18 months of post, occupational therapists, speech and language therapists, pharmacists, clinical fellows and clinical lecturers. The course is set as one module over two days with one residential evening. The course will advance your understanding of Parkinson's and related movement disorders.

Learning outcomes

You will come away from this course with an understanding of:

- Epidemiology, genetics, anatomy and basic pathophysiology of Parkinson's
- Differential diagnosis including clinical imaging
- Motor and non-motor symptoms and how to manage them
- Clinical skills, challenge tests and simple neurological examination
- Early treatment options
- Management of late-stage disease including drugs, invasive options, and surgery
- Issues relating to inpatients with Parkinson's
- Neuropsychiatric complications
- Palliative care.

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The nursing management of Parkinson's Disease-related conditions (MPEC)

Course provider: Swansea University

Duration: 53 hours theory, 53 hours placement

Web page: [Find out more on The nursing management of Parkinson's Disease-related conditions](#)

This module (SHGM101) is taught at Masters level and is worth 30 credits. It can be studied as a stand-alone module or part of a degree. It will enable registered practitioners to practice competently as a member of the multi-disciplinary team within the specialist field of caring for people affected by Parkinson's.

Learning outcomes

By the end of this module you should be able to:

- Critically discuss the care needs of a person with Parkinson's disease and provide care in a way that is congruent with the needs of the individual and their carer(s)
- Appraise strategies for evaluating the effectiveness of care
- Appraise mechanisms for managing care in conjunction with appropriate members of the multi-disciplinary team
- Critically analyse the psycho-social factors that may influence the delivery and receipt of care
- Critically consider strategies for empowering patients and their carer(s) to actively engage in activities that regain and maintain function.

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Palliative Care MasterClass (Parkinson's Academy)

Course provider: Parkinson's Academy

Duration: 2 days (residential in Sheffield)

Web page: [Find out more on Palliative Care MasterClass](#)

Our Palliative Care MasterClass is for all health professionals involved in palliative care for neurological conditions – including allied health professionals, doctors (grade SpR and above), specialist nurses, community teams and GPs.

Learning outcomes

You will come away from this course with an understanding of:

- The evidence base for unmet palliative care needs
- Disease-specific issues faced by patients
- Approaches to assessment and management of specific unmet palliative care needs in Parkinson's and dementia
- Palliative assessment tools
- Commonly encountered medications and their side effects
- Terminal stages, particularly how to identify and manage drug therapies in final days
- Promoting patient autonomy including how and when to consider advance care planning in the context of cognitive impairment
- Service considerations and delivery
- How good practice could be spread and incorporated in other areas of care
- Future directions of palliative care, research, and quality improvement opportunities.

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Parkinson's: Supporting the Family Unit and Care Partners (Excellence Network)

Course provider: Parkinson's UK

Cost: Free

Duration: 3 hours

Web page: [Find out more on Parkinson's: Supporting the Family Unit and Care Partners](#)

This course is suitable for all health and social care professionals working with people living with Parkinson's, their families and care partners and employees of Parkinson's UK

Learning outcomes

The course focuses on the following areas:

- What is a care partner?
- The impact of Parkinson's on care partners, and the family unit
- How to identify care partners that are struggling
- The importance of including care partners and the family unit in conversations
- Types of communication with care partners
- Data protection and legal issues surrounding working with care partners
- Advice on how to support care partners and families of people living with Parkinson's
- Advice on how to support care partners and family members of different ages, for different stages of Parkinson's

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Parkinson's: Sleep and Fatigue

Course provider: Parkinson's UK

Cost: Free

Duration: 3 hours

Web page: [Find out more on Parkinson's: Sleep and Fatigue](#)

This course is for allied health professionals, Parkinson's nurses, doctors and any professionals that have an interest in learning more about this topic.

