

Parkinson's UK (registered as Parkinson's Disease Society of the United Kingdom)

Trustees' report and financial statements

31 December 2011

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Parkinson's UK (registered as Parkinson's Disease Society of the United Kingdom)

A company limited by guarantee and registered in England and Wales (948776)

A charity registered in England and Wales (258197)

A charity registered in Scotland (SC037554)

Report from the chair and the chief executive

2011 was a significant year for Parkinson's UK. There was cause for celebration as we achieved Charity of the Year status in the Charity Times Awards. Our new brand and clear strategy were important ingredients of this success. The judges commented:

"With a new brand and a new strategy, many of the ambitious goals, especially in fundraising and awareness raising, have already been achieved or surpassed, transforming the charity with outstanding results."

But we know there is so much more to do as we work to improve life and find a cure for everyone affected by Parkinson's. In 2011 we really took stock of progress towards our goals and sharpened our focus on meeting them.

Making sure that no one has to face Parkinson's alone is a central part of our strategy. In 2011 we carried out detailed market research to properly understand the needs of different groups of people whose lives are touched by the condition, particularly those from underserved communities. We're now using these findings to shape how we communicate our information and the ways we offer support, so we can reach out to everyone whose lives are affected. Whether it is through our information and support workers, our helpline, our information resources, our website, our education teams, Parkinson's nurses or our local groups, we want to support everyone affected by Parkinson's.

Securing better treatments and progress towards a cure is another core goal. In 2011 the development of our Research Support Network really built engagement in this process. We enrolled more than 500 members who helped push advances in research through their fundraising, information sharing and research participation. We also continued to invest in cutting edge research that brings a cure ever closer.

Listening to people affected by Parkinson's, and to our volunteers, service users and supporters, is central to our values and way of working. The insights we gained from them in 2011 drove progress in some important areas. These included the way we work with and thank our supporters, how we support and develop our volunteers and the way we can use data and information systems to be more effective and responsive.

Crucially in 2011 we also focused strongly on how we can work together as one united organisation. We brought together our volunteers and staff from across the UK in a series of events to help deepen mutual understanding. Our successes in 2011 reflect the vital and growing role played by our regional and country teams, local groups and London office staff working in partnership. Their combined efforts are essential to making sure there's consistent UK-wide access to Parkinson's UK support and services.

It was only by working together that we were able to meet our demanding income targets in 2011. This was a significant achievement in a difficult economic climate, in which cuts to health, social care and welfare services made our campaigning and support increasingly vital. In spite of these challenging economic times we are still determined to grow as a charity so that we can deliver even more. That is why we continue to invest in fundraising initiatives so that we can secure growth in future years.

And looking forward to 2012 and beyond, only strong partnerships between our dedicated volunteers, individual and corporate supporters, our staff and our local groups will enable us to continue to grow our income and afford to meet our hugely ambitious goals.

A heartfelt thanks goes to all of our volunteers, staff and supporters for everything we achieved in 2011 and for your continuing efforts as we work together to tackle Parkinson's on every front.



Elizabeth Wolstenholme CBE
Chair



Steve Ford
Chief Executive

Legal and administrative information

Charity details

Parkinson's UK (registered as Parkinson's Disease Society of the United Kingdom)

215 Vauxhall Bridge Road
London SW1V 1EJ
parkinsons.org.uk

A company limited by guarantee and registered in England and Wales (948776)

A charity registered in England and Wales (258197)

A charity registered in Scotland (SC037554)

Patron

HRH The Duchess of Gloucester GCVO

President

Jane Asher

Honorary Vice President

Richard Briers CBE

Vice Presidents

Lord Ashley of Stoke (deceased 20 April 2012)

Jeremy Browne MP

Lord Harrison

Geraldine Peacock OBE

Dr Thomas Stuttaford OBE

Lady Gillian Howard de Walden

Lord Walton of Detchant

Professional advisors

Auditors

Crowe Clark Whitehill LLP
St Bride's House
10 Salisbury Square
London EC4Y 8EH

Bankers

Royal Bank of Scotland
97 New Bond Street
London W1S 1EU

Solicitors

Wilson's Solicitors LLP
Steynings House
Summerlock Approach
Salisbury
Wiltshire SP2 7RJ

Board of Trustees and sub-committees

Elected trustees

Jackie Campbell MBE (Northern Ireland)

Colin Cheesman, Honorary Secretary (England)

Terence Kavanagh (England)

Melinda Letts OBE (England, Chair until 21 January 2011)

Alun Morgan (Wales)

Elizabeth Wolstenholme CBE, Chair (England, Chair from 1 March 2011)

Iain Young (Scotland)

Appointed trustees

Nadra Ahmed OBE DL

Paul Boothman, Vice Chair

Mark Goodridge

Doug MacMahon (from 1 March 2011)

Ralph Tingle, Honorary Treasurer

Executive Committee

Elizabeth Wolstenholme CBE, Chair
Paul Boothman
Colin Cheesman
Ralph Tingle

Audit Committee

Sarah Brown OBE, Chair
Caroline Emerton (from 28 September 2011)
Karin Norman
Ralph Tingle
Iain Young

Investment Committee

Mark Dumas, Chair
Paul Boothman
Christopher Robinson (resigned 23 March 2011)
Sarah Brown OBE
Karin Norman
Ralph Tingle
John Yeldham

Nominations Panel

Mark Dumas, Chair
Nadra Ahmed OBE DL (from 1 March 2011)
Colin Cheesman (until 10 September 2011)
Elaine Fear (until 21 April 2011)
Melinda Letts OBE (from 28 September 2011)
Paolo Moscuza (from 2 June 2011)
Elizabeth Wolstenholme CBE (from 1 March 2011)

Subsidiary bodies

Research Advisory Panel

Heinz Reichmann, Chair

SPRING (dissolved 1 May 2012)

Charles Holme, Chair

Northern Ireland Council

Jackie Campbell MBE, Chair

Scottish Council

Sandy Renfrew, Chair

Senior management team

Steve Ford, Chief Executive
Kieran Breen, Director of Research and Innovation
Nicola Brian, Director of Communications (resigned 4 February 2011)
Valerie Buxton, Director of External Relations
Paul Jackson-Clark, Director of Fundraising
Carolyn Nutkins, Director of Organisational Development
Richard Penney, Director of Finance and Information Systems
Rachel Raymond, Director of Support and Local Groups

Report of the trustees

For the year ended 31 December 2011

The Board of Trustees presents its report and audited financial statements for Parkinson's UK ('the charity') for the year ended 31 December 2011. In preparation of this report the trustees had regard for Charity Commission guidance on public benefit.

Objectives and public benefit

The charity is the UK's leading organisation working on behalf of people with Parkinson's. Through our local and national networks, we aim to provide information, care and support to everyone affected by Parkinson's throughout the UK and to drive forward the search for better treatments and a cure.

At the end of 2009, we developed a new five-year strategy with six high-level goals for the organisation. These goals and our performance against them during 2011 are set out on pages 9-13.

Our structure, governance and management

Legal status

Parkinson's Disease Society of the United Kingdom was founded in 1969 by Mali Jenkins, whose sister had Parkinson's. It is a charitable company limited by guarantee. The charity operates under the name of Parkinson's UK.

Governing body

Our governing body, the Board of Trustees, is responsible for the overall governance, policy and work of the charity. The trustees are volunteers and do not receive any remuneration for their services, but they may claim reasonable expenses incurred through attending meetings or through other duties. The board meets formally six or seven times each year. The board is responsible for directing the affairs of the charity and ensuring that it is solvent, well run, and delivers charitable outcomes for the benefit of people affected by Parkinson's, in accordance with Charity Commission guidance.

Our Articles of Association provide for the charity to have seven elected trustees (four from England and one each from Northern Ireland, Scotland and Wales) and five appointed trustees. The members of the board during 2011 are listed on page 4.

Trustees serve a term of four years and may be re-elected once. If a trustee stands down before the end of their term, another trustee may be elected or appointed to serve for the remainder of that term. The board may also co-opt up to two trustees, usually to meet an identified need or skills gap. Co-opted trustees serve for one year, may be co-opted for a second year and may thereafter stand for election or appointment.

