

Parkinson's Disease Society of the United Kingdom  
(trading as Parkinson's UK)

# Trustees' report and financial statements

31 December 2009

**Parkinson's Disease Society of the United Kingdom**

A company limited by guarantee and registered in England and Wales (948776)

A charity registered in England & Wales (258197)

A charity registered in Scotland (SC037554)

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# Report from the Chair and the Chief Executive

It is such an exciting time for our charity as we look to the future as Parkinson's UK. This report highlights our achievements during 2009, our 40th anniversary year and our final year as the Parkinson's Disease Society.

During this important year, we reflected on our achievements over the last four decades. We stepped up our campaigning, raised our profile and reached more people than ever before with our information and support. We also focused on the future, developing our ambitious plans to find a cure and improve life for everyone affected by Parkinson's.

In our anniversary year, we reviewed our 40 years of progress in research and transformed the profile of Parkinson's research in the UK with our award winning Brain Donor Appeal. With the fantastic support of Jane Asher, Jeremy Paxman and John Stapleton we generated more than 700 pieces of media coverage that significantly raised awareness of brain donation among the general public and recruited an extra 2,818 brain donors to support Parkinson's research.

We launched our Fair Care for Parkinson's campaign to make sure everyone can get the services they need, wherever they live. This message is being heard by Ministers and policy makers across the UK. Our local work secured another 25 new Parkinson's nurse posts and the charity has invested over £9 million in specialist nurses.

Our education teams of staff and volunteers delivered a record number of training events to help health and social care professionals provide better care and support to their patients and clients. The feedback on this training has been extremely positive.

Our raised profile helped us reach more people in 2009. We now have a national network of information and support workers, who provided support to more than 10,700 individuals and helped people get £6.8 million in benefits. Our local teams organised 489 information events across the UK, attended by more than 20,000 people. Our helpline service continued to develop, introducing a range of service improvements to meet the expectations of our users. The number of enquiries increased to 18,251.

Our branches and support groups delivered a huge amount of day-to-day support to many people, led by our dedicated teams of volunteers. Our local groups are at the heart of the organisation and are the legacy of Mali Jenkins, who founded the charity in 1969.

In 2009 we also focused on the future. We developed our ambitious research strategy aimed at delivering a cure for Parkinson's. We identified the key research priorities and we're grateful that the Monument Trust is supporting this strategy, with an incredibly generous grant of a £1 million per year for the next five years. Through this donation we have been able to fund an exciting new long-term research project at Oxford University, under the leadership of Richard Wade-Martins.


Finally, we embarked on a major process of talking with our members and supporters to find out how people wanted us to build on our achievements and shape the future. Through this listening process, we developed our new name, bold new identity and the ambitious five-year strategy that has been launched in 2010.

The economic downturn of 2009 had an impact on the charity with a lower than expected level on income. It is encouraging that in 2010 we are seeing income start to grow again.

However, it is in times of economic uncertainty that we are particularly grateful for the faithful and determined support of all our members and volunteers, staff and supporters. There is a real confidence that together we can find a cure and improve life for everyone affected by Parkinson's.



Melinda Letts  
Chair



Steve Ford  
Chief Executive

# Our achievements

Our planned 2009 activities to achieve our charitable and strategic objectives for the benefit of people with Parkinson's and the public were to:

## **Launch a campaign to ensure everyone with Parkinson's gets the services they need, wherever they live**

Our 2008 Members' Survey exposed the serious gaps in care for people affected by Parkinson's. In response, in 2009 we launched our Fair Care for Parkinson's campaign, to make sure that everyone affected by Parkinson's gets the services they need. The campaign draws on evidence from a major All Party Parliamentary Group Inquiry into Parkinson's services, carried out with our support. Through meetings with Ministers and senior officials across the UK, partnership with other organisations and lobbying by our campaigns network we have already made progress towards our campaign goals, securing commitments to review and monitor services and improve leadership for neurological care.

