



## **Parkinson's Learning Pathway for Pharmacy Professionals**

A directory of educational courses and resources

**Click to enter**



Welcome

Contact us

How it works

Start

## Welcome

Parkinson's affects approximately 145,000 people in the UK.

It is a neurodegenerative condition, for which there currently is no cure. Parkinson's was traditionally considered a movement disorder, but increasing evidence of the presence and impact of non-motor symptoms is emerging. Between motor and non-motor symptoms, almost all body systems can be affected. Without a cure, treatment relies heavily upon symptom management, often with medication which can make a significant impact on the quality of life of people with Parkinson's.

Therefore, it is really important that all pharmacy professionals, across all care settings, have insight and are aware of available resources to help with understanding and are able to help with medicines optimisation and support for people with Parkinson's.

This pathway aims to signpost people to available training and resources to develop and maintain up to date knowledge and insight of Parkinson's.

Shelley Jones  
Clinical Pharmacy Teamleader for Neurosciences at Kings College Hospital

Next

Home

New

Some

Experienced



Welcome

Contact us

How it works

Start

## Contact us

We would love to know what you think of the Learning Pathway and if there are any other courses near you that could be added to it.



### Email

You can email us at: [education@parkinsons.org.uk](mailto:education@parkinsons.org.uk)



### Twitter

Tweet using the handle: [@ParkinsonsEN](https://twitter.com/ParkinsonsEN)



### Feedback form

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Next

Home

New

Some

Experienced

[Welcome](#)[Contact us](#)[How it works](#)[Start](#)[Home](#)[New](#)[Some](#)[Experienced](#)

## How to use the Learning Pathway

This Learning Pathway is for all pharmacy professionals, working in any setting with people with Parkinson's.

The pathway is designed to be easy to navigate and has three main routes, allowing you to explore according to your experience and knowledge level (New, Some or Experienced):

[New](#)[Some](#)[Experienced](#)

You can also explore different learning categories by clicking on the different menu tabs:

[Management of Symptoms](#)[Get It On Time](#)[Structured Medication Reviews](#)[Learning Service Set-Up](#)[Signposting](#)

The Learning Pathway contains many resources and courses about Parkinson's, which give useful overviews of the condition, general resources and ways to learn about specific issues.

All course information is correct at the time of publication in July 2022. The next update for this publication is December 2022.

[Next](#)

Welcome

Contact us

How it works

Start

**Start**



What is your level of knowledge and experience with Parkinson's care?

(click on the relevant button below)

**New**

New to  
Parkinson's

**Some**

Some experience  
with Parkinson's

**Experienced**

Experienced in  
Parkinson's

**Back**

Home

New

Some

Experienced

New



Select your learning category

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

Return to menu

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

**Click on the course/resource to find out more:**

**Parkinson's: Foundation Modules for Pharmacists (Parkinson's UK)**

**CPPE thelearningpharmacy.com - Neurology**

**Key Information for Community Pharmacists booklet**

**Specialist Pharmacy Service: Swallowing difficulties**

**Return to menu**

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## Parkinson's: Foundation Modules for Pharmacists

Provider: Parkinson's UK  
Cost: Free  
Duration: Approx. 10 hours  
Weblink (click): <https://www.parkinsons.org.uk/professionals/events-and-learning/parkinsons-foundation-modules-pharmacists>

Relevant Sector

Community

Care Home

GP

Hospital

These free, online, interactive modules delivered by Parkinson's UK will help any pharmacist, pharmacy team member or student increase their knowledge and understanding of Parkinson's, so they can improve their practice.

The learning units focus on the following areas:

- What is Parkinson's?
- How can I help people with Parkinson's manage their symptoms?
- What communication challenges may people with Parkinson's have?
- How is Parkinson's managed?

**Return to menu**

Home

**New**

Some

Experienced



Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## CPPE thelearningpharmacy.com - Neurology

Provider: The Learning Pharmacy

Cost: Free

Weblink (click): <http://www.thelearningpharmacy.com/content/programme.asp?topic=40>

Relevant Sector

Community

Care Home

GP

Hospital

A fun and interactive online learning environment offering bite-sized learning activities to help community pharmacy teams develop together and deliver better outcomes for patients.