The full criteria for candidates for election as trustees are set out in the Articles of Association. Any candidate who has been a member of the charity for at least twelve months, lives in the electing country where the vacancy occurs, and has not undertaken paid employment for the charity within the previous three years, is eligible for election. Candidates for election must be nominated by five members also living in the relevant country, not more than three of whom shall be members of any one Parkinson's UK local group. Election is by ballot, with all members living in the electing country eligible to vote.

The five appointed trustees may be recruited from within or outside the charity (though in the latter case, they must become members before their appointment). A thorough recruitment and selection process is undertaken, usually by a sub-committee of the board, the Nominations Panel. Then its recommendations are made to the board, which makes the final decision. The overall aim is to ensure that there is a good mix of skills on the board and that succession planning needs are met.

Trustees' induction and training

The charity aims to ensure that anyone interested in standing as a trustee is fully informed of what the role involves. New trustees are given a detailed briefing pack, attend an induction programme at the charity's offices, and are linked with an experienced trustee who acts as mentor. All trustees are invited to attend regular briefing sessions on particular aspects of the charity's work. Other internal or external training is offered to individual trustees on an ad hoc basis.

Statement of trustees' responsibilities

The trustees are responsible for preparing the annual *Trustees' report and financial statements* in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year in accordance with United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law.

Company law requires that the trustees approve the financial statements only if they are satisfied that they give a true and fair view of the state of affairs of the group and of its net outgoing resources for the accounting period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently
- make reasonable and prudent judgements and estimates
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis, unless it is inappropriate to presume that the charity will continue to operate

The trustees are responsible for keeping proper accounting records that are sufficient to show and explain the group's transactions, disclose with reasonable accuracy at any time the financial position of the group and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the group and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

So far as each of the trustees at the date of this report is aware, there is no relevant audit information of which the group's auditor is unaware. Each trustee has taken all the steps that they ought to have taken as a trustee in order to make themselves aware of any relevant audit information and to establish that the group's auditor is aware of that information.

Sub-committees of the Board of Trustees

The following sub-committees, which meet two or three times a year, support the board.

Executive Committee

The Executive Committee is comprised of the honorary officers. It can act on behalf of the board in respect of any matter which is required urgently. The Executive Committee also meets annually to appraise the performance of the chief executive. The Executive Committee reports back to the next full board meeting on all its activity.

Audit Committee

The Audit Committee is comprised of the honorary treasurer, one other trustee and three non-trustee members with an appropriate professional background and experience. The Audit Committee's purpose is to assist the board in ensuring that the charity has effective internal control systems and is operating within approved policies, by investigating, reviewing, reporting and making appropriate recommendations on: governance, financial management, asset management, risk management, management information systems and economy, efficiency and effectiveness of operational processes.

Investment Committee

The Investment Committee is comprised of the honorary treasurer, one other trustee and four non-trustee members with an appropriate professional background and experience. The Investment Committee is responsible for reviewing and monitoring the performance of the charity's investment portfolio and making appropriate investment recommendations to the board.

Nominations Panel

The Nominations Panel is comprised of the chair of the board, two other trustees and two non-trustee members with an appropriate professional background and experience. The Nominations Panel is responsible for recommending the recruitment of appointed and co-opted trustees to ensure that the board has the full range of skills and expertise required to operate effectively.

Subsidiary bodies

The subsidiary bodies of Parkinson's UK fall under the governance and constitution of the charity and are not separate legal entities, nor are they autonomous. However, the board delegates certain responsibilities to their committees through rules and guidelines.

Local groups

The charity is a membership organisation, with approximately 36,000 members at 31 December 2011, and a network of 360 local groups, comprising branches and support groups, across the UK, the Channel Islands and the Isle of Man. Our local groups provide activities, mutual support and friendship for people with Parkinson's, their families and carers. Local groups also make a valuable contribution to the campaigning, fundraising and support work of the charity at a local level.

Research Advisory Panel

The Research Advisory Panel comprises experts from a range of scientific, clinical, therapeutic and social care specialties, plus lay members. It advises the board on

research matters, in particular the award of grants and fellowships and the commissioning of research in areas identified as a priority by members. The panel is supported by a network of members with a particular interest in research, and by a wide network of external specialists who review grant proposals.

SPRING

The Special Research Interest Group of Parkinson's UK ('SPRING') was a subsidiary body of Parkinson's UK founded in 1990 by members of the charity to find a cure for Parkinson's. Following the establishment of a new body, the Research Support Network, which will carry on the valuable and important work of SPRING, the board formally dissolved SPRING on 1 May 2012.

Management

The board delegates operational planning and day-to-day management, including financial authority, to the chief executive and through him to the senior management team and staff within approved limits.

The performance of the chief executive is overseen by the board through reports and briefings presented by him and the senior management team and others at board meetings, and as part of the planning and budgeting process. The Executive Committee undertakes a formal appraisal of the chief executive on behalf of the board on an annual basis.

Staff and volunteers

The charity aims to be an organisation where staff and volunteers enjoy working towards delivery of our strategy and one in which they feel supported. Learning and development is an integral part of the staff annual review process and we have increased our focus in how we support the development of our wide reaching network of volunteers. Staff and volunteers participate in the development of the organisation's strategy and goals and are kept fully updated on progress through briefings on performance during the year. Additional information is also provided through Staff Central, our employee intranet site, and

Network News, our monthly publication for local groups. We also have an Employee Consultation Committee in place, whose role is to support the downward and upward flow of information sharing.

The charity is dedicated to attracting and retaining a talented and diverse workforce and aims to be an employer of choice. We particularly welcome applications from people affected by Parkinson's. The charity's commitment to non-discrimination is embedded in its values, policies, procedures and practices.

Trading subsidiary company – Parkinson's UK Sales Limited

The charity owns the entire share capital of Parkinson's UK Sales Limited, a company registered in England and Wales. This company's activities include the trading element of fundraising events and the sale of Christmas cards, stationery and general gift items. The company donates all its profits to the charity. Its results are shown below, in note 3 to the financial statements on page 24.

Grant-making policy and practice

The charity makes grants in three main areas:

- **Research** – the charity commissions and supports research projects, including the Brain Bank at Imperial College. Invitations for grant applications are advertised on the charity's website and e-newsletter, and on appropriate external websites. In line with the requirements of the charity's membership of the Association of Medical Research Charities (AMRC), all applications undergo lay and external peer review, and are scrutinised by members of the Research Advisory Panel. Recommendations for funding are made to the board for its approval. The charity offers project grants, which tackle major research challenges. Innovation grants (to a maximum of £35,000) are available to support high-risk, high-gain projects. The charity encourages outstanding graduates to come into the field

by funding PhD studentships and enables more experienced researchers to stay in Parkinson's research by offering Career Development Awards.

- **Parkinson's nurses** – the charity 'pump primes' the employment of specialist nurses (usually for one or two years) in response to recognised local need, often with Parkinson's UK local group support. Awards are granted after negotiation with the relevant NHS commissioning authority, which must assure the charity that it will continue to fund the post in the longer term.
- **The Mali Jenkins Help Fund** – the charity provides funding for people with Parkinson's who are on low income and in need of short respite breaks or items of equipment that they cannot obtain through statutory services. The fund covers equipment or home adaptations (up to £1,500), respite breaks for the person with Parkinson's or their carer (up to £1,000) and other items, eg domestic appliances (up to £500).

Details of all grants awarded and paid during the year are shown below in note 7 to the financial statements on page 27.

Our achievements in 2011

In 2010, we set out our plans for 2011 under our six strategic goals. Here, we report back on our achievements. To find out more you can see our impact report for 2011. This is available on our website at parkinsons.org.uk/impact, by calling **01473 212115** or emailing resources@parkinsons.org.uk

Goal 1: No one will have to face Parkinson's alone

Develop an in-depth understanding of people affected by Parkinson's so we can more effectively meet their needs and engage with them.

- We carried out a comprehensive market research project that has given us increased understanding of our key audiences, particularly those in underserved groups.

