The importance of taking part in resear

Why

...we need you to take part.

Parkinson's is a degenerative neurological condition that affects 1 in 500 of the UK's population. T
average age of diagnosis is 60.

The cause is still unknown, there is no cure or way to stop it from progressing, and the gold-stand
medication was discovered in the 1960s. It is only if people affected by Parkinson's (and controls)
willing to take part in research that we will find ways to slow its progression, alleviate the sympto
and for longer, and ultimately find a cure.

Volunteers make progress in Parkinson's research possible. Any form of participation, from answ
questionnaires at home to trialling new treatments, will make a difference.

What

...we know about taking part in research that may benefit you.

The benefits of taking part can be many and varied. You can get to know more about a complex c
that affects either you or someone close to you.

You may take part in interesting challenges and sometimes get to try out exciting new technologie
research requires more frequent than normal examinations by clinicians who track your symptoms
be able to share this information with you.

Having Parkinson's can be a lonely experience. The camaraderie of being part of a clinical trial can
enjoyable and may afford you the opportunity to get the benefit of neuro-protective drugs first. Ab
research participants know that even if big breakthroughs come too late to alter the course of thei
condition, they are helping future generations.

Where

...you can find out about research trials you can take part in:
https://www.parkinsons.org.uk/research/take-part-research

For more information on upcoming and recruiting clinical trials, you can go to the NIHR website:
https://bepartofresearch.nihr.ac.uk/