## **Pilot self-care programmes for people with Parkinson's and their carers**

We developed an exciting new approach to enable people affected by Parkinson's to share ideas and support each other to manage the condition. In partnership with US company Health Interactions, we created conversation maps to provide visual prompts to help people discuss different aspects of living with Parkinson's. We tested these successfully with small groups, and are now looking at how to make this type of support available across the UK. We believe these programmes will help us to make sure more people, particularly those who are newly diagnosed, get the information and support they need.

## **Increase education about Parkinson's to health and social care professionals with a particular focus on those working in care homes and general practices**

We delivered 975 training events in 2009, reaching more than 12,800 health and social care professionals, including staff from 1,636 individual care homes and 205 GP surgeries. 80% of care home participants who responded to a follow-up survey felt that their training had enabled them to deliver better care for people with Parkinson's. All the GPs who responded to a survey said that their practice team had benefited as a result of the training.

## **Develop a tool to enable clinicians to assess the implementation of the NICE Guideline for Parkinson's**

An audit tool was piloted in association with the British Geriatric Society in 2008. This was completed by 18 centres, including both neurologists and geriatricians. Following feedback from participants, a modified tool was released in summer 2009, with 45 participating centres covering 60 NHS trusts and boards throughout the UK and Guernsey. This assessed services available in participating centres, as well as the patient pathway following their first specialist appointment. The data gathered from 1,256 patients has been analysed and a full report is in preparation. The details of the audit will be circulated to trusts and strategic health authorities to encourage participation in the 2010 audit.

## **Establish new Parkinson's nurse posts**

We agreed to fund 25 new Parkinson's nurse posts in 2009. We were pleased to see many of the health boards and trusts that had been particularly hard to influence responding to

approaches from our local service development staff. In May 2009, the Board of Trustees agreed to focus our future development of Parkinson's nurse posts on areas where there was no, or very limited, access to a Parkinson's nurse. By the end of 2009, the number of Parkinson's nurse posts had increased from 268 to 289, with posts in previously uncovered areas, such as the counties of Hertfordshire and Devon.

### **Increase our contact with people affected by Parkinson's by 50% through our network of information and support workers**

We had a UK-wide information and support service in place for the first time in 2009, with 115 information and support workers offering support in every part of the UK, Channel Islands and the Isle of Man. They provided information and support to more than 10,700 people in 2009 and helped people get £6.8 million in benefits, more than double the amount in 2008.

Users of the service were surveyed in late 2009 and 97% of the respondents said they found the service satisfactory or better than satisfactory. 96% of respondents received a home visit within the timescale they needed it and 92% would recommend the service to other people. Comments from service users were overwhelmingly positive – summed up by the following quote:

“I was only diagnosed in July and could not have had better support. I am very impressed with the information, help and support we, as a family, have received.”

### **Ensure 80% of helpline callers are getting through first time as part of our improvement programme**

We took forward a major improvement programme to make sure our helpline responds to the needs of people affected by Parkinson's. Involving users at every stage, we made significant changes to the service so that people could get through more easily. As a result, 86% of callers were able to get straight through to an advisor by the second half of 2009, and we are aiming for further improvements. We also worked to make the service more accessible, by offering an interpreting service and support for people with hearing difficulties.

### **Develop a further online model for GPs, to help them manage the full range of Parkinson's symptoms**

Following the success of the online training course for GPs, covering initial assessment and referral, we commissioned BMJ Learning to develop a further course to help GPs manage non-motor symptoms. By the end of 2009, 5,492 GPs and primary care professionals had completed the module on initial assessment, and 2,166 had completed the non-motor symptom module. Evaluation of the modules has been extremely positive with demonstrable improvements in knowledge of Parkinson's.