- We tested messages and marketing materials for use in healthcare settings, so we can work out how best to let people know about the support they can receive from us.

Deliver information and support services in ways that are targeted to meet the needs of underserved communities.

- We had key resources translated into seven community languages.
- Each of our regional teams focused on meeting the needs of a different underserved group. For example, the South West team delivered information and training to Devon prisoners and prison staff.
- We began a specific project to respond to the information needs of the Bengali and African/African-Caribbean communities.

Further engage with professionals and develop the support we provide for them.

- Our Professionals' Network brings health and social care professionals together to share best practice and the network grew by 72% in 2011.
- Satisfaction with the Professionals' Network was high – 99% of the professionals we surveyed said they would recommend the Network to colleagues.

Goal 2: We will listen and respond to the needs of everyone affected by Parkinson's

Demonstrate that all our services involve service users and are shaped by their feedback.

- People affected by Parkinson's were involved in planning days about goals 1-3 of our strategy, and helped with a review that contributed to changes in our structures and ways of working.
- We held 480 information events across the UK, reaching people who are not necessarily local group members or do not access other services. We aimed the events at groups, including younger

people, carers and people of working age, consulting with them and enabling them to shape the sessions' content and format.

- We systematically gathered feedback from people who used our services, and used this to plan improvements for 2012.

Develop our resources for people with advanced Parkinson's and ensure staff are trained in this area.

- We held a focus group with people affected by advanced Parkinson's. The feedback showed the need for a substantial resource in this area. The resource is now in development.
- We provided our staff with training around end of life, and created new resources about dementia to share with them.
- We established a joint post with the Lewy Body Society to ensure our services meet the needs of people with Lewy Body and Parkinson's dementia.

Further involve and engage people affected by Parkinson's in our research by developing the Research Support Network.

- The Research Support Network attracted more than 500 members in 2011.
- We regularly contacted our Research Support Network members about ways to get involved in research.
- We created the role of branch volunteer research support officer in our local groups, so that there is a volunteer contact within our groups to organise research events and disseminate research information.

Goal 3: We will improve life for everyone living with Parkinson's

Influence service quality in the new political and financial environment.

- We successfully influenced the decision to review the NICE clinical guideline for Parkinson's by submitting evidence of new research and best practice. We also lobbied to implement clinical guidelines in Scotland.
- Our Fair Care nurse campaign, including the development of a range of reports about what specialist nurses deliver, helped us to secure six new specialist nurse posts in 2011 and to retain some posts that were under threat. This meant that by the end of the year 95,000 people with the condition had access to a Parkinson's nurse. The campaign received 70 pieces of media coverage and was mentioned in *Nursing Times* for being the first campaign that targeted a clinical commissioning group.
- We supported a National Audit Office inquiry into neurological services that gave us powerful evidence to lobby for change.

Support people affected by Parkinson's to make informed choices about their health and social care.

- We carried out a project that looked at how we could best support people in making informed choices about their health and social care.
- We developed staff training about making health and social care choices to improve the information we could provide, as well as developing a pilot scheme to benchmark Parkinson's services.
- Our annual National Parkinson's Audit helps healthcare organisations measure their services for people with Parkinson's against national guidelines. Three hundred healthcare organisations took part in 2011 and received guidance to help them improve their services. We are working towards using these results to help people make choices about healthcare services.

Continue to offer training and support to health and social care professionals to improve their understanding about Parkinson's.

- We began work to update all our education materials and develop strategies for ensuring Parkinson's education messages become part of mainstream professional education and training.
- We educated more than 19,000 health and social care professionals about all aspects of the condition, and sent out over 4,500 information packs. This included training all undergraduate nurses in Northern Ireland.
- More than 2,000 GPs completed our British Medical Journal online modules about Parkinson's.

Goal 4: Our leadership in research will have resulted in better treatments and progress towards a cure

Increase our research spending to at least £4.7m with a special focus on cure-related research.

- We invested £4.7m into Parkinson's research and support services in 2011.
- Thanks to this investment in 2011 and also previously in 2010 (£5.3m), we are on target to meet our five-year plan to invest £25m into research. The plan covers the years 2010 to 2014.

Monitor the external research environment to ensure that we are funding innovative, cutting-edge projects.

- Members of the team met weekly to discuss papers that were published, sharing knowledge so we can stay at the forefront of research.
- We monitored the external research environment, went to external research meetings and kept in touch with researchers.

Better communicate the outcomes of the research work that we are funding, explaining its impact, so as to develop our research profile and build momentum in the search for a cure.

- The Research Advisory Panel supported our plans to organise themed research meetings, and we held our first meeting ‘What is Parkinson’s?’ in 2011. We put together an accompanying research paper that will be published in an independent journal in 2012.
- We used a variety of avenues, including our electronic newsletter *Synapse*, to raise awareness of our innovation grants and research priorities.
- We keep staff informed about current research through Staff Central, our employee intranet site, so that staff are able to answer key questions about research.

Goal 5: We will raise more than £110million to meet the costs of delivering our ambitious plans

Improve the way we welcome and thank supporters and how we feedback to supporters on the projects they are funding.

- Acting as a first point of call for supporters and membership enquiries, the Supporter Services team began work at the beginning of February 2011.
- We transformed our inbound donation processing system from a 16-step to four-step process. This not only improved the service to supporters but resulted in staff savings.
- We designed and put robust processes into place for welcoming and thanking supporters.

Develop new ways to attract new and existing supporters to join us in our work.

- We created a number of easy-to-use fundraising cases. These led directly to new pledges of income of more than £1.25m.

- We developed a small Trusts programme that consistently delivered £20,000 a month. And our Major Gifts programme went from strength to strength, including securing a single pledge of £1m.
- Our legacy marketing mailing programme prompted responses from 148 pledgers, 78 intenders and 103 enquirers, with an estimated future value of £3m.
- Over 27,000 new supporters joined us during the year and our programme of regional, national and overseas events attracted thousands of new participants and their sponsors.

Develop relationships with national organisations and promote their support of local Parkinson’s groups wherever possible.

- We secured £250,000 from The Freemasons’ Grand Charity. We used this funding to allocate individual amounts of £5,000 to Parkinson’s UK local groups where Freemasons’ lodges are based and it supported the development of local spending plans to benefit local people living with Parkinson’s.
- We invited The Freemasons’ Grand Charity to the events where their fundraising money was spent, encouraging them to take part in the activities and cultivating lasting relationships with us.

Increase our reach to corporate supporters and grow our engagement with their staff and customers.

- Our groundbreaking partnership with Nintendo allowed Parkinson’s UK to be associated with an internationally recognised brand. The partnership communicated the benefits of exercise for people with Parkinson’s. We began work with Nintendo to equip each of our local groups with a free Wii console.
- Parkinson’s UK and Stannah share the same core values of care, support and independence. Our successful affiliation enabled Stannah to improve their customer care for people with Parkinson’s,

as well as engaging in corporate social responsibility. We will continue working with them in 2012.

- With the support of the Pharmaceutical Coalition, we created engaging materials to educate new audiences about Parkinson's.

Goal 6: We will be a united, focused and effective organisation

Better recognise the achievement and contribution of our volunteers and develop a volunteer management programme to help recruit and support volunteers.

- We set up the Volunteering, Volunteer Management and Support Steering Group, comprising staff and volunteers from across the organisation. The group's role is to champion volunteering, and lead the development of our volunteer-programme policies and procedures.
- We audited, assessed and benchmarked our current volunteer programme against the 'Investing in Volunteers' national good practice standard. We also identified and wrote plans for key volunteer-programme policies and procedures to develop.
- We carried out assessments of the volunteer-management skills of our branch and volunteer support officers, identifying areas for training and development.

Develop better systems to help us engage and support people who give to us and also make it easier for people to renew their membership of the charity.

- We made changes to the way *The Parkinson* is distributed, tailoring it to the audience by adding country and regional newsletters according to where supporters live. This has also increasing efficiency – reducing the number of mailings we're sending out, by collating information together.
- We reviewed our response-handling processes for membership, making changes that meant we could

respond to enquiries more quickly. For instance, we reduced the time it takes between renewing and receiving people's membership cards.