The link will take you to the **neurology** topic. It will cover a wide range of interactive learning; there are videos to watch, quizzes to complete and role play scenarios to take part in.

Return to menu

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## Key information for community pharmacists booklet

Provider: Parkinson's UK

Cost: Free

Weblink (click): <https://www.parkinsons.org.uk/professionals/resources/key-information-community-pharmacists-booklet>

This booklet is for pharmacists and their teams working in community pharmacy. It tells you how, as a pharmacist, you can help someone with Parkinson's manage their medication so they can take control of their condition.

The weblink will direct you to a page where you can download the PDF booklet.

### Relevant Sector

Community

Care Home

GP

Hospital

Return to menu

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## Specialist Pharmacy Service: Swallowing difficulties

Provider: Specialist Pharmacy Service (NHS)

Cost: Free

Weblink (click): <https://www.sps.nhs.uk/category/guidance/swallowing-difficulties/>

This directory provides a comprehensive and up-to date list of advice on using medicines safely and effectively in patients with swallowing difficulties, such as those with Parkinson's.

Relevant Sector

Community

Care Home

GP

Hospital

Return to menu

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

**Click on the course/resource to find out more:**

**Key information for hospital Pharmacists booklet**

**Get Parkinson's medications on time: the Leeds QI project**

**Return to menu**

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

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Care Home

Hospital

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**Return to menu**

Home

**New**

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## Get Parkinson's medications on time: the Leeds QI project

Provider: British Geriatrics Society

Cost: Free

Relevant Sector

Care Home

Hospital

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This article, published in September 2020, explores the implications of delaying the administration of Parkinson's medications. It also examines the success of projects to ensure medication dose delays are kept to under 1 hour.

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Return to menu

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

**There are not currently any courses or resources applicable to this category and experience level.**

**Please click on the button below to return to the previous menu.**

**Return to menu**

Home

**New**

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

**Click on the course/resource to find out more:**

**Janine Barnes: 'Pharmacists don't need to be frightened of Parkinson's disease'**

**Return to menu**

Home

**New**

Some

Experienced



Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## Janine Barnes: 'Pharmacists don't need to be frightened of Parkinson's disease'

Provider: The Pharmaceutical Journal

Cost: Free

Weblink (click): <https://pharmaceutical-journal.com/article/feature/janine-barnes-pharmacists-dont-need-to-be-frightened-of-parkinsons-disease>

Relevant Sector

Community

Care Home

GP

Hospital

As a neurology specialist pharmacist, Royal Pharmaceutical Society Fellow Janine Barnes has dedicated her working life to highlighting Parkinson's disease and why pharmacists must be involved in its management.

This interview with her explores her work and what pharmacists can do, within multidisciplinary teams, to support people with Parkinson's disease.

Return to menu

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

**Click on the course/resource to find out more:**

**Parkinson's Mental Health Support Hub**

**Parkinson's Disease Specialist Pharmacy Network**

**UKCPA Neurosciences Group**

**Return to menu**

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

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Relevant Sector

Community

Care Home

GP

Hospital

Return to menu

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## Parkinson's Disease Specialist Pharmacy Network

Provider: Parkinson's UK

Cost: Free

Relevant Sector

Community

Care Home

GP

Hospital

Weblink (click): <https://www.parkinsons.org.uk/professionals/parkinsons-disease-specialist-pharmacy-network>

The Parkinson's Disease Specialist Pharmacy Network (PDSPN) is chaired by Stephanie Bancroft, Community Pharmacist and Royal Pharmaceutical Society Local Practice Forum Lead for London Northwest.

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Return to menu

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## UKCPA Neurosciences Group

Provider: UKCPA – Clinical Pharmacy Association  
Cost: Free

Weblink (click): <https://ukclinicalpharmacy.org/groups/neurosciences/>

The UKCPA Neurosciences Committee is a rapidly growing community of pharmacy practitioners who work with patients with neurological conditions.

The Committee actively works to raise the profile and contribution of pharmacists within neurological services and their commissioning through engagement both within and outside of pharmacy, contributions to Clinical Reference Groups and other working groups, and working with neurological charities and associations.

