

Information resources

Order form

February 2021

PARKINSON'S^{UK}
CHANGE ATTITUDES.
FIND A CURE.
JOIN US.

How to order

You can help us to save money by reading our most up-to-date information online at parkinsons.org.uk/information-support.

If you're not online or would prefer printed copies, all our resources can be ordered free of charge, with free delivery in the UK. If you live overseas, please ask us about postage costs.

To order, complete this form in **BLOCK CAPITALS** and send it to:

Parkinson's UK
PO Box 637
Wetherby Road
York YO26 0EX

Or, shop online at shop.parkinsons.org.uk, email resources@parkinsons.org.uk or call **0330 124 3250**.

Donations

Our resources are free of charge, but if you wish to make a donation, please enter your details on the back page. We accept donations by Maestro, Mastercard, Visa, cheque and postal order. **Please do not send cash in the post.**

Large print versions

If you need our information in large print, please let us know when you place your order. To keep our costs down, we don't hold stocks of these, but we can produce them for you individually.

Other languages

If you need one of our resources in another language that isn't listed on this form, call the helpline on **0808 800 0303** for advice.

Title First name Surname

Delivery address

City County

Postcode Country

Telephone*

Email*

*Providing your phone number or email address will help us to contact you quickly if we have a question about your order.

Can we contact you?

We'd love to stay in touch about the work we're doing to lead the fight against Parkinson's, including our services, fundraising, campaigning, clinical research and volunteering, as well as opportunities to have your say. We will not sell your details to third parties.

Yes, you may use my email address to contact me

We would like to contact you by post, but if you don't want to hear from us in this way, or you would like to change your contact preferences, please let us know by calling us on 0800 138 6593.

At Parkinson's UK we want to be very clear about how we use, store and protect your personal data, which you can read about at parkinsons.org.uk/privacy.

Donations	Total £
Our resources are free of charge, but if you wish to make a donation, please enter the amount in the column on the right. All donations are gratefully received. Please sign the box below if you wish to give via Gift Aid.	

Boost your donation by 25p of Gift Aid for every £1 you donate

I would like Parkinson's UK to treat all donations I have made during the previous four years and all donations I make in the future as Gift Aid donations, until I notify them otherwise.

I confirm that I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

Signature **Date**

Please notify us if you wish to cancel this declaration, change your name or home address, or no longer pay sufficient Income Tax and/or Capital Gains tax, by contacting our Supporter Services team on **0800 138 6593**.

Methods of payment	Cheque payment
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I wish to pay by Maestro/Mastercard/VISA and authorise you to debit my account with the purchases on this form.
(Please note there is a £5 minimum payment when paying by credit card)

PLEASE TICK BOX

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Valid from / Expires end /

Maestro (only) issue no.

Name as it appears on card

Security code Last 3 digits on the signature strip on the back of your card

I enclose a cheque for £

made payable to **Parkinson's UK**

Date of order

Billing address (if different from delivery address)

Title Initials

Surname

Address

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Postcode

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Complete if cardholder is different from the person whose details are on the front cover

Title Initials Surname

Address

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Postcode

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This form is up-to-date as of April 2019. Items are subject to availability, and may be withdrawn or replaced. If you'd like to check availability before placing your order, call **0300 123 3689** or email resources@parkinsons.org.uk.

Parkinson's UK, 215 Vauxhall Bridge Road, London SW1V 1EJ
Tel 020 7931 8080 **Fax** 020 7233 9908 **Helpline** 0808 800 0303 **Email** hello@parkinsons.org.uk **Website** parkinsons.org.uk

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Resources in other languages and accessible formats are listed together at the end of this form.

Description	Code	Quantity
About Parkinson's		
A quick introduction to Parkinson's	INFOB0001	
Diagnosing Parkinson's	INFOS0007	
Easy read information about Parkinson's	INFOB0010	
Parkinson's alert card	INFOP0010	
Parkinson's alert card for those with hearing difficulties	INFOP0011	
Parkinson's and you (including PKB023 resources guide)	INFOB0017	
Symptoms and lifestyle		
Anxiety and Parkinson's	INFOS0001	
Daily living equipment for people with Parkinson's	INFOB0005	
Dementia with Lewy bodies	INFOS0005	
Depression and Parkinson's	INFOS0006	
Diet and Parkinson's	INFOB0007	
Driving and Parkinson's	INFOB0008	
Eating, swallowing and saliva control in Parkinson's	INFOS0008	
Eyes and Parkinson's	INFOS0010	
Falls and Parkinson's	INFOS0011	
Fatigue and Parkinson's	INFOS0012	
Foot care and Parkinson's	INFOS0013	
Freezing in Parkinson's	INFOS0014	
Hallucinations and delusions in Parkinson's	INFOS0016	
Impulsive and compulsive behaviours in Parkinson's	INFOS0020	
Looking after your bladder and bowels when you have Parkinson's	INFOB0016	
Low blood pressure and Parkinson's	INFOS0022	
Mild memory and thinking problems in Parkinson's	INFOS0023	
Monitoring your Parkinson's	INFOS0024	
Mouth and dental issues in Parkinson's	INFOS0025	
Muscle cramps and dystonia	INFOS0026	
Pain in Parkinson's	INFOS0027	
Parkinson's dementia	INFOS0028	
Preparing for end of life: a practical and emotional guide	INFOB0027	
Relationships, sex and Parkinson's	INFOB0020	
Restless legs syndrome and Parkinson's	INFOS0032	
Skin and sweating problems in Parkinson's	INFOS0033	
Speech and communication problems in Parkinson's	INFOS0034	