- We made it easier for people to contact us and pledge their support. For example, we made sure that we named Parkinson's UK contacts in all appeals and letters. We also made it simpler for people to give via the website.

Improve our systems and communication to make sure that members in local groups and our staff work in a more united and effective way.

- We introduced the Parkinson's UK Together programme to look at how the charity can improve and develop the way that it communicates and works internally, specifically between staff and the local group network of branches and support groups across the UK.
- As part of this programme, we launched a series of events called Parkinson's UK Together to bring together volunteers from the local group network and staff from all parts the charity. The events enabled staff and volunteers to share information, discuss current issues, get to know colleagues and develop a better understanding of each others' roles.

Our plans for 2012

Goal 1: No one will have to face Parkinson's alone

- Make our website more personalised and interactive, and build our online community.
- Roll out self-care programmes to help people affected by Parkinson's to manage their condition.
- Strengthen the way we promote the charity to priority groups – for example healthcare professionals and underserved communities.

Goal 2: We will listen and respond to the needs of everyone affected by Parkinson's

- Work closely with diverse communities to develop resources that meet their needs.

- Develop the Research Support Network so that people affected by Parkinson's are up to date with research news and are involved in our research decisions.
- Achieve Customer Service Excellence accreditation.

Goal 3: We will improve life for everyone living with Parkinson's

- Develop our range of resources and education programmes for professionals to increase our impact on quality of care.
- Campaign even more vigorously – for example to limit the impact of impulsive and compulsive behaviours on the lives of people with Parkinson's.
- Secure at least five more Parkinson's nurses across the UK.

Goal 4: Our leadership in research will have resulted in better treatments and progress towards a cure

- Continue to invest in cutting-edge research projects, focused on finding a cure.
- Identify areas of research that should be prioritised for funding and find potential partners.

Goal 5: We will raise more than £110million to meet the costs of delivering our ambitious plans

- Increase income from key supporter groups and through regular giving.
- Focus on increasing commercial and trading opportunities.
- Encourage increased research fundraising at a local level.

Goal 6: We will be a united, focused and effective organisation

- Improve our human resources, internal communications, IT and finance systems to further strengthen the way we work with our staff, volunteers and members.

- Strengthen the way we safeguard our volunteers and people with Parkinson's.

Our finances 2011

Financial review and results for the year

The charity's consolidated financial statements for the year are on pages 20–22. A summary of the financial results for the year is set out below.

Incoming resources

In 2011, the organisation received total income of £21.9m (2010: £20.9m), an excellent outcome in the current economic environment and another solid step towards achieving our ambitious objective to receive income of £110m in our current five-year strategic planning period (Goal 5). The improvement was primarily driven by a substantial increase in donations and membership to £9.3m (2010: £8.1m), partly offset by slightly lower (albeit still strong) legacy income of £9.6m (2010: £10.0m).

Included in these figures is income received by local groups, which improved in 2011 to £3.9m (2010: £3.4m), driven by increases in legacies, donations and membership, and activities for generating funds.

Resources expended

Total expenditure in 2011 reached £23.7m (2010: £22.8m).

The cost of generating funds increased to £4.4m (2010: £3.5m) reflecting the expansion of our investment in fundraising activities required to meet Goal 5.

Total expenditure on charitable activities overall was £19.3m, in line with 2010. Friendship and support expenditure increased to £7.4m (2010: £7.2m) along with information to £5.4m (2010: £5.0m) due to continued strong demand in 2011 for the charity's highly valued services. Expenditure on research reduced slightly in 2011 to £4.7m (2010: £5.3m) with increased spend instead scheduled later in the strategic period.

2011 was the second year of our current five-year strategy and, with income again beating expectations, we continue to make good progress in achieving our goals. We are on track to deliver our strategy.

Reserves policy

The charity's policy is to invest its funds in the ongoing expansion of the work and reach of the charity but to retain sufficient levels of unrestricted funds to enable us to continue our core strategic activities in the event of a significant downturn in income. This policy takes into account the risks associated with the charity's different income streams, our ongoing investment in delivering our strategy, the varying needs of local groups, longer term cash flow projections and other relevant business risks.

Note 15 to the financial statements (on page 30) gives details of the amounts and purposes of funds held by the charity. It shows unrestricted funds at 31 December 2011 (excluding amounts invested in fixed assets) as £12.7m, equivalent to between five and six months' planned expenditure in 2012. Plans for activities in 2012 are expected to reduce unrestricted funds to the equivalent of between three and four months' planned expenditure, approaching a level of unrestricted funds that is deemed sufficient but not excessive to support core strategic activities in the event of a significant downturn in income.

Going concern

We believe that there are no material uncertainties that call into doubt the charity's ability to continue its activities. The accounts have therefore been prepared on the basis that the charity is a going concern.

Investment policy and returns

The investment policy of the charity is reviewed by the Board of Trustees on at least an annual basis. During 2011, the overall investment objective was clarified as follows:

To achieve income and capital growth (ie total) returns while both accepting a moderate degree of risk and ensuring that operational cash requirements to meet the charity's objectives are met in full.

The conservative nature of the investment portfolio drove investment gains in 2011 of £259,000, an excellent outcome during a year in which stock markets broadly fell. Investment income (including bank interest) generated from financial assets was £435,000, a return of 1.6%.

As far as the trustees are aware, no investment is held in businesses whose activities conflict with the charity's objectives.

Internal controls and risk management

The trustees have overall responsibility for ensuring that the charity has an appropriate system of controls, including financial controls.

The charity's systems of internal control are designed to provide reasonable assurance against material financial misstatement or loss to the charity.

A formal risk management process is in operation across the charity, culminating in strategic and operational risk registers, where senior management and trustees identify and review on a regular basis top-level risks, their likelihood and impact and the consequent actions necessary to manage those risks.

Other management processes in place include:

- regular review of financial management reports comparing income and expenditure with agreed budgets and reflecting changes in year-end forecasts
- ongoing review of a reserves policy that takes account of the risks of streams of income and expenditure
- review of the rules and guidelines covering local groups and the provision of support and advice on risk management
- the engaging of internal and external auditors (who use a risk-based approach) and the development of an assurance risk map

- review of our approach to financial contingency planning and how senior management respond to changes in financial projections.

In addition, as part of the development of strategy, the trustees and the chief executive consider risks, map these against strategic goals and set up performance measures to monitor progress.

The audit committee oversees the work on risk management, reviewing the risk register at each meeting and making recommendations to the Board of Trustees when appropriate. The chief executive produces an annual report on internal controls that is submitted to the audit committee and the trustees. Insurance cover is reviewed annually and takes account of the risk management process.

The top strategic risks identified are:

- decline or stagnation in levels of fundraising income result in failure to fund growth
- resources not being sufficient to deliver the full remit of the current plan
- potential impact of a significant safeguarding incident
- fragmentation of support for the organisation's strategic direction.

Trustees and senior management are satisfied that appropriate actions are being taken against these and other risks, such that the risks are appropriately mitigated.

The trustees are satisfied that the charity's internal controls comply with the principle guidelines issued by the Charity Commission.

This report was approved by the board on 16 July 2012.



Elizabeth Wolstenholme CBE
Chair

Independent auditors' report to the trustees and members of Parkinson's UK

We have audited the financial statements of Parkinson's UK for the year ended 31 December 2011 set out on pages 20 to 31.

The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006 and to the charitable company's trustees, as a body, in accordance with section 44(1c) of the Charities and Trustee Investment (Scotland) Act 2005. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditor

As explained more fully in the Statement of trustees' responsibilities, the trustees (who are also the directors of the charitable company for the purpose of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

We have been appointed as auditor under section 44(1c) of the Charities and Trustee Investment (Scotland) Act 2005 and under the Companies Act 2006 and report in accordance with regulations made under those Acts.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the directors; and the overall presentation of the financial statements.

In addition, we read all the financial and non-financial information in the Report of the trustees and any other surround information to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the group's and the charitable company's affairs as at 31 December 2011 and of the group's incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and Regulation 8 of the Charities Accounts (Scotland) Regulations 2006.

Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the Report of the trustees for the financial year for which the

financial statements are prepared is consistent with the financial statements.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 or the Charities Accounts (Scotland) Regulations 2006 (as amended) requires us to report to you if, in our opinion:

- the parent charitable company has not kept adequate accounting records, or returns adequate for our audit have not been received from branches not visited by us; or
- the parent charitable company financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

N. Hashemi

Naziar Hashemi
Senior Statutory Auditor
For and on behalf of
Crowe Clark Whitehill LLP
Statutory Auditor

London 25 July 2012

Crowe Clark Whitehill LLP is eligible to act as an auditor in terms of section 1212 of the Companies Act 2006.

Consolidated statement of financial activities (Incorporating an income and expenditure account)

For the year ended 31 December 2011

		Unrestricted funds £'000	Restricted funds £'000	2011 Total £'000	2010 Total (restated*) £'000
Incoming resources	Notes				
Incoming resources from generated funds					
Voluntary income:					
Legacies		8,246	1,307	9,553	9,999
Donations and membership		6,332	2,972	9,304	8,064
Activities for generating funds:					
Trading and merchandising		280	0	280	234
Other fundraising		1,854	109	1,963	1,873
Investment income	2	427	8	435	319
Incoming resources from charitable activities					
Grants	18	16	285	301	339
Education and training events		56	0	56	64
Other incoming resources		29	2	31	44
Share of gross fundraising resources from joint venture	19	103	0	103	0
Incoming resources		17,343	4,683	22,026	20,936
Less gross incoming resources from joint venture	19	103	0	103	0
Total incoming resources		17,240	4,683	21,923	20,936
Resources expended					
Costs of generating funds	6				
Cost of generating voluntary income		4,096	3	4,099	3,237
Trading and merchandising		250	0	250	198
Investment management costs		4	0	4	27
		4,350	3	4,353	3,462
Net incoming resources available for charitable application		12,890	4,680	17,570	17,474
Charitable activities	6				
Friendship and support		6,137	1,277	7,414	7,169
Information		4,770	656	5,426	5,020
Research		1,305	3,417	4,722	5,261
Campaigning		1,414	0	1,414	1,532
Governance costs		352	0	352	342
		13,978	5,350	19,328	19,324
Total resources expended	6	18,328	5,353	23,681	22,786
Net outgoing resources	5	(1,088)	(670)	(1,758)	(1,850)
Net interest in joint venture operating result	19	7	0	7	0
Net outgoing resources before transfers		(1,081)	(670)	(1,751)	(1,850)
Transfer between funds	15	751	(751)	0	0
Net outgoing resources before other recognised gains & losses		(330)	(1,421)	(1,751)	(1,850)
Other recognised gains & losses					
Net gains on investments	10	259	0	259	760
Net movement in funds		(71)	(1,421)	(1,492)	(1,090)
Fund balances brought forward at 1 January	15	15,222	3,378	18,600	19,690
Fund balances carried forward at 31 December	15	15,151	1,957	17,108	18,600

*2011 results are presented following a reclassification of activities from those reported in the 2010 financial statements. As a consequence, 2010 comparative results in this Statement of Financial Activities have been restated in line with these new categories. All the above results derive from the continuing activities of the charity. There are no other gains or losses other than those shown above. The deficit determined under the Companies Act 2006 is £1,751,000 (2010: £1,850,000).

Consolidated and charity balance sheets

as at 31 December 2011

	Notes	2011 Group £'000	2010 Group £'000	2011 Charity £'000	2010 Charity £'000
Fixed assets					
Tangible assets	9	2,407	2,482	2,407	2,482
Investments	10	17,381	19,283	17,406	19,308
Total fixed assets		19,788	21,765	19,813	21,790
Current assets					
Stock		99	18	0	0
Debtors	11	1,311	784	1,316	819
Current asset investments		3,664	4,463	3,664	4,463
Cash at bank and in hand:					
National programmes		1,370	1,922	1,303	1,809
Local groups		5,126	5,327	5,126	5,327
Total current assets		11,570	12,514	11,409	12,418
Creditors					
Amounts falling due within one year	13	(8,513)	(9,542)	(8,375)	(9,471)
Net current assets		3,057	2,972	3,034	2,947
Total assets less current liabilities		22,845	24,737	22,847	24,737
Creditors					
Amounts falling due after more than one year	14	(5,737)	(6,137)	(5,737)	(6,137)
Net assets		17,108	18,600	17,110	18,600
Funds					
Unrestricted funds		15,151	15,222	15,153	15,222
Restricted funds		1,957	3,378	1,957	3,378
Total funds	15	17,108	18,600	17,110	18,600
NOTES:					
Funds					
National programmes		10,401	11,245	10,403	11,245
Local groups	4	6,707	7,355	6,707	7,355
Total funds	15	17,108	18,600	17,110	18,600

The financial statements were approved by the Board of Trustees and signed on its behalf by:

E. a. Wolstenholme

Elizabeth Wolstenholme CBE
Chair

A. Tingle

Ralph Tingle
Honorary Treasurer

16 July 2012

The accompanying notes form an integral part of these financial statements.

Consolidated cashflow statement

for the year ended 31 December 2011

	Notes	2011 Group £'000	2010 Group £'000
Net cash outflow from operating activities	(a)	(3,982)	(1,506)
Returns on investments and servicing of finance	(b)	435	319
Capital expenditure and financial investments	(c)	1,995	2,573
		(1,552)	1,386
Management of liquid resources	(d)	799	(1,143)
(Decrease)/increase in cash in the year	(e)	(753)	243

NOTES:

(a) Reconciliation of net outgoing resources to net cash outflow from operating activities

Net outgoing resources for the year	(1,751)	(1,850)
Investment income	(435)	(319)
Depreciation	241	239
Increase in stock	(81)	(12)
(Increase)/decrease in debtors	(527)	294
(Decrease)/increase in creditors	(1,429)	142
Net cash outflow from operating activities	(3,982)	(1,506)

(b) Returns on investments and servicing of finance

Investment income	435	319
-------------------	-----	-----

(c) Capital expenditure and financial investments

Purchase of tangible fixed assets	(166)	(208)
Funds transferred out of investment fixed assets	0	(26)
Net proceeds of purchase and sale of investments	2,169	2,629
(Increase)/decrease in cash held in portfolio	(8)	178
Net cash inflow from capital expenditure and financial investments	1,995	2,573

(d) Management of liquid resources

Decrease/(increase) in current asset investments	799	(1,143)
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(e) Analysis of changes in net cash funds

	At 1 Jan 2011 £'000	Cash flows £'000	At 31 Dec 2011 £'000
Cash at bank and in hand	7,249	(753)	6,496

The accompanying notes form an integral part of these financial statements.

Notes to the consolidated financial statements

for the year ended 31 December 2011

1. Accounting policies

Basis of accounting

The financial statements have been prepared under the historical cost convention, with the exception of investments, which are carried at market value. The financial statements comply with the Companies Act 2006, applicable UK accounting standards and the Statement of Recommended Practice (SORP 2005) 'Accounting and Reporting by Charities' and have been prepared on the going-concern basis.

Basis of consolidation

The group financial statements include the financial statements of the charity, its branches and support groups ('local groups') and consolidate its trading subsidiary, Parkinsons UK Sales Limited, on a line-by-line basis. The charity's annual share of the profits or losses from the joint venture, Neurological Commissioning Support Limited (NCS), is included in the Statement of Financial Activities and its share of the net assets is included in the balance sheet. No separate Statement of Financial Activities of the charity has been presented, as permitted by s406 of the Companies Act 2006 and paragraph 397 of SORP 2005. The net movement in funds of the charity (outgoing) was £2,000 less than that of the group in 2011 (2010: identical). The gross income of the charity in the year was £21,525,000 (2010: £20,586,000).

Local groups

Local groups are required to operate under the charity's financial rules and to present unaudited accounts to their members at local group annual general meetings and submit an annual financial return to the charity's finance department. The income, expenditure and assets of local groups are set out in detail in note 4. Larger value returns are subject to an independent examination process.