### **Launch the Brain Donor Appeal**

A nationwide appeal was launched during Parkinson's Awareness Week for people to sign up to donate their brains to research and to help discover a cure for Parkinson's. The main objectives were to raise awareness, of the charity and our Brain Bank, among a mass audience. We wanted to reach out to people who currently have no relationship with us,

particularly those affected by Parkinson's. We also wanted to recruit an extra 1,000 people on to the Brain Donor Register by the end of December 2009. 6,647 people requested information and, subsequently, 2,818 had signed up to the Register by the end of the year.

The appeal was supported by major celebrities including Jane Asher, Jeremy Paxman and John Stapleton. An added news hook included a national poll of the general public about their views on brain donation and Parkinson's. The Brain Donor Appeal achieved blanket coverage across national and regional print, broadcast and online media, as well as penetrating the international media. In total the campaign achieved 738 pieces of media coverage in five days. It also won two major media awards: best not-for-profit communications campaign, PR Week Awards 2009, and best communications campaign, Third Sector Excellence Awards 2009.

#### **Initiate a new online research grant application system to streamline the process**

The charity's web-based research grant application tool went live in June 2009 for the innovation, studentship and project grant applications submitted in autumn 2009. Despite some problems associated with a bespoke software system, there was generally positive feedback from the applicants and the reviewers. It has been used for all subsequent research grant applications. Previously awarded grants are also being uploaded on to the database to ensure that all relevant information is available in a consistent format. The database will be fully functional in 2010 and this will add significant functionality, such as allocating funds raised to specific research projects and streamlined monitoring of grants awarded.

#### **Develop the role of members and volunteers in the research process**

A consultation took place with our Special Parkinson's Research Interest Group (SPRING) and Research Network (who play a key role in for the assessment of research grant applications) to discuss closer involvement of members in a variety of research activities. It was agreed that these should be merged into a larger group whose remit will include research fundraising, campaigning and raising awareness among members by working more closely with branches. The body will continue to play a pivotal role in the assessment and monitoring of research projects.

#### **Deliver a programme of information events in all parts of the UK**

Information and support managers across the UK organised 489 information events in 2009, with more than 20,000 people attending. These gave people an opportunity to get information, meet others with Parkinson's, hear from speakers and also see information from a range of other organisations that could help them. Each event is tailored to suit the needs of local people. They range from informal 'drop-in' events where people can come to speak with other members or people with Parkinson's, to events for specific audiences – for example carers days or events for people with Parkinson's who are of working age. We organised 25 events for carers and 18 events for younger people with Parkinson's in 2009.

#### **Ensure all branch committee volunteers have received the charity's induction, health and safety training and support**

We began this work in 2008 and by the end of 2009 our branch and volunteer support officers had delivered training to all existing



volunteers. Over the two years, we delivered induction training and refreshed existing volunteers' knowledge about their roles and the charity. This meant working with almost 1,200 people, 733 of whom were inducted in 2009. We also provided health and safety training for 805 people, making a total of more than 1,850 of our branch committee members trained in the two year period. There was an increase in the number of new volunteers joining the charity to help in their local area in 2009. 425 new volunteers were inducted by local staff in 2009, compared with 267 in 2008.

### **Develop a Research Strategy**

We have developed an ambitious research component as part of the charity's overall strategy for the 2010–2014 period. This was prepared following extensive consultation with researchers in the UK and abroad. It reflects the critical areas of research that will help us to achieve our ultimate goal of finding a cure for Parkinson's and improving the existing treatments. Elements of this strategy formed the basis of the call for applications for the Discovery research programme, which secured funding from the Monument Trust in September 2009.

The research strategy focuses on three of our primary goals:

(i) increasing our understanding of the biochemistry of Parkinson's; (ii) the development of better animal models of the condition and (iii) the identification of early markers of the condition, which will allow for earlier treatment to halt the progression of the death of nerve cells. These strands are interwoven and complement other research projects funded by the charity. The Discovery research programme will form a key element of the charity's exciting and innovative five-year research strategy and will allow us to maintain our focus of an ultimate cure for Parkinson's.

