## Caring for Your Resident with Parkinson's

A 20 minute online narrated PowerPoint presentation

This presentation will increase knowledge and understanding of Parkinson's and is for staff working in a residential care setting. The presentation comprises video clips about the symptoms and management of Parkinson's, along with information on medication, resources and considerations for care. Its aim is to improve the quality of care to people with Parkinson's, through better knowledge and understanding of this complex condition.

## **Learning Outcomes**

## Learners will:

- Have a better understanding of Parkinson's
- Have increased knowledge about motor and non motor symptoms
- Be able to identify strategies and improvements they can make when caring for someone with Parkinson's.
- Understand the importance of Get it on Time
- Be aware of resources and where to access further information about Parkinson's

## Using this presentation

The presentation can be watched by individuals or ideally in a staff team meeting or training session. We suggest that following the screening of the presentation, time is given for staff to reflect upon and discuss their learning. It would be particularly helpful to have in-depth discussion regarding the key issues and how an increased understanding may impact upon the care staff provide to residents with Parkinson's.

To help facilitate discussion, below are some suggested questions and prompts that you may like to use:

- What have you learned about Parkinson's that you didn't previously know?
- What do you feel is particularly important in caring for someone with Parkinson's?
- How might your learning today impact upon the care you provide to residents with Parkinson's?
- Are there immediate actions you can take?
- Who else may you involve when looking after someone with Parkinson's?

If you have a resident(s) with Parkinson's you may find it helpful to end the session with a discussion about care planning and identify tools or resources you intend to implement.