Resources in other languages and accessible formats are listed together at the end of this form.

Description	Code	Quantity
Symptoms and lifestyle (continued)		
Sleep and night-time problems in Parkinson's	INFOB0021	
Talking to children about Parkinson's	INFOS0036	
Thinking about advanced Parkinson's	INFOB0023	
Tremor and Parkinson's	INFOS0038	
Wearing off and involuntary movements (dyskinesia)	INFOS0041	
Work and Parkinson's	INFOB0024	
Treatments and therapies		
Apomorphine	INFOS0002	
Complementary therapies and Parkinson's	INFOB0004	
Drug treatments for Parkinson's	INFOB0009	
Exercise and Parkinson's	PKL039	
Occupational therapy and Parkinson's	INFOS0042	
Parkinson's medication card	INFOP0012	
Physiotherapy and Parkinson's	INFOS0031	
Speech and language therapy and Parkinson's	INFOS0035	
Deep brain stimulation for Parkinson's	INFOB0006	
Family and carers		
My Dad has Parkinson's	INFOP0006	
My Mum has Parkinson's	INFOP0009	
My Gran has Parkinson's	INFOP0007	
My Grandad has Parkinson's	INFOP0008	
The carer's guide	INFOB0022	
Money and benefits		
Attendance Allowance	INFOS0003	
Carer's Allowance	INFOS0004	
Employment and Support Allowance	INFOS0009	
General information about benefits	INFOS0015	
Help with Council Tax	INFOS0017	
Help with getting around	INFOS0018	
Pension Credit	INFOS0029	
Personal Independence Payment	INFOS0030	
Universal Credit	INFOS0040	

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Description	Code	Quantity
Going into hospital		
Get It On Time clock poster (A5)	INFOP0001	
Get It On Time clock poster (A4)	INFOP0002	
Get It On Time stickers (A5, 15 per sheet)	INFOP0003	
Get It On Time stickers (A4, 35 per sheet)	INFOP0004	
Get It On Time washbag	INFOP0005	Maximum of 10
Going into hospital when you have Parkinson's	INFOB0013	
Resources for professionals		
Caring for your patient with Parkinson's	INFOB0002	
Caring for your resident with Parkinson's	INFOB0003	
Emergency management of patients with Parkinson's	INFOB0011	
Parkinson's: a guide for home care workers	INFOB0018	
Signposting from diagnosis postcard	PK0499	
Parkinson's research		
An introduction to taking part in research	PK0421	
Join us - Parkinson's research needs you	PK0468	
<i>Progress</i> magazine (latest copy)	PKB118	
About Parkinson's UK		
Customer feedback postcard	PKM016	
Information resources catalogue	PKB027	
Membership enquiry booklet and application form	PK0010	
Parkinson's information and support	INFOB0001	
Recently diagnosed with Parkinson's? A guide to our information resources	INFOB0015	
We are Parkinson's UK	PK0390	
Fundraising		
In memory flyer	PK0411	
Jewellery recycling envelope	PKB153	
A guide to making a Will and including a gift to Parkinson's UK	PKB168	
Unity lottery leaflet	PKB143	

Description	Code	Quantity
Resources in other languages and formats		
A guide to making a Will – Welsh/English	PKB168W	
Anxiety and Parkinson's – Welsh/English	PKFS96W	
A quick introduction to Parkinson's – Welsh/English	PKL001W	
Depression and Parkinson's – Welsh/English	PKFS56W	
Eating, swallowing and saliva control in Parkinson's – Welsh/English	PKFS22W	
Fatigue and Parkinson's – Welsh/English	PKFS72W	
Falls and Parkinson's – Welsh/English	PKFS39W	
Freezing in Parkinson's – Welsh/English	PKFS63W	
Impulsive and compulsive behaviour in Parkinson's – Welsh/English	PKFS77W	
Tremor and Parkinson's – Welsh/English	PKFS94W	
Signposting from diagnosis postcard – Welsh/English	PKO499W	