# Our plans for 2010

At the end of 2009, we developed a new five-year strategy with six high-level goals:

**Goal 1:** No one will have to face Parkinson's alone.

**Goal 2:** We will listen and be responsive to the needs of all people affected by Parkinson's.

**Goal 3:** We will improve life for everyone living with Parkinson's.

**Goal 4:** Our leadership in research will have resulted in better treatments and progress towards a cure.

**Goal 5:** We will raise more than £110 million to meet the costs of delivering our ambitious plans.

**Goal 6:** We will be a united, focused and effective organisation.

To achieve these goals in 2010, we will do the following.

## **No one will have to face Parkinson's alone.**

- Target and shape our services to meet the needs of under-represented groups
- Establish a network scheme to improve our communication with professionals
- Develop our website and use social media channels to reach new people

## **We will listen and be responsive to the needs of all people affected by Parkinson's.**

- Further involve service users in the development and evaluation of all our activities
- Roll out a clear framework and standards for customer care

- Secure accreditation for our information resources and advisory services

## **We will improve life for everyone living with Parkinson's.**

- Use all possible routes to help establish and maintain Parkinson's nurse posts
- Campaign on key issues for people affected by Parkinson's
- Respond to the training and information needs of professionals

## **Our leadership in research will have resulted in better treatments and progress towards a cure.**

- Explore connections with other funding bodies and the potential for research collaboration
- Emphasise key research topics in calls for grant applications
- Develop a communication strategy to disseminate outcomes of research funded by the charity

## **We will raise more than £110 million to meet the costs of delivering our ambitious plans.**

- Improve understanding and engagement with our supporters
- Raise £18.9 million to meet the costs of our ambitious plans for 2010

## **We will be a united, focused and effective organisation.**

- Improve communication with members and branches
- Roll out our new brand to all key audiences

# Legal and administrative information

## Charity details

**Parkinson's Disease Society  
of the United Kingdom  
(trading as Parkinson's UK as of April 2010)**

215 Vauxhall Bridge Road  
London SW1V 1EJ

A company limited by guarantee and registered  
in England & Wales (948776)

A charity registered in England & Wales  
(258197)

A charity registered in Scotland (SC037554)  
A Trust Corporation

## Professional Advisors

### Auditors

Horwath Clark Whitehill LLP  
St Brides House  
10 Salisbury Square  
London EC4Y 8EH

### Bankers

Royal Bank of Scotland  
97 New Bond Street  
London W1Y 0EU

### Investment managers

Newton Investment Management Limited  
160 Queen Victoria Street  
London EC4V 4LA

### Solicitors

Wilson Solicitors LLP  
Steynings House  
Summerlock Approach  
Salisbury  
Wiltshire  
SP2 7RJ

## Board of Trustees

### Appointed

Paul Boothman, Vice Chair  
Mark Goodridge (joined 09/2009)  
Dr Jeremy Playfer MD, FRCP(Lon)  
Ralph Tingle BA, CIPFA, Hon Treasurer

### Elected

Jackie Campbell MBE  
(Trustee from Northern Ireland)  
Colin Cheesman LLB, Hon Secretary  
(Trustee from England)  
Terry Kavanagh (joined 09/2009)  
(Trustee from England)  
Melinda Letts OBE, MA(Oxon), Chair  
(Trustee from England)  
Alun Morgan  
(Trustee from Wales)  
Elizabeth Wolstenholme CBE, BA(Hons)  
Vice Chair (Trustee from England)  
Iain Young CEng  
(Trustee from Scotland)

### The following Trustees left the Board in 2009

Mark Dumas  
Susann Hill BA DipSocSc, AIMSW  
Shirley Ratcliffe MB, BS, FRCP

## Committees and Senior Executive Team

### Executive Committee

Melinda Letts OBE, MA(Oxon), Chair  
Colin Cheesman LLB  
Ralph Tingle BA, CIPFA  
Elizabeth Wolstenholme CBE, BA(Hons)  
Iain Young CEng

