



# GO TEAM PARKINSON'S!

Cheering at the  
Bath Half Marathon  
Sunday 17 March 2019

**PARKINSON'S<sup>UK</sup>**  
CHANGE ATTITUDES.  
FIND A CURE.  
JOIN US.

# Bath Half Marathon 2019

## Parkinson's UK supporter guide

Thank you for supporting our team in this year's Bath Half Marathon. It means a lot to us – and our runners!

The runners have put so much into training and fundraising and they're spurred on by your support. So we want to make it nice and easy for you to cheer them on.

This booklet tells you how to find our cheering point and where you can find us after the race. Our cheering point is an ideal place for you to come and support your runner as we'll be easy to spot with our cyan banners. You can also collect flags, clap banners and noise makers – so you can cheer even louder!

Our team is aiming to raise **£38,000** for people with Parkinson's. Without their support – and yours – we couldn't keep doing what we do.

We can answer your questions on **020 7932 1369** or email [events@parkinsons.org.uk](mailto:events@parkinsons.org.uk)

# CHEER!

# What to bring

- Remember your waterproof coat, jumper, hat and umbrella, just in case!!
- Take drinks and snacks – there may not be shops close by, and you'll want to stay energised.
- Wear comfortable shoes, as you may be standing up for a long period of time.
- Don't forget your camera – it's a day to remember!





# COURSE

ROAD  
Road  
route  
around  
6.30pm  
from 6



## ALTERATIONS TO GREEN PARK ROAD

A final decision on the route on Green Park Road will be notified to runners in the weeks before the race, depending on progress of the current highways alteration works

DESIGNATED CAR PARKS	PLACES
1 Newbridge Park & Ride - BA1 3NB	700
2 Odd Down Park & Ride - BA2 8PA	1,250
3 Lansdown Park & Ride - BA1 9BJ	880
4 Charlotte Street - BA1 2NE	1,100
5 Avon Street - BA1 1UE may be closed	500
6 Podium - BA1 5AL	550
7 Manvers Street - BA1 1JL	160
8 SouthGate Centre - BA1 1AR	870

LIVE PARKING UPDATES:  
[www.bathcarparks.co.uk](http://www.bathcarparks.co.uk)

## RECOMMENDED VIEWING & ENTERTAINMENT POINTS

- 1 Start and Finish at Great Pulteney Street
- 2 Churchill Bridge - Heart FM
- 3 Green Park
- 4 Queen Square
- 5 Royal Victoria Park - Heart FM
- 6 Station Road
- 7 Weston Lock Retail Park

## DRINK STATION — WATER



## FUEL STATION — LUCOZADE SPORT

## BATTLE OF THE BANDS

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## CLOSURES

Closures will be in effect on the course from 9.45am–3.30pm, and in the area around Great Pulteney Street from 6.00am–6.00pm. Parking suspensions and towaways from 6.00 am until the roads re-open.



For further details

Please contact:

Half Office

01225 422255

[www.bathhalf.co.uk](http://www.bathhalf.co.uk)

BATHHALF

BathHalfMarathon @bathhalf

# Information about our quality services



## Our vision: getting people with Parkinson's the care they deserve

People with Parkinson's have told us they want high-quality care at every step of their journey with the condition, regardless of where they live. We won't stop until this happens.

People with Parkinson's need:

- tailored support from a team of professionals who understand Parkinson's and will work together to support their changing needs and preferences
- to feel they aren't alone with the condition and that they are equipped and empowered to live with Parkinson's as fully and independently as possible

# How we're making this happen

## Driving improvements

Parkinson's UK is uniquely placed to listen to what needs to change, drive radical improvements in care and speak out for everyone affected by Parkinson's.

To bring about the consistently high-quality services people with Parkinson's need and deserve, we've created the innovative UK Parkinson's Excellence Network.

This brings together the expertise of leading professionals, the strategic leadership and resources of Parkinson's UK and the voice of people affected by Parkinson's to transform services.

We can only transform care with the support of our generous donors and volunteers, who are crucial in enabling us to improve more services.

Together we're determined to make sure everyone with Parkinson's receives the best possible care to meet their needs – whatever the stage of their condition and wherever they live.

The UK Parkinson's Excellence Network is transforming care by:

- increasing the voice of people with Parkinson's to directly help improve services
- building an expert workforce that understands Parkinson's and the latest developments in its care and treatment
- enabling professionals to collaborate, learning from each other and working together to drive up standards
- equipping professionals with the evidence, tools and expert support they need to improve the design of Parkinson's services and how they are set up locally

Every hour, two people in the UK are told they have Parkinson's – a brain condition that turns lives upside down, leaving a future full of uncertainty.

Parkinson's UK is here to make sure people have whatever they need to take back control – from information to inspiration.

We want everyone to get the best health and social care. So we bring professionals together to drive improvements that enable people to live life to the full.

Ultimately, we want to end Parkinson's. That's why we inspire and support the international research community to develop life-changing treatments, faster. And we won't stop until we find a cure.

**Together we can bring forward the day  
when no one fears Parkinson's.**

**To find out more about our events**

**020 7932 1369**

**events@parkinsons.org.uk**

**parkinsons.org.uk/fundraise**

**For general information and support**

**Free confidential helpline 0808 800 0303**

**hello@parkinsons.org.uk**

**parkinsons.org.uk**