Funds

Unrestricted funds are funds which are expendable at the discretion of the trustees in furtherance of the charity's objectives.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The aim and use of each of the charity's funds is further explained in note 15.

Incoming resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income, is reasonably certain of receipt and the amount can be measured with reasonable accuracy. For legacies, entitlement is the earlier of the estate accounts being approved or cash received. For relevant grants, income is accounted for as the charity earns the right to consideration by its performance. Where the grant is received in advance of performance its recognition is deferred and included in creditors. Where entitlement occurs before the grant is received, it is accrued in debtors.

Resources expended

Expenditure has been classified by reference to specific activity categories: all direct costs relating to a specific activity have been aggregated. Costs of generating funds includes all direct fundraising expenses and an apportionment of support costs. All direct expenditure in furtherance of the charity's objects, together with an apportionment of support costs, is included

under the Charitable activities heading. Governance costs are explained in detail in note 6(c). The bases of allocation of support costs are reviewed regularly and are explained in detail in note 6(b).

Grants to third parties for specific activities are charged in the accounts when an award is approved by the relevant award panel, although disbursement of the funds may be made in subsequent accounting periods.

Leasing

Operating lease rentals are charged to the Statement of Financial Activities over the period of the lease, on a straight line basis.

Tangible fixed assets and depreciation

Tangible fixed assets are included at cost and are stated net of depreciation and any provision for impairment. Assets below the value of £2,000 are not capitalised except for computer equipment.

Depreciation is provided to write off the cost of tangible fixed assets over their useful economic lives on a straight line basis. The annual rates used are:

Freehold buildings	2.0%
Freehold improvements	15.0%
Office equipment and fixtures	15.0%
Computer equipment	33.3%

Fixed asset investments

Stock exchange listed investments are stated at market value. Net realised and unrealised gains and losses in the year are included in the Statement of Financial Activities. Fixed term deposits not expected to be utilised within twelve months are included in fixed asset investments and are stated at cost. The investment in the trading subsidiary is also stated at cost. The investment in the NCS joint venture is stated at net asset value.

Stock

Stock comprises goods for resale and is valued at the lower of cost and net realisable value.

Current asset investments

Current asset investments are fixed term deposits which are expected to be utilised within twelve months and are stated at cost.

Taxation

The charity is a registered charity and is exempt from taxation on its income and gains to the extent that they are applied to its charitable purposes. The charity's subsidiary, Parkinson's UK Sales Limited, has not incurred a tax charge in the period due to its policy of paying its taxable profits to the charity under Gift Aid. The charity is not eligible to recover any VAT charged on its expenditure. Parkinson's UK Sales Limited is registered for VAT.

Pensions

Employees of the charity have the option to participate in a defined contribution arrangement in which the charity matches, on a two to one basis, employee contributions of up to 5% of salary into employees' own personal pension plans. Pension costs are charged to the Statement of Financial Activities as incurred.

2. Investment income

	2011 £'000	2010 £'000
Interest on deposits held by		
- National programmes	150	55
- Local groups	26	44
Income from investments		
- Fixed interest securities	88	101
- Managed funds	171	102
- Equity shares	0	3
- Cash held in managed portfolio	0	14
	435	319

3. Trading activities of subsidiary

The charity owns the entire share capital of Parkinson's UK Sales Limited, incorporated in England and Wales. This company is responsible for the generation of income through various commercial activities for the financial benefit of the charity.

Summarised financial results for 2011 and the position of Parkinson's UK Sales Limited at 31st December 2011, before consolidation, were:

Profit and loss account	2011 £'000	2010 £'000
Total income including interest receivable	407	463
Total expenditure	(409)	(413)
Net (loss)/profit for the year before Gift Aid donation to charity	(2)	50
Gift Aid donation to the charity	0	(50)
Net loss for the year	(2)	0
Balance sheet		
Current assets	305	240
Creditors: amounts falling due within one year	(282)	(215)
Net assets	23	25
Share capital	25	25
Profit and loss account	(2)	0
Shareholders' funds	23	25

4. Financial returns of local groups

The charity carries out a number of its charitable activities through a nationwide network of local groups, which raise income sufficient to fund their activities and, in most cases, also contribute to the funding of national programmes.

The charity's local groups produce independently examined accounts or finance returns annually. Of the charity's 233 branches and 138 support groups, one support group failed to submit financial information for 2011. For this group, 2011 results were estimated based on 2010 activity and other known factors in 2011. The impact of the results of this group is not material to the results of the charity.

Income and expenditure	Notes	2011	2010
		£'000	(restated) £'000
Total incoming resources	(a)	3,941	3,407
Total resources expended	(b)	(2,814)	(2,669)
Net (losses)/gains on investments		(2)	4
Net movement in funds		1,125	742
Application of net funds raised by local groups:			
Transfers to national programmes for:			
Research		(1,070)	(590)
Regional activities		(235)	(377)
Parkinson's nurses		(136)	(107)
General and other activities		(241)	(23)
Other net transfers		(91)	69
Total net resources transferred		(1,773)	(1,028)
Net movement in funds retained by local groups after transfers		(648)	(286)
Funds brought forward at 1 January		7,355	7,641
Funds carried forward at 31 December		6,707	7,355
Balance sheet			
Investments		79	109
Debtors		2	4
Cash held centrally for local groups		1,206	1,482
Current asset investments		313	463
Cash at bank and in hand		5,126	5,327
		6,647	7,276
Creditors due within one year		(19)	(30)
Net assets		6,707	7,355
NOTES:			
(a) Incoming resources			
Incoming resources from generated funds			
Voluntary income:			
Legacies		412	129
Donations and membership		1,776	1,624
Activities for generating funds (events etc)		1,580	1,401
Investment income		26	44
Grants		125	183
Other incoming resources		22	26
Total incoming resources		3,941	3,407
(b) Resources expended			
Costs of generating funds		107	103
Charitable activities			
Friendship and support		2,594	2,433
Local group administration support costs		113	133
		2,707	2,566
Total resources expended		2,814	2,669

5. Net income for the year is stated after charging:

	2011 £'000	2010 £'000
Fees payable to charity's auditors for audit of charity's annual accounts	42	39
Fees payable to charity's auditors for audit of the subsidiary company	4	4
Fees payable to charity's auditors for non-audit work	1	0
	<u>47</u>	<u>43</u>
Depreciation	241	239
Operating lease rentals	266	230

6. Total resources expended

	Grants £'000	Direct costs £'000	Support costs £'000	Total 2011 £'000	Total 2010 (restated) £'000
a) Total costs:					
Costs of generating funds					
Cost of generating voluntary income	0	3,498	601	4,099	3,237
Trading and merchandising	0	250	0	250	198
Investment management costs	0	4	0	4	27
Costs of generating funds	<u>0</u>	<u>3,752</u>	<u>601</u>	<u>4,353</u>	<u>3,462</u>
Charitable activities					
Friendship and support	439	6,029	946	7,414	7,169
Information	0	4,441	985	5,426	5,020
Research (note 7)	3,937	582	203	4,722	5,261
Campaigning	0	1,148	266	1,414	1,532
Governance costs	0	219	133	352	342
	<u>4,376</u>	<u>12,419</u>	<u>2,533</u>	<u>19,328</u>	<u>19,324</u>
Total resources expended	<u>4,376</u>	<u>16,171</u>	<u>3,134</u>	<u>23,681</u>	<u>22,786</u>

In 2011, charitable activities were reclassified into the following categories:

Friendship and support, which includes: the work of our local groups, costs relating to Parkinson's nurses and the work of our country/regional and advisory services teams to support people affected by Parkinson's.

Information, which includes: work related to information provision by our country/regional and advisory services teams and all of our publications (including resources for health and social care professionals to help improve services for people affected by Parkinson's).

Research, which is primarily grants to research professionals working on projects to drive our search for a cure and to improve treatments to make life easier for people living with Parkinson's.

Campaigning, which relates to our work to raise awareness, change perceptions and demand better services for people living with Parkinson's.