### **Audit Committee**

Sarah Brown OBE, BA (Chair)  
Ralph Tingle BA, CIPFA  
Karin Norman BSc(Hons)  
Iain Young CEng

### **Nominations Panel**

Patrick Mark (Chair)  
Colin Cheesman LLB  
Elaine Fear BA(Hons)  
Melinda Letts OBE, MA(Oxon)  
Lucianne Sawyer CBE  
Ralph Tingle BA, CIPFA

### **Investment Committee**

Mark Dumas (Chair)  
Sarah Brown OBE, BA  
Karin Norman BSc(Hons)  
Christopher Robinson  
John Yeldham  
Ralph Tingle BA, CIPFA

### **Subsidiary Bodies**

Research Advisory Panel  
Professor Paul Bolam BSc, PhD (Chair)  
YPN (Younger Parkinson's Network)  
Tina Walker (Chair)  
SPRING (Special Parkinson's  
Research Interest Group)  
Charles Holme (Chair)  
Scottish Council  
Iain Young CEng (Chair)  
Northern Ireland Council  
Jackie Campbell MBE (Chair)  
Wales Council  
David Price (Chair)

### **Executive Team**

Steve Ford BA(Hons), Chief Executive  
Dr Kieran Breen BSc, PhD, Director of  
Research and Development  
Nicola Brian BSc, Director of Communications  
Valerie Buxton RGN, PGDipHV, BA(Hons), MA,  
Director of Policy, Campaigns and Information  
Lester Corp BSc (Econ), FCA, FCMI,  
Director of Finance and Administration  
(until 30/09/2009)  
Laurence Herbert, Acting Director of Finance  
(until 31/05/2010)  
Paul Jackson-Clark BSocSci,  
Director of Fundraising  
Carolyn Nutkins DipHE, MCIPD,  
Director of Human Resources  
Rachel Raymond BSc, MBA, MCMI,  
Director of Community Services

### **Patron**

HRH The Duchess of Gloucester GCVO

### **President**

Jane Asher

### **Hon Vice President**

Richard Briers CBE

### **Vice Presidents**

Lord Ashley of Stoke  
John Bowis OBE, MEP  
Jeremy Browne MP  
Professor Leslie Findlay TD, MD, FRCP, DCH  
Baroness Susan Greenfield CBE  
Lord Harrison  
Geraldine Peacock OBE  
Dr Brian Pentland MB, ChB, FRCPEd  
Dr Thomas Stuttaford MB  
Lady Gillian Howard de Walden  
Lord Walton of Detchant

# Report of the Trustees

For the year ended 31 December 2009

The Trustees present their report and audited financial statements for the Parkinson Disease Society of the United Kingdom ('the charity') for the year 1 January 2009 to 31 December 2009. The report and audited financial statements will be laid before the members of the charity at the Annual General Meeting to be held on 11 September 2010. In preparation of this report, the Trustees had regard for the Charity Commission guidance on public benefit.

## Our objectives

Our principal objectives, as derived from the objects set out in our Memorandum of Association, are to relieve the suffering of people with Parkinson's, and to promote research into the causes, prevention and cure of Parkinson's and the dissemination of the results of research, for the benefit of the public.

The charity is the leading organisation working on behalf of people with Parkinson's. Through our local and national networks, we provide people with Parkinson's with information and support and drive forward the search for better treatments and a cure, by encouraging and funding research.

## Our structure, governance and management

### Legal status

The charity was founded in 1969 by Mali Jenkins, whose sister had Parkinson's. It is a charitable company limited by guarantee. The charity formally adopted the operating name Parkinson's UK on 8 April 2010, but throughout 2009 was known as the Parkinson's Disease Society and the PDS.

### Our management

The Board of Trustees is the governing body of the charity. The Board delegates operational

planning and day-to-day management, including financial authority, to the Chief Executive and through him to the Directors and staff, within approved limits. The performance of the Chief Executive is overseen by the Board through reports and briefings presented by him and the Directors and others at Board meetings and at the major annual Plan and Budget meeting.