Learning outcomes

The course has the following learning outcomes:

- Understand the wide-ranging effects of sleep problems and fatigue for people with Parkinson's
- Develop an awareness of the resources available to help health professionals assess the severity of sleep problems and fatigue for people with Parkinson's
- Learn about the available guidance and treatments for people with Parkinson's experiencing sleep problems and fatigue
- Appreciate the things to consider for people with Parkinson's experiencing sleep problems and fatigue around driving, swimming and operating machinery
- Understand how challenging fatigue can be for people with Parkinson's

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Parkinson's: Service Development – How to plan and implement a Parkinson's Dementia Clinic

Course provider: Parkinson's UK

Cost: Free

Duration: 3 hours

Web page: [Find out more on Parkinson's: Service Development – How to plan and implement a Parkinson's Dementia Clinic](#)

This course is suitable for all health and social care professionals working with people living with Parkinson's.

Learning outcomes

Using a case study example from Cardiff and Vale Health Board's Parkinson's dementia service, this course focuses on:

- managing Parkinson's services, and what that entails
- why set up a new service? Focusing specifically on the reasons why Cardiff and Vale Health board set up a Parkinson's dementia clinic
- the process of setting up Parkinson's services - discussions of what needs to change in your practice, focus groups, required resources and planning ahead
- evaluating the success of your new service(s) - has there been an improvement?

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Podcast: Learn About Parkinson's

Course provider: Parkinson's UK

Cost: Free

Duration: Between 14 and 75 minutes

Web page: [Find out more on Podcast: Learn About Parkinson's](#)

This podcast is for any staff working in hospital or community care who want to learn about Parkinson's.

Learning outcomes

After listening to the podcast you will:

- have better knowledge and understanding of Parkinson's
- better understand the needs of people living with Parkinson's and their families
- recognise the importance of time-sensitive drug management
- understand the role of the Parkinson's nurse and what's available to improve practice, therefore improving care for people with Parkinson's.

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Management and treatment of chronic sialorrhea (drooling) due to Parkinson's. (Merz Therapeutics in partnership with Parkinson's UK)

Course provider: Parkinson's UK

Cost: Free

Duration: 2 hours

Web page: [Find out more on Management and treatment of chronic sialorrhea \(drooling\) due to Parkinson's](#)

An online course examining the management and treatment of chronic sialorrhea in Parkinson's. This educational module has been initiated and funded by Merz therapeutics.

Learning outcomes

The course focuses on the following areas:

- What is sialorrhea?
- Impact of sialorrhea
- Assessing and managing chronic drooling
- Botulinum neurotoxin type A injections

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Lewy Body Dementia Bitesize

Course provider: Lewy Body Academy/Neurology Academy

Cost: Free

Duration: Up to 15 minutes each

Web page: [Find out more on Lewy Body Dementia Bitesize](#)

This course is perfect for anyone working in neurology, medicine for the elderly or old age psychiatry. The course is also useful for therapists, those in nursing roles in hospital or the community, and could provide helpful baseline knowledge for those in general practice.

Learning outcomes

Our Lewy Body Bitesize course is intended for anyone looking to develop a basic understanding of Lewy body dementia:

- what it looks like and how to diagnose it
- effective management across different types of symptoms
- future treatment opportunities.

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Kinetics Film

Course provider: DT2 Productions

Cost: Free

Duration: 1 hour

Web page: [Find out more on Kinetics Film](#)

Kinetics is based on the true story of Sue Wylie's journey to being diagnosed with Parkinson's, the impact on her everyday life and acceptance of living with Parkinson's.

This resource is suitable for all health and social care professionals.

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Parkinson's Training (ParkinsonNet)

Course provider: ParkinsonNet

Duration: 6 days (3 days on campus plus 3 days distance online learning)

Cost: varies

Web page: [Find out more on Parkinson's Training](#)

ParkinsonNet, based in the Netherlands, runs online and offline courses for health and social care professionals, ranging from basic to specialist level. These aim to improve the standard of care for everyone with Parkinson's and related conditions.

ParkinsonNet also runs an annual conference, conducts research, and aims to improve collaboration between healthcare professionals and services.