	Information Systems £'000	Facilities £'000	Human Resources £'000	Finance £'000	Management £'000	Total £'000
b) Support costs apportioned:						
Cost of generating voluntary income	152	194	116	106	33	601
Friendship and support	288	144	220	143	151	946
Information	331	214	253	143	44	985
Research	35	55	26	42	45	203
Campaigning	57	91	43	64	11	266
Governance costs	3	5	3	40	82	133
	<u>866</u>	<u>703</u>	<u>661</u>	<u>538</u>	<u>366</u>	<u>3,134</u>

Allocation of support costs

Directly attributable support costs are allocated as appropriate. Remaining support costs are allocated as follows: Information Systems, Facilities and Human Resources – per employee, Finance – per distinct budgetary activity, and Management - per £ of expenditure. The administration cost of local groups, totalling £113k, are included under the Management heading.

c) Governance costs

Governance costs include the cost of internal and external audit, the costs of annual local group meetings and the charity's AGM, direct costs incurred by the Board of Trustees and its sub-committees and an apportionment of support costs.

7. Amounts committed for grants

	Research £'000	Parkinson's nurses £'000	Mali Jenkins Help Fund £'000	Group and charity Total 2011 £'000	Group and charity Total 2010 £'000
Balance at 1 January	10,312	3,038	0	13,350	13,299
Awarded	3,937	344	95	4,376	5,243
Payments	(4,594)	(839)	(95)	(5,528)	(5,192)
Balance at 31 December	9,655	2,543	0	12,198	13,350
Estimated to be disbursed:					
Within one year	5,074	1,387	0	6,461	7,213
After more than one year	4,581	1,156	0	5,737	6,137
	9,655	2,543	0	12,198	13,350

All grants were awarded within the UK to institutions except for the Mali Jenkins Help Fund which were for individuals. All institutional grants were awarded to universities, research institutions or NHS commissioning authorities.

8. Employees and trustees

	2011 £'000	2010 £'000
a) Employees: total costs		
Salaries	8,467	7,479
National Insurance contributions	847	738
Pension contributions	398	332
	9,712	8,549

	2011 No.	2010 (restated) No.
b) Average number of full-time equivalent staff during year:		
Cost of generating voluntary income	51	39
Friendship and support	92	91
Information	107	104
Research	13	12
Campaigning	20	19
Governance	2	2
	285	267

	2011 No.	2010 No.
c) The number of employees whose emoluments (including remuneration and benefits in kind and excluding pension contributions) amounted to more than £60,000 was:		
Band £60,001 to £70,000	4	4
Band £70,001 to £80,000	1	0
Band £80,001 to £90,000	1	0
Band £100,001 to £110,000	1	1

Contributions of £37,400 (2010: £28,600) were made for the provision of defined contribution benefits for five (2010: four) employees earning more than £60,000.

d) Trustees:

No trustees received remuneration for their services in either 2011 or 2010. A trustees indemnity policy was purchased at a cost of £2,839 (2010: £2,750).

Trustee expenses totalling £16,600 for travel and subsistence were reimbursed to 11 trustees (2010: £14,500 reimbursed to 11 trustees).

9. Tangible fixed assets

Group and charity

	Freehold land & building £'000	Freehold improvement £'000	Office equipment & fixtures £'000	Computer equipment £'000	Total £'000
Cost					
At 1 January	2,700	688	102	843	4,333
Additions	0	12	28	126	166
Disposals	0	0	(15)	(79)	(94)
At 31 December	2,700	700	115	890	4,405
Accumulated depreciation					
At 1 January	540	669	60	582	1,851
Charge for the year	45	13	15	168	241
Disposals	0	0	(15)	(79)	(94)
At 31 December	585	682	60	671	1,998
Net Book Values					
Brought forward at 1 January 2011	2,160	19	42	261	2,482
Carried forward at 31 December 2011	2,115	18	55	219	2,407

10. Fixed asset investments

	Group & charity 2011 £'000	Group & charity 2010 £'000
Valuation at 1 January	19,283	21,126
Net proceeds of acquisitions and disposals	(2,169)	(2,629)
Net gains on revaluation	259	760
	17,373	19,257
Transfer from cash at bank and in hand	0	26
Valuation at 31 December	17,373	19,283
Cash held within managed portfolio		
Cash on deposit at 31 December	8	0
Total at 31 December – Group	17,381	19,283
Investment in subsidiary company	25	25
Total at 31 December – Charity	17,406	19,308
Fixed asset investments are represented by:		
Funds held in managed portfolios	8,713	8,735
Fixed term deposits	5,000	8,000
Fixed interest securities	3,649	2,467
Cash funds	8	77
Equity shares	4	4
Share of net assets of Neurological Commissioning Support Limited (note 19)	7	0
Total at 31 December - Group	17,381	19,283
Investment in subsidiary company	25	25
Total at 31 December - Charity	17,406	19,308

All investments are UK investments.

Managed portfolio investments consist primarily of inflation linked bonds, equities and money market deposits.

The historical cost of marketable securities and deposits at 31 December was:	16,071	18,165
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11. Debtors

	Group 2011 £'000	Group 2010 £'000	Charity 2011 £'000	Charity 2010 £'000
Legacies (note 12)	229	22	229	22
Amounts due from Parkinson's UK Sales Limited	0	0	143	99
Tax recoverable on donations and other incoming resources	272	106	272	106
Other debtors	274	213	147	161
Prepayments and accrued income	536	443	525	431
	1,311	784	1,316	819

12. Amounts accrued for legacies

	Group & charity 2011 £'000	Group & charity 2010 £'000
Balance at 1 January	22	418
Entitlements	9,140	9,870
Receipts	(8,933)	(10,266)
Balance at 31 December	229	22

At 31 December 2011, legacies which had been notified but not recognised as incoming resources in the Statement of Financial Activities had an estimated value of £3,738,000 (2010 - £4,742,000) which had not been accrued.

13. Creditors – amounts falling due within one year

	Group 2011 £'000	Group 2010 £'000	Charity 2011 £'000	Charity 2010 £'000
Amounts committed to grants (note 7)	6,461	7,213	6,461	7,213
Trade creditors	681	631	632	617
Tax and social security	241	215	241	215
Accruals	417	553	363	545
Deferred income	598	795	569	771
Other creditors	115	135	109	110
	8,513	9,542	8,375	9,471

Deferred income consists principally of project grant funding for the Monument Trust Discovery Award (further details in note 15) - for which £771,000 was deferred at 31 December 2010 (released in 2011) and £540,000 at 31 December 2011.

14. Creditors – amounts falling due after more than one year

	Group 2011 £'000	Group 2010 £'000	Charity 2011 £'000	Charity 2010 £'000
Amounts committed to grants (note 7)	5,737	6,137	5,737	6,137
	5,737	6,137	5,737	6,137

15. Statement of funds

	Balance at 1 January 2011 £'000	Total incoming resources £'000	Total resources expended £'000	Transfers £'000	Net gains on investments £'000	Balance at 31 December 2011 £'000
Unrestricted funds						
– Amounts held in fixed assets	2,482	0	0	(75)	0	2,407
– Other funds	12,740	17,247	(18,328)	826	259	12,744
Total unrestricted funds	15,222	17,247	(18,328)	751	259	15,151
Restricted funds						
Friendship and support	562	386	(481)	0	0	467
Geographical	398	899	(1,036)	0	0	261
Research projects	1,168	1,696	(2,325)	0	0	539
Research: Monument Trust Discovery Award	0	981	(981)	0	0	0
Research: BIG Lottery Sleep Project	75	166	(111)	0	0	130
Information	81	96	(55)	0	0	122
Local groups	1,094	459	(364)	(751)	0	438
Total restricted funds	3,378	4,683	(5,353)	(751)	0	1,957
Total funds	18,600	21,930	(23,681)	0	259	17,108

Restricted funds

Friendship and support funds are used to provide support for people affected by Parkinson's, including Parkinson's nurses.

Geographically restricted funds are used to fund local services for people affected by Parkinson's in specific regions in the UK.

Research funds are used to meet the direct costs of the charity's medical research projects.