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Relevant Sector

Community

Care Home

GP

Hospital

Home

New

Some

Experienced

Return to menu

Some



Select your learning category

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

Return to menu

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

**Click on the course/resource to find out more:**

**Parkinson's: Foundation Modules for Pharmacists (Parkinson's UK)**

**CPPE Neurological Disorders: advancing our practice**

**Key Information for Community Pharmacists booklet**

**Specialist Pharmacy Service: Swallowing difficulties**

**Parkinson's Academy: Good practice in commencing and changing Parkinson's medication regimes**

**Parkinson's Academy: Neuropsychiatric signs and symptoms in Parkinson's and treatment options**

**Return to menu**

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

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Relevant Sector

Community

Care Home

GP

Hospital

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**Return to menu**

Home

New

Some

Experienced



Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## CPPE Neurological disorders: advancing our practice

Provider: Centre for Pharmacy Postgraduate Education  
Duration: Approx. 24 hours  
Weblink (click): [https://www.cppe.ac.uk/wizard/files/tasters/neurological2-p-01\\_taster.pdf](https://www.cppe.ac.uk/wizard/files/tasters/neurological2-p-01_taster.pdf)

### Relevant Sector

Community

Care Home

GP

Hospital

The aim of this programme is to advance your knowledge and skills in relation to the management of Parkinson's disease. The programme covers disease management from diagnosis, to initial treatment, through to difficult to treat or advanced disease.

The learning objective is:

- Understand how Parkinson's disease is diagnosed, and summarise and evaluate treatment options for early and late disease.

The weblink will direct you to download a PDF booklet.

**Return to menu**

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## Key information for community pharmacists booklet

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Cost: Free

### Relevant Sector

Community

Care Home

GP

Hospital

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Return to menu

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

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Relevant Sector

Community

Care Home

GP

Hospital

Return to menu

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## Parkinson's Academy: Good practice in commencing and changing Parkinson's medication regimes

Provider: Parkinson's Academy (Neurology Academy)

Cost: Free

Duration: Approx. 1 hour

Weblink (click): <https://neurologyacademy.org/events/webinar/live-webinar-good-practice-in-commencing-and-changing-parkinsons-medication-regimes>

Relevant Sector

Community

Care Home

GP

Hospital

This online webinar, recorded in December 2020, invites expert speakers Dr Neil Archibald, Viv Horton and Hannah Martin to present slides on the following topics:

- Medication and treatment decisions
- Person-centered care
- Communication
- Signposting
- Changing therapy

Return to menu

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## Parkinson's Academy: Neuropsychiatric signs and symptoms in Parkinson's and treatment options

Provider: Parkinson's Academy (Neurology Academy)

Cost: Free

Duration: Approx. 1 hour

Weblink (click): <https://neurologyacademy.org/events/webinar/neuropsychiatric-signs-and-symptoms-in-parkinsons-and-treatment-options>

This online webinar, recorded in May 2022, invites expert speakers Prof Suzanne Timmons and Prof Iracema Leroi to discuss:

- What are the most frequent neuropsychiatric signs to look out for?
- When to refer to specialist services and what treatments are available?

Relevant Sector

Community

Care Home

GP

Hospital

Return to menu

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

**Click on the course/resource to find out more:**

**Key information for hospital Pharmacists booklet**

**Get Parkinson's medications on time: the Leeds QI project**

**Get It On Time – Parkinson's medication (Parkinson's UK)**

**Return to menu**

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

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Provider: Parkinson's UK

Cost: Free

Relevant Sector

Care Home

Hospital

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**Return to menu**

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## Get Parkinson's medications on time: the Leeds QI project

Provider: British Geriatrics Society

Cost: Free

Relevant Sector

Care Home

Hospital

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Return to menu

Home

New

Some

Experienced



Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## Get It On Time – Parkinson's medication

Provider: Parkinson's UK

Cost: Free

Duration: 1 hour minimum

Weblink (click): <http://www.parkinsons.org.uk/giot-meds-course>

Relevant Sector

Care Home

Hospital

This free online course teaches hospital staff about Parkinson's symptoms, treatments and the importance of medication timing.