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Parkinson's: train the trainer (Excellence Network)

Course provider: Parkinson's UK

Cost: Free

Duration: 14 hours

Web page: [Find out more on Parkinson's: train the trainer](#)

This course is for experienced health and social care trainers who want to learn how to deliver a 3 hour course on Parkinson's to their colleagues (you can deliver the course in more than one session if required).

In order to become a UK Parkinson's Excellence Network trained trainer you need to complete 2 courses and attend a webinar. The first course provides the background knowledge and understanding of Parkinson's. Once you've completed and passed this, you can access the second course which teaches you how to deliver the Parkinson's Explained presentation.

You'll then be able to deliver this at your place of work, fully endorsed by PDNSA.

Learning outcomes

By the end of this course you will:

- Understand the impact of Parkinson's, including motor and non-motor symptoms
- Evaluate your own practice and care of people with Parkinson's
- Deliver the Parkinson's Explained training session to your staff
- Recognise the role of the UK Parkinson's Excellence Network and how you can work with us.

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- Non-medical prescribing programme (University of Northampton)
- Introduction to Clinical Research (NIHR Learn)

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Non-medical prescribing programme (University of Northampton)

Course provider: University of Northampton

Cost: Part Time: £1,780 (40 credits)

Duration: 18 weeks

Web page: [Find out more on Non-medical prescribing programme](#)

Contact: healthcpd@northampton.ac.uk

To be eligible for this module you must have been registered with the HCPC or NMC for at least 3 years and have at least 1 year's experience working in the area of practice that you want to independently prescribe within.

The module aims to equip students with the theoretical knowledge and practical experience required to become a non-medical prescriber. At present these include the Nursing and Midwifery Council (NMC) approved programmes and the HCPC approved programme for podiatrists.

Learning outcomes

- Demonstrate a strong clinical, pharmacological and pharmaceutical evidence base by justifying rationales for best prescribing practice
- Critically apply knowledge of drug actions to prescribe safely, appropriately and cost effectively
- Appraise formulated solutions in complex situations, employing relevant legal and ethical frameworks
- Critically evaluate personal and professional accountability in relation to prescribing practice within contemporary public health policy, regulatory and quality frameworks
- Demonstrate technical mastery when conducting complex holistic assessment, and consultation with patients and carers, documenting appropriately
- Critically reflect on issues surrounding concordance, justifying prescribing options with regard to safety, cost, efficacy and patient choice
- Communicate and engage with patients and carers in a professional and sensitive manner
- Exercise a critical awareness of autonomous practice within a multidisciplinary team.

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Introduction to Clinical Research (National Institute for Health Research)

Course provider: National Institute for Health Research

Cost: Free

Duration: 2 hours 40 minutes

Website: [Find out more on Introduction to Clinical Research](#)

A free online course, created by the National Institute for Health Research (NIHR), providing an overview of different types of research and the clinical research process. Suitable for anyone wanting to know more about how research trials are carried out, to increase their confidence in talking to patients about research or starting a career in research. This is a self-directed learning course and does not contain any assessment. You can log in at any time and work through the course at a pace that suits you.

Learning outcomes

Upon completing this course you should be able to:

- Identify different types of research
- Understand the research process
- Recall information about clinical trial phases
- Understand clinical research terms such as blinding and placebos
- The course also covers an introduction to study set-up and conduct, data quality and management, and research regulation and governance.

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[Parkinson's Excellence Network](#)



[Parkinson's Academy](#)

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Resources

You can search for relevant resources at www.parkinsons.org.uk/professionals/resources

Publications

- ▶ [NICE guideline for Parkinson's disease in adults](#)
- ▶ [Dementia interactive care pathway toolkit \(PDF, 19MB\)](#)
- ▶ ['Nil by Mouth' Medication Dose Calculators and Guidelines](#)

Conferences and study days

- ▶ Conferences and study days with set dates can be found by using the filter for event/learning type at:
www.parkinsons.org.uk/professionals/events-and-learning

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