

Thank you for volunteering with Parkinson's UK - we are committed to making your volunteer experience as enjoyable, purposeful and rewarding as possible.

This Volunteering Agreement sets out how, together, as volunteers and staff, we can make this happen, and the support you can expect from the charity in your volunteer role.

Core to this agreement are our values; the way we work together to achieve our goal. **We are Parkinson's UK. Powered by people. Funded by you. Together we'll find a cure.**

People-first

We're a strong movement for change, powered by people affected by Parkinson's.

Uniting

We're working side by side to improve the lives of everyone affected by Parkinson's.

Pioneering

We're creative and courageous, always innovating and striving to improve.

Driven

We live and breathe our purpose: making the greatest impact for people with Parkinson's.

Together we will:

- Ensure a shared understanding of Parkinson's UK and of your role in the charity, including the right level of induction and training for every role
- Be open; creating opportunities for you to feed in ideas and suggestions about the organisation and your role
- Stay in touch; you'll have regular contact with appropriate staff and other volunteers, and we'll keep you informed about the wider work of Parkinson's UK
- Feel comfortable raising concerns, which will be listened to and responded to so that you feel safe, supported and comfortable
- Collaborate on matters relating to volunteering, and ensure that volunteering is recognised, valued and celebrated

- Ensure everyone with a connection to Parkinson's sees us as a trusted, well run and inclusive charity
- Communicate with everyone - volunteers, staff and the public - openly, honestly and respectfully, whether in person, by phone, writing or digital media
- Operate in line with policies and procedures relevant to your role, including [data protection](#) and confidentiality, [problem solving](#), [safeguarding \(England\)](#) or [safeguarding \(NI, Scotland and Wales\)](#) and [health and safety](#)
- Meet mutually agreed expectations about your volunteer roles, following reasonable requests by Parkinson's UK staff and other volunteers, whilst supporting you to get the most from it
- Ensure volunteering is inclusive, and in line with Parkinson's UK's [Equal Opportunities and Diversity policy](#)
- Ensure you have the relevant support and information you need to carry out your role, with a named staff contact, helping you build on the strengths you bring to the charity
- Make volunteering enjoyable; putting your needs first, including if you should need to step away from volunteering at any point
- Support you to be positive, informed and enthusiastic about the charity - recognising all staff and volunteers are ambassadors for Parkinson's UK

In addition, Parkinson's UK will provide:

- Safe volunteering conditions, covered by insurance
- Reimbursement for [out of pocket expenses](#) - on time
- A full induction or briefing with the training you need for your role

If you'd like to discuss any aspect of this Volunteering agreement, now or in the future, please speak to your staff contact.

Signed on behalf of Parkinson's UK by Gary Shaughnessy, Chair of the board of trustees:

“The more that I meet people with Parkinson's and people affected by Parkinson's, the more inspired I've been to see the drive and positive approach of the Parkinson's community. I and all the team at Parkinson's UK want to listen to you and work with you, with the commitment to keep challenging the limits that Parkinson's can create”.



Gary Shaughnessy, Chair of the board of trustees