## Our branches and groups

Through a network of 233 branches and 126 support groups across the UK, Channel Islands and Isle of Man, the charity provides activities, mutual support and companionship for people with Parkinson's, their families and carers, as well as making a valuable contribution to the campaigning and support work of the charity at a local level.

The charity also has two special interest groups – SPRING, for members with a particular interest in research, and YPN, the Younger Parkinson's Network – which are subsidiary bodies.

Branches, support groups and the special interest groups fall under the governance and constitution of the charity and are not separate legal entities nor autonomous. However, the Board of Trustees delegates certain responsibilities to their committees through Rules and Guidelines.

## Our trading arm

The charity owns the entire share capital of P.D.S. (Sales) Limited, registered in England and Wales (01575175). The principal activity of P.D.S. (Sales) Limited is the sale of Christmas cards, stationery and general gift items. The company donates its profits to the charity, thereby making a useful contribution to the funds available to the charity. Its results are shown on page 26 in note 3.

## **Our Board of Trustees**

The Board of Trustees is responsible for the overall governance, policy and work of the charity. The Trustees are volunteers and do not receive any remuneration for their services, but may claim reasonable expenses properly incurred in connection with attendance at meetings or other duties. The Board of Trustees meet formally six or seven times every year.

The Board is responsible for directing the affairs of the charity, and ensuring that it is solvent, well run, and delivers charitable outcomes for the benefit of people affected by Parkinson's, in accordance with Charity Commission guidance.

Our Articles of Association provide for the charity to have seven elected Trustees (four from England and one each from Northern Ireland, Scotland and Wales) and five appointed Trustees. The members of the Board of Trustees during 2009 are listed on page 11.

Trustees serve a term of four years and may be elected to serve a further consecutive term of four years. If a Trustee stands down before the end of their term, another Trustee may be elected or appointed to serve for the remainder of that term. Trustees may stand for re-election provided they have not already served for a continuous period of six or more years, in which case they must stand down for at least one year.

The Board may also co-opt up to two Trustees, usually to meet an identified skills gap or need. Co-opted Trustees serve for a period of one year, may be co-opted for a second year and may thereafter stand for election or appointment.

The full criteria for candidates for election as Trustees are set out in the Articles of Association, and anyone may stand who has

been a member of the charity for at least 12 months, lives in the electing country where the vacancy occurs, is not employed by the charity and has not undertaken paid work for the charity within the previous three years. Candidates for election must be nominated by five members also living in the relevant country, not more than three of whom shall be members of any one branch or support group. If more than one candidate stands for a vacancy, election is by postal ballot, with all members living in the electing country eligible to vote.

The five appointed Trustees may be recruited from within or outside the charity (though in the latter case, they must become members prior to their appointment). Following a thorough recruitment and selection process, usually undertaken by the Nominations Panel, recommendations are made to the Board, who make the final decision. The overall aim is to ensure a good mix of skills on the Board and that succession planning needs are met.

### **Statement of Trustees' responsibilities**

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the Trustees to prepare financial statements for each financial year in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards) and applicable law.

Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its net outgoing resources for that period. In preparing these financial statements, the Trustees are required to:



- select suitable accounting policies and then apply them consistently
- make judgments and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue to operate

The Trustees are responsible for keeping proper accounting records that are sufficient to show and explain the charitable company's transactions, disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006 and Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

So far as each of the Trustees at the date of this report is aware, there is no relevant audit information of which the charity's auditor is unaware. Each trustee has taken all the steps that he/she ought to have taken as a Trustee in order to make himself/herself aware of any relevant audit information and to establish that the charity's auditor is aware of that information.

### **Trustee training**

The charity tries to ensure that anyone interested in standing as a Trustee is fully informed of what the role entails. New Trustees are provided with

a detailed briefing pack, attend an induction programme at the charity's offices, and are linked with an experienced Trustee, who acts as a mentor. All Trustees are invited to attend regular briefing sessions on particular aspects of the charity's work. Other internal or external training is currently offered on an ad hoc basis, as required by individual Trustees.