The course focuses on the following areas:

- What is Parkinson's?
- The symptoms of Parkinson's
- Treatments for Parkinson's
- Why medicine should be given on time

Return to menu

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

**Click on the course/resource to find out more:**

**Parkinson's MURs (Parkinson's UK)**

**Return to menu**

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## Parkinson's MURs

Provider: Parkinson's UK

Cost: Free

Duration: 2 hours

Weblink (click): <https://www.parkinsons.org.uk/professionals/events-and-learning/parkinsons-murs-excellence-network>

Relevant Sector

Community

GP

This free online course teaches pharmacists how to conduct Parkinson's MURs.

The course focuses on the following areas:

- Case Studies and a forum to discuss these
- An assessed reflection
- A Mock MUR video with questions for you to answer
- Take away resources

These will enable participants to conduct Parkinson's MURs

Return to menu

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

**Click on the course/resource to find out more:**

**Janine Barnes: 'Pharmacists don't need to be frightened of Parkinson's disease'**

**A pilot evaluation of specialist community pharmacy services for patients with Parkinson's**

**Parkinson's disease-specific medicines use review**

**Return to menu**

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## Janine Barnes: 'Pharmacists don't need to be frightened of Parkinson's disease'

Provider: The Pharmaceutical Journal

Cost: Free

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As a neurology specialist pharmacist, Royal Pharmaceutical Society Fellow Janine Barnes has dedicated her working life to highlighting Parkinson's disease and why pharmacists must be involved in its management.

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Relevant Sector

Community

Care Home

GP

Hospital

Home

New

Some

Experienced

Return to menu

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## **A pilot evaluation of specialist community pharmacy services for patients with Parkinson's disease**

Provider: The Pharmaceutical Journal

Cost: Free

Weblink (click): <https://pharmaceutical-journal.com/article/research/a-pilot-evaluation-of-specialist-community-pharmacy-services-for-patients-with-parkinsons-disease>

This study aims to undertake a preliminary evaluation of a community pharmacy scheme in which Parkinson's disease patients could contact local specialist pharmacists about their Parkinson's disease medicines.

Relevant Sector

Community

GP

**Return to menu**

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## Parkinson's disease-specific medicines use review

Provider: The Pharmaceutical Journal

Cost: Free

Weblink (click): <https://pharmaceutical-journal.com/article/letters/parkinsons-disease-specific-medicines-use-review>

Relevant Sector

Community

GP

This article examines how members of Royal Pharmaceutical Society's London North West Local Practice Forum are working with charity Parkinson's UK to develop a new service for patients with Parkinson's disease. The overall aim is to develop a Parkinson's-specific medicines use review by designing and trialling it in an initial and follow-up trial.

Return to menu

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

**Click on the course/resource to find out more:**

**Parkinson's Mental Health Support Hub**

**Parkinson's Disease Specialist Pharmacy Network**

**UKCPA Neurosciences Group**

**Return to menu**

Home

New

Some

Experienced



Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

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Relevant Sector

Community

Care Home

GP

Hospital

Home

New

Some

Experienced

Return to menu

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

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Cost: Free

Relevant Sector

Community

Care Home

GP

Hospital

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Return to menu

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

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Relevant Sector

Community

Care Home

GP

Hospital

Home

New

Some

Experienced

Return to menu

Experienced



Select your learning category

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

Return to menu

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

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**Return to menu**

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

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Community

Care Home

GP

Hospital

These free, online, interactive modules delivered by Parkinson's UK will help any pharmacist, pharmacy team member or student increase their knowledge and understanding of Parkinson's, so they can improve their practice.

The learning units focus on the following areas:

- What is Parkinson's?
- How can I help people with Parkinson's manage their symptoms?
- What communication challenges may people with Parkinson's have?
- How is Parkinson's managed?