The Monument Trust Discovery Award is a five-year project, funded by the Monument Trust, aimed at understanding the early pathological pathways of Parkinson's. A total of £2m had been received from the Monument Trust between 2009 and 2011 for the project. The unspent balance of this income has been deferred to 2012.

The BIG Lottery Sleep project is a three-year research project investigating sleep disturbances amongst people with Parkinson's.

Information funds are used to meet the cost of creating information resources for people with Parkinson's and for health care professionals.

Restricted funds held by local groups are primarily used to provide friendship and support at a local level.

Transfers

Certain restricted income received by some local groups was spent for the purposes for which it had been given, but had been recorded as unrestricted expenditure within national programmes. Following a detailed review, £751,000 has been transferred from local group restricted to unrestricted funds.

Analysis of net assets between funds:

	Unrestricted funds £'000	Restricted funds £'000	Total funds £'000
Tangible fixed assets	2,407	0	2,407
Investments	17,381	0	17,381
Current assets	9,613	1,957	11,570
Liabilities	(14,250)	0	(14,250)
Net assets	15,151	1,957	17,108

16. Related and connected party transactions

In accordance with Financial Reporting Standard 8 the charity discloses the following related party transactions.

During 2011, the trustees awarded new research grants as summarised below to projects involving members of the charity's Research Advisory Panel in their capacity as research professionals:

Member	Organisation	£'000
Prof Peter Brown	University of Oxford	126
Prof David Burn	Newcastle University	29
Dr Maeve Caldwell	University of Bristol	35
Prof Lynn Rochester	Newcastle University	32
Dr Richard Wade-Martins	University of Oxford	95
Dr Matthew Wood	University of Oxford	417

The above individuals did not participate in the decisions to award grants to their respective organisations.

17. Operating lease commitments

As at 31 December the charity had annual operating lease commitments as set out below:

	2011 Land and buildings £'000	2011 Other £'000	2010 Land and buildings £'000	2010 Other £'000
Operating leases which expire:				
– within one year	10	36	23	28
– in two to five years	0	170	0	215
	10	206	23	243

18. Grants received

In accordance with agreements entered into with grantors, the charity acknowledges the receipt of the following restricted grants included within the total grant income of £301,000 in the Statement of Financial Activities.

Grantor	Activity	£'000
The BIG Lottery Fund	Characterisation and progression of sleep disturbances in Parkinson's	166
The BIG Lottery Fund	Information and support worker – Liverpool Central Branch	19
The BIG Lottery Fund	Information and support worker – Barnsley Branch	15
The BIG Lottery Fund	Conductive education – Romsey Branch	10
The BIG Lottery Fund	Conductive education – Bristol Branch	10
Long Term Conditions Alliance Scotland	Self-management of sleep project	10
Reading Borough Council	Carer support – Reading Branch	10
Reading West Primary Care Trust	Therapy activities – Reading Branch	8
South Gloucestershire Council	Exercise activities – Bristol Branch	7
South Lanarkshire Council	Various activities – Lanarkshire and Glasgow South Branch	6

19. Neurological Commissioning Support (NCS)

NCS is a joint venture between Parkinson's UK, the Motor Neurone Disease Association and the Multiple Sclerosis Society for which Parkinson's holds a one-third share. The purpose of NCS is to improve the health, well-being and social care related outcomes for people with long term neurological conditions by providing consultancy and other services to help primary care trusts and local authorities improve the way they commission services. In 2011, Parkinson's UK's share of gross incoming resources for the year was £103,000 (£7,000 net of costs). At 31 December 2011, the charity's share of net assets was £7,000 (assets £117,000, liabilities £110,000) (2010: nil).

Thank you

We would like to give a heartfelt thanks to everyone who contributed to the success of Parkinson's UK in 2011.

We can only go on making a difference to people's lives because of the generosity of the thousands of people and organisations who give their money, time and support to our work. Although it is not possible to mention every single person or organisation that has supported our work over the course of 2011, we would like to give particular thanks to:

Our Patron

HRH The Duchess of Gloucester

Our members

The size of our membership gives us a strong position to influence decision makers. Thank you to everyone who joined Parkinson's UK or renewed their membership in 2011.

Our volunteers and local groups

Our volunteers bring skills, experience, energy, enthusiasm and commitment to Parkinson's UK. Our trustees, 360 local groups, fundraisers and volunteers are integral to our work. Thank you for everything that you do.

In 2011, we were delighted to grant Honorary Life Memberships to the following volunteers in recognition of their outstanding contribution to the charity over many years:

Mrs Anna Allott, Banbury Branch

Mrs Kathleen Cain, St Helens Branch (sadly now deceased)

Mrs Dorothy Close, North West Somerset Branch

Mr Jim Gibbons, Canterbury Branch

Mr Don Herring, Slough and District Branch

Mr John Horrex, Canterbury Branch

Mrs Betty Howe, Ashford Branch

Mrs Joyce Malcolmson, Kingston, Sutton and Epsom Branch

Mrs Avril Mattinson, Oldham Branch

Mrs Anne Mercer, Warrington Branch

Mr Alan Naylor, West Hertfordshire Branch

Mrs Sylvia Prankard, Wrexham and North East Wales Branch

Mrs Maureen Rice, Aylesbury Branch

Mrs Isabel Stevenson, Sunderland Branch

Mrs Jean Stockley, Chelmsford Branch

Mrs Doreen Stott, Rochdale Branch

Mr & Mrs Brian and Mary Toby, Kettering and District Branch

Mrs Toni Wild, Bolton Branch

Lucianne Sawyer, Nominations Panel, Board of Trustees

Jerry Playfer, Board of Trustees

Our staff

Our staff are highly skilled people who are passionate about their work. Their tremendous effort across the year means that Parkinson's UK has shown huge progress on all fronts.

Charitable trusts and foundations

We continue to value the generosity of all charitable trusts and foundations that support Parkinson's UK. Our special thanks however go to the following for making a special contribution to our work in 2011:

The Harry Bacon Foundation

The BIG Lottery Fund

Frank Brake Charitable Trust

William A Cadbury Charitable Trust

The Childwick Trust

Colyer-Fergusson Trust

Doughty Hanson Charitable Foundation

East London Community Foundation

The Freemasons' Grand Charity

Kinsurdy Charitable Trust

George John and Sheilah Livanos Charitable Trust

J Macdonald Menzies Charitable Trust
The Medtronic Foundation
The Medlock Charitable Trust
The Monument Trust
The Edith Murphy Foundation
Santander Foundation
The Thompson Family Charitable Trust
The Anne & John Walters Charitable Trust
Allan Willett Foundation
The Wixamtree Trust
The Zochonis Charitable Trust

Companies and other organisations

The support of all our partners remains crucial to our success as a charity. We would like to give a special thank you however to the following for their contribution in 2011:

Aberdeen Asset Management
Abbott
APSE
Boehringer Ingelheim Limited
Deutsche Bank AG London
Friends of Windle Pilkington House
Genus Pharmaceuticals Ltd
GlaxoSmithKline UK Pharma
Alan Edward Higgs Charity
Hull Braves' Guild
Kingston Upon Hull County Council
Lord Mayor's Charity
Lundbeck Ltd
Orion Pharma UK Ltd
Province of Yorkshire, West Riding
Redeem
Rotary Clubs across the UK
Sainsbury's (Hornchurch)
UCB Pharma Ltd
Working at Height

Those who remembered Parkinson's UK in their will

Without the generosity of these people, our work would not be possible. Legacies are vital to our work – enabling us to carry out our support and research.

Individuals who have made a special contribution to our work in 2011:

Mr and Mrs Blunt
Mark and Liza Loveday
Mr and Mrs Salway
Mrs Fiona Wilson MBE

Celebrities

Lastly a special thank you to the following celebrity supporters for their help during 2011. We look forward to continuing to work with them.

Jane Asher, President
Richard Briers CBE, Honorary Vice President
Michael Aspel OBE
Clare Balding
Alan Carr
Rob Deering
Joanne Harris
Jane Hill
Gary Lineker OBE
Matt Lucas
Graham Norton
Paul Potts
Esther Rantzen CBE
Denise Robertson MBE
John Stapleton