### **Board committees**

The following committees support the Board.

The **Executive Committee** is a committee of the Board, primarily comprising the Honorary Officers, but with the option to include not more than three other Trustees. The Committee may be called upon to meet if there is an urgent decision to be made which cannot await a meeting of the full Board. On the rare occasions when this may occur, the Committee will report to the Board at the earliest opportunity. In 2009, the Committee did not meet.

The **Audit and Investment Committee** is responsible for investigating, reviewing, reporting and advising on the charity's governance, financial and asset management, internal and external audits and the effectiveness and efficiency of its operational processes. The Audit and Investment Committee met four times during 2009, in addition to telephone and email consultations. The Audit and Investment Committee also reviews the audited financial statements of the Charity and recommends them to the Board.

In October 2009, the Board divested the investment function from the Audit Committee and established a separate **Investment Committee**. The Committee is responsible for reviewing and monitoring the performance of the charity's investment portfolio and making appropriate investment recommendations to the Board. The Committee is made up of

independent professionals and Trustees. The newly formed Investment Committee did not meet in 2009.

The **Nominations Panel**, made up of independent advisers and Trustees, is responsible for recommending the recruitment of appointed and co-opted Trustees to ensure that the Board has the full range of skills and expertise required to undertake its role effectively. The Panel held two formal meetings during 2009.

The **Research Advisory Panel**, comprising experts from a range of scientific, clinical, therapeutic and social care specialties, plus lay members, advises the Board on research matters, in particular the award of grants and fellowships and the commissioning of research in areas identified as a priority by members. The Panel, which met twice during 2009, is itself supported by the Research Network of members with a particular interest in research, and by a wide network of external specialists who review submitted grant proposals.

### **Relationships with other organisations**

The charity is a member of a number of umbrella organisations and works collaboratively with a range of statutory and voluntary bodies, especially other neurological charities and carers' organisations. The charity endeavours to establish and maintain good working relationships at national and local levels with health and social care providers.

### **Grant-making policy and practice**

The charity makes grants in three main areas:

- **Research**, through both commissioning and supporting research projects, including the Brain Tissue Bank at Imperial College. Invitations for project applications (whether open submissions or for specific commissioned areas of research) are placed

in relevant professional journals, and the resultant applications are then scrutinised by expert panels and undergo peer review before successful applications are presented to the Board for its approval. The charity also offers Innovation Grants (to a maximum of £35,000), which are intended to support pilot projects and encourage clinical practitioners to take up research, Career Development Awards for post-doctoral researchers, and PhD studentships. Grants awarded and paid during the year are shown on page 29 in note 7.

- **Parkinson's nurses**, where the charity 'pump primes' the employment of a Parkinson's nurse (usually for one or two years). This is done in response to recognised local need, often with branch support, and through negotiation with the relevant NHS commissioning authority, which must assure the charity that they will continue funding the post once the pump priming period ends. Details of such funding during 2009 are shown on page 29 in note 7.
- **The Mali Jenkins Help Fund** is administered by the charity's Advisory Services team, and aims to help people with Parkinson's who are on low income and in need of short respite breaks or items of equipment that they cannot obtain through statutory services. The fund covers equipment or home adaptations (up to £1,500), respite breaks for the person with Parkinson's or their carer (up to £1,000) and other items, e.g. domestic appliances (up to £500). Grants awarded and paid during the year are shown on page 29 in note 7.



## Our finances

### Financial review and results for the year

The charity's consolidated accounts for the year are on pages 22–33. A summary of the financial results for the year is set out below.