**Return to menu**

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## CPPE Neurological disorders: advancing our practice

Provider: Centre for Pharmacy Postgraduate Education  
Duration: Approx. 24 hours  
Weblink (click): [https://www.cppe.ac.uk/wizard/files/tasters/neurological2-p-01\\_taster.pdf](https://www.cppe.ac.uk/wizard/files/tasters/neurological2-p-01_taster.pdf)

### Relevant Sector

Community

Care Home

GP

Hospital

The aim of this programme is to advance your knowledge and skills in relation to the management of Parkinson's disease. The programme covers disease management from diagnosis, to initial treatment, through to difficult to treat or advanced disease.

The learning objective is:

- Understand how Parkinson's disease is diagnosed, and summarise and evaluate treatment options for early and late disease.

The weblink will direct you to download a PDF booklet.

**Return to menu**

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## Specialist Pharmacy Service: Swallowing difficulties

Provider: Specialist Pharmacy Service (NHS)

Cost: Free

Weblink (click): <https://www.sps.nhs.uk/category/guidance/swallowing-difficulties/>

This directory provides a comprehensive and up-to date list of advice on using medicines safely and effectively in patients with swallowing difficulties, such as those with Parkinson's.

Relevant Sector

Community

Care Home

GP

Hospital

Return to menu

Home

New

Some

Experienced



Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## Parkinson's Academy: Good practice in commencing and changing Parkinson's medication regimes

Provider: Parkinson's Academy (Neurology Academy)

Cost: Free

Duration: Approx. 1 hour

Weblink (click): <https://neurologyacademy.org/events/webinar/live-webinar-good-practice-in-commencing-and-changing-parkinsons-medication-regimes>

Relevant Sector

Community

Care Home

GP

Hospital

This online webinar, recorded in December 2020, invites expert speakers Dr Neil Archibald, Viv Horton and Hannah Martin to present slides on the following topics:

- Medication and treatment decisions
- Person-centered care
- Communication
- Signposting
- Changing therapy

Return to menu

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## Parkinson's Academy: Neuropsychiatric signs and symptoms in Parkinson's and treatment options

Provider: Parkinson's Academy (Neurology Academy)

Cost: Free

Duration: Approx. 1 hour

Weblink (click): <https://neurologyacademy.org/events/webinar/neuropsychiatric-signs-and-symptoms-in-parkinsons-and-treatment-options>

This online webinar, recorded in May 2022, invites expert speakers Prof Suzanne Timmons and Prof Iracema Leroi to discuss:

- What are the most frequent neuropsychiatric signs to look out for?
- When to refer to specialist services and what treatments are available?

Relevant Sector

Community

Care Home

GP

Hospital

Home

New

Some

Experienced

Return to menu

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

**Click on the course/resource to find out more:**

**Get Parkinson's medications on time: the Leeds QI project**

**Get It On Time – Parkinson's medication (Parkinson's UK)**

**Return to menu**

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## Get Parkinson's medications on time: the Leeds QI project

Provider: British Geriatrics Society

Cost: Free

Relevant Sector

Care Home

Hospital

Weblink (click): <https://academic.oup.com/ageing/article/49/5/865/5869603>

This article, published in September 2020, explores the implications of delaying the administration of Parkinson's medications. It also examines the success of projects to ensure medication dose delays are kept to under 1 hour.

The weblink will direct you to a page where you can read the article or download it as a PDF.

Return to menu

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## Get It On Time – Parkinson's medication

Provider: Parkinson's UK  
Cost: Free  
Duration: 1 hour minimum  
Weblink (click): <http://www.parkinsons.org.uk/giot-meds-course>

This free online course teaches hospital staff about Parkinson's symptoms, treatments and the importance of medication timing.

The course focuses on the following areas:

- What is Parkinson's?
- The symptoms of Parkinson's
- Treatments for Parkinson's
- Why medicine should be given on time

Relevant Sector

Care Home

Hospital

Return to menu

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

**Click on the course/resource to find out more:**

**Parkinson's MURs (Parkinson's UK)**

**Return to menu**

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## Parkinson's MURs

Provider: Parkinson's UK

Cost: Free

Duration: 2 hours

Weblink (click): <https://www.parkinsons.org.uk/professionals/events-and-learning/parkinsons-murs-excellence-network>

Relevant Sector

Community

GP

This free online course teaches pharmacists how to conduct Parkinson's MURs.

