# Parkinson's UK Grants 2019 Guidance for applicants

Please read this guidance carefully before completing your application form.

# When to send your application

There will be three opportunities to apply for a Parkinson's UK Grant in 2019

Round 1 opens on January 14<sup>th</sup> The closing date is March 31<sup>st</sup>
Round 2 opens on May 1<sup>st</sup> The closing date is July 31<sup>st</sup>
Round 3 opens September 1<sup>st</sup> The closing date is November 15<sup>th</sup>

Applications received after these closing dates will **not** be considered for funding in that round and will **not** be carried forward to the next funding round.

#### Section 1 Your details

## Who can apply?

Parkinson's UK offers grants to people living with Parkinson's and people who care for someone with Parkinson's. The grants are to provide items or services that will improve your quality of life or help you access activities that will improve your well-being.

People with Parkinson's or other forms of progressive Parkinsonism are eligible to apply for a grant. Parkinsonism is a general term for neurological disorders that cause movement problems like those in Parkinson's, such as tremors, slow movement and stiffness.

People who care for someone with either condition who are not paid for their caring role are also eligible to apply for a grant. If you receive Carer's Allowance or any other carer's benefit we do not count that as being paid.

## Section 2 Details of a person who is applying for you

If you have difficulties with writing or typing or any other problem completing your application form, someone you trust can complete it for you. The person you choose should provide their details in **Section 2**. They must also be prepared to sign the advocate's or representative's declaration in **Section 8**.

# Section 3 What are you asking us to pay for?

To apply for a Parkinson's UK Grant your **total** household savings must be **less than** £16,000.

You must tell us the **total sum** of any savings or investments you have, including your partner's savings if you are living together.

**Total savings** include those held in bank accounts and/or building societies, stocks and shares, gilts, bonds, ISAs or any other savings.

The table below shows what we will fund and the maximum amount you can apply for in each category. You may only apply for **one** category.

What we will fund	Maximum grant	Maximum household savings
Electrical items*	£500	£16,000
Respite care*	£1,000	£16,000
Specialist equipment or home adaptation*	£1,500	£16,000
Activities	£250	£16,000

<sup>\*</sup>limited to one application per household

# What kind of things can you apply for?

# Electrical items

This covers a wide range of items. It might include white goods (e.g. a washing machine or cooker) or technology that will help with communication or mobility problems (e.g. a computer to keep in touch with friends and family or a micro voice amplifier to help conversation). This category can also provide items to enable you to continue in employment or change the job you do.

#### Respite care

This is a break that relieves someone who cares for a person with Parkinson's of their caring responsibilities. It can include overnight, weekend or residential care for the person with Parkinson's, or regular short sessions to allow someone who cares for them to look after his or her own needs. **We do not fund holidays,** but we may be able to help with the additional costs you expect to incur on a holiday because of your condition or your caring responsibilities.

#### Home adaptations

These include adjustments to your home that will help you maintain independence, reduce the risk of falls or make your caring responsibilities easier to carry out. If you apply for funding to adapt your home, we will ask you for evidence that you have applied for a **Disabled Facilities Grant** and the reason why you are not eligible to receive one.

#### Specialist equipment

We can fund specialised furniture such as profiling beds and riser-recliner chairs that enable a person to maintain independence or reduce the level of care needed. This includes wheelchairs, scooters and walking aids.

Any application for specialist equipment or home adaptation <u>MUST</u> be supported by a recent report and/or a recommendation from a suitably qualified health professional who has met you and understands your condition, e.g. an Occupational Therapist or Physiotherapist. A letter from a General Practitioner (GP) will not be sufficient.

#### Activities

We will fund exercise or recreational activities that help you to keep active, stay connected and think positively. This could include activities that allow you to socialise or meet new people or activities to improve your fitness and wellbeing.

You can include the associated costs of your activity in your application, e.g. the cost of equipment and/or transport costs.

People living with Parkinson's who have young families and require support with childcare to allow them to attend hospital appointments or Parkinson's related activities can also apply.

Our grants panel may also consider applications for items or activities not mentioned here, if you can explain how the item or activity will significantly improve your quality of life.

## **Providing a quote**

In **Section 3**, we ask you to provide quotes for the costs you are requesting.

For an **activity** or for **respite** we only require **one** quote. Your chosen supplier should be happy to provide this and for recreational activities or respite, a standard scale of charges, highlighting the one that applies to you is sufficient.

We ask for **two** quotes for **electrical and household items**. These can be as simple as print outs from a website or pages from a catalogue or price list. We need to know the exact item you have chosen, and we need to be sure that you have thought about value for money.

For **home adaptations** that may involve minor works to your home, we will require **two** quotes which must be from suitable professionals.

