Tremor

Why

...we are interested in tremor.

Tremor is caused by regular contractions of muscles not under one's control that leads to shaking movements. These often affect the hands, but can also occur in the arms, head, vocal cords, torso, Tremor may show as a shaky voice, difficulty writing or drawing or problems holding and controlli utensils, such as a spoon or a work tool. Tremor may be intermittent or constant.

Some tremor may be triggered by, or be more noticeable, during times of stress or fatigue.
Tremor is often caused by a problem in the deep parts of the brain that control movements. Most t tremor have no known cause and can occur on its own or be a symptom associated with a numbe neurological disorders. Some other known causes include the use of certain medications, overacti anxiety, poisoning or substance abuse.

What

...we know about tremor that might be relevant to you.

Not everyone with Parkinson's gets a tremor, although it is the sign most recognised by the gener The treatment of a tremor relies on the general treatment of the underlying cause.

Research is focused on why different Parkinson's drugs may help a range of symptoms in a variet Deep Brain Stimulation has currently been found to be the most effective method for managing tr

Where

...you can find out more information about tremor:
https://www.parkinsons.org.uk/information-and-support/tremor
https://www.parkinsons.org.uk/information-and-support/deep-brain-stimulation