The course focuses on the following areas:

- Case Studies and a forum to discuss these
- An assessed reflection
- A Mock MUR video with questions for you to answer
- Take away resources

These will enable participants to conduct Parkinson's MURs

Return to menu

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

**Click on the course/resource to find out more:**

**Janine Barnes: 'Pharmacists don't need to be frightened of Parkinson's disease'**

**A pilot evaluation of specialist community pharmacy services for patients with Parkinson's**

**Return to menu**

Home

New

Some

Experienced



Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## Janine Barnes: 'Pharmacists don't need to be frightened of Parkinson's disease'

Provider: The Pharmaceutical Journal

Cost: Free

Weblink (click): <https://pharmaceutical-journal.com/article/feature/janine-barnes-pharmacists-dont-need-to-be-frightened-of-parkinsons-disease>

Relevant Sector

Community

Care Home

GP

Hospital

As a neurology specialist pharmacist, Royal Pharmaceutical Society Fellow Janine Barnes has dedicated her working life to highlighting Parkinson's disease and why pharmacists must be involved in its management.

This interview with her explores her work and what pharmacists can do, within multidisciplinary teams, to support people with Parkinson's disease.

Return to menu

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## **A pilot evaluation of specialist community pharmacy services for patients with Parkinson's disease**

Provider: The Pharmaceutical Journal

Cost: Free

Weblink (click): <https://pharmaceutical-journal.com/article/research/a-pilot-evaluation-of-specialist-community-pharmacy-services-for-patients-with-parkinsons-disease>

This study aims to undertake a preliminary evaluation of a community pharmacy scheme in which Parkinson's disease patients could contact local specialist pharmacists about their Parkinson's disease medicines.

Relevant Sector

Community

GP

**Return to menu**

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

**Click on the course/resource to find out more:**

**Parkinson's Mental Health Support Hub**

**Parkinson's Disease Specialist Pharmacy Network**

**UKCPA Neurosciences Group**

**Return to menu**

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## Parkinson's Mental Health Support Hub

Provider: Parkinson's Care and Support UK

Cost: Free

Weblink (click): <https://parkinsonscare.org.uk/mentalhealthhub/>

The Parkinson's Mental Health Support Hub is designed to address and tackle the most common mental health issues within Parkinson's whilst providing adequate support for newly diagnosed people and those who are approaching end of life.

The hub will provide four distinct services which include:

- Cognitive Behavioural Therapy
- Acceptance and Commitment Therapy
- End of Life and Bereavement Support Line
- Befriending and Companionship Network

Relevant Sector

Community

Care Home

GP

Hospital

Home

New

Some

Experienced

Return to menu

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## Parkinson's Disease Specialist Pharmacy Network

Provider: Parkinson's UK  
Cost: Free

Relevant Sector

Community

Care Home

GP

Hospital

Weblink (click): <https://www.parkinsons.org.uk/professionals/parkinsons-disease-specialist-pharmacy-network>

The Parkinson's Disease Specialist Pharmacy Network (PDSPN) is chaired by Stephanie Bancroft, Community Pharmacist and Royal Pharmaceutical Society Local Practice Forum Lead for London Northwest.

Click on the weblink to read about its activities, committee and ways to get involved.

Return to menu

Home

New

Some

Experienced

Management of  
Symptoms

Get It On Time

Structured Medication  
Reviews

Learning Service  
Set-Up

Signposting

## UKCPA Neurosciences Group

Provider: UKCPA – Clinical Pharmacy Association  
Cost: Free

Weblink (click): <https://ukclinicalpharmacy.org/groups/neurosciences/>

The UKCPA Neurosciences Committee is a rapidly growing community of pharmacy practitioners who work with patients with neurological conditions.

The Committee actively works to raise the profile and contribution of pharmacists within neurological services and their commissioning through engagement both within and outside of pharmacy, contributions to Clinical Reference Groups and other working groups, and working with neurological charities and associations.

Click on the weblink to read about its activities, committee and ways to get involved

Relevant Sector

Community

Care Home

GP

Hospital

Home

New

Some

Experienced

Return to menu