#### **IMPORTANT NOTE**

If you have a personal connection with the supplier or service provider who is providing quotes for your application, or a financial interest in any business providing quotes, you must tell us so that the panel is aware of that relationship before making an award.

#### What we will not fund

We do not fund long-term financial commitments or daily living costs. We will not consider retrospective funding or applications to fund items that have already been paid for or for which payment has been committed. We will not fund items or respite where funding for them is available from the Government or your Local Authority.

## Section 4 How will a Parkinson's UK grant help you?

This is perhaps the most important section of your application. Our grants panel want to know what difference a Parkinson's UK Grant will make to your life. You do not need to write a long explanation. Tell us simply how the item or activity you want us to fund will improve your daily life or what it will help you do.

#### Section 6 Your finances

#### Other financial support

Some Parkinson's UK Groups offer their own local financial assistance schemes. They may offer financial help with respite or other items which are covered by Parkinson's UK Grants. We need to know if you have received or have applied to receive financial help from any of our local groups. We will not contact the local group about your application, but we may need to ask you for more details about any financial help they give or have given you in the last year.

## **Section 7** Information to support your application

Every application must be supported by a relevant health or social care professional who knows you and understands your condition or your caring responsibilities.

If you are applying for help with a **home adaptation** or **an item of specialist equipment**, we will need a letter from your occupational therapist, your physiotherapist or your speech and language therapist, as appropriate to the equipment or adaptation you are asking us to fund.

If you are applying for help with respite care or any other item or activity, a letter from your **Parkinson's Local Adviser** or from your GP, Parkinson's Nurse, social worker or other professional who knows you and understands your condition or your caring responsibilities would be suitable.

Any letter from a professional to support your application should include:

- relevant background information about you and your condition
- · details about why the item or activity is suitable for you
- · their view on how it will improve your quality of life

# It might be helpful to show the person writing the letter these guidance notes.

Although you need to include a letter of support, your own thoughts (see Section 4) are still a very important part of your application.

#### Section 8 Declaration

If you complete the application form yourself or complete it with help from a social care professional or other support worker, you <u>must</u> sign the declaration to confirm that all the information you have provided is accurate and complete.

If someone who cares for you, or a relative, friend or advocate completes the application on your behalf, they **must** sign the advocate or representative's declaration to confirm that all the information they have recorded for you is accurate and complete.

## **Section 9** Monitoring questions

Please help us to monitor the reach and impact of Parkinson's UK Grants by completing the monitoring questions. The information you provide in this section will help us to check that we are reaching out as widely as possible in communities.

Any information you provide in this section will be separated from other sections of your application and will remain confidential.

The monitoring information is <u>not</u> shared with the grants panel and will not affect the outcome of your application.

# **Funding from the Government or from your Local Authority**

If the funding you need might be available from the Government or from your Local Authority, you must check this before you apply for a Parkinson's UK Grant. For example, your local social services department may be able to help you with home adaptations, wheelchairs and other equipment or with funding for respite care. If you have asked the Government or your Local Authority for funding but been unable to obtain it, please send us any documents or letters you have to show this.

## What happens next?

Our trained and experienced grants panel members assess applications on the basis of need and the impact the funds requested will have. The information you supply in the application form and any letters or documents you send us will be used by the panel to make their decision. Members of the panel will not be allowed to know your name or where you live. We remove this information from your application form and conceal these personal details completely in all the supporting information you send us.

The grants panel is made up of people with Parkinson's, people who care for someone with Parkinson's, relevant health and social care professionals and Parkinson's UK staff.

We will contact you to let you know whether your application has been successful within one week of the grants panel making their decision. If your application is successful we will ask you to sign a grant acceptance form. We will discuss arrangements for the award with you before we ask you to sign the form.

Successful applicants may not apply for another Parkinson's UK Grant until a full calendar year after the date of acceptance of any award. In the event of our funds being over-subscribed, priority may be given to applicants who have not previously received a Parkinson's UK Grant.

# What if you are not happy with the grants panel's decision?

The Financial Assistance Programme Manager will welcome your feedback on **0344 225 3785** or by email <a href="mailto:grants@parkinsons.org.uk">grants@parkinsons.org.uk</a>. We will use all the feedback we receive to help us improve our procedures. However, **the decision of the grants panel is final.** 

## **General data protection**

Information provided in your application form is stored confidentially, in accordance with the General Data Protection Regulations, for seven years. It will not be used for any purpose other than to assess your application.

## Any questions?

If you have questions about the scheme or your application, please contact the Financial Assistance Programme Manager at Parkinson's UK on **020 7963 3785** or email grants@parkinsons.org.uk.