In 2009, the charity consolidated its services available at a local level to support people with Parkinson's and their carers and families, having completed expansion the previous year. Under the Strategic Plan for 2007–2009, the 'Support for All' programme was partly paid for by funds raised by the charity's branches. £7.6m of the charity's total reserves at 31 December 2009 were held in the branch network. Approximately £1.3m of these reserves are pledged over time to meet the commitment to fund the additional costs to the end of 2010.

The charity's accumulated funds buy time for the charity to set about increasing its annual sustainable income to the higher level of planned expenditure. The financial strategy intends that increased levels of fundraised income will have achieved annual equilibrium with the increased annual expenditure no later than the time when funds have been reduced to the agreed minimum level to properly finance the charity's operations. The charity remains broadly on course to realise this aim, despite the deepening financial crisis in the UK economy.

### Incoming resources

Total income decreased by £1.1m to £17.1m, compared to 2008.

Income from legacies reduced by £1.2m, an effect experienced right across the charity world. Donations income, however, held up well, increasing 3%. Income from events increased nearly £0.5m to £3.2m.

The dramatic reduction in interest rates and earnings from government bonds resulted in lower investment income for 2009 – £0.3m compared to nearly £0.9m the previous year.

Included in total income is £3.5m raised by our branches, the same as the amount raised in the previous year.

### Resources expended

Total expenditure increased by about 5% from £20.7m in 2008 to £22m in 2009.

The cost of generating funds was virtually unchanged at £2.8m. Expansion that was originally budgeted for 2009 was scaled back during the year, in step with lower income expectations.

Total expenditure on charitable activities, excluding governance costs, increased by 6%. Expenditure on new research grant awards and other research work dropped very slightly from £4.9m last year to £4.8m in 2009. Spending on new Parkinson's nurse awards was maintained at £1.6m. The expansion of the regional teams and level of activities during 2008 was maintained in 2009. Demand for the charity's highly valued information and education services remained strong throughout the year.

Governance costs, which include the expenditure on conference costs associated with the Annual General Meeting, decreased slightly compared to 2008.

### Five-year Financial Strategy

The financial implications of the charity's strategy from 2010 to 2014 were set out in the Board meeting in December 2009 and agreed by Trustees. The plan is for fundraising investment to generate growth in income of about £2 million each year, an annual rate of just over 10%. This will come both from

existing supporters and by increasing the donor base.

Charitable work is planned to be maintained at 2010 levels across all areas, with improvements incorporated in line with the new strategy. Charitable expenditure is expected to increase by about 3% per annum.

Deficits will continue each year, drawing upon the charity's reserves, until 'breakeven' is achieved by 2014. Significant contributions by branches to the funding of national programmes will be needed throughout this period, so that reserves are available where the expenditure takes place.

### **Reserves policy**

The charity's policy is to maintain minimum reserves at (and not significantly above) a level which ensures that the charity's core strategic activities are able to continue in the immediate future (i.e. for at least one year).

As restricted expenditure and branch activities depend on the existence of related reserves, their corresponding reserve requirements are generally satisfied.

In accordance with this policy, the Trustees have determined that the minimum level of reserves required at 31 December 2009, excluding restricted funds and branches, amounts to £8 million. At that date this was covered by unrestricted reserves comprising the general and designated funds held for national programmes.

This reserves level and opportunities to utilise any surplus are reviewed regularly. The Five-year Strategic Plan for 2010–2014 approved by Trustees provides for services to be consolidated throughout the UK and increasing income from fundraising activities during the term of the plan.

The charity's general, designated and restricted funds, together with an indication of the purpose of each, are detailed on page 32 in note 15 of the financial statements.

### **Investment policy and returns**

The main points of the investment policy, which has been adopted by the Board of Trustees, are:

- invested funds are to be preserved and, to the extent possible, enhanced
- a balance is to be maintained between growth and income through a diversified portfolio
- the charity is prepared to accept a moderate degree of risk, consistent with the adoption of a prudent investment approach

The Trustees review the investment policy at least annually. During 2009, Trustees maintained low-risk investments in response to the exceptional investment climate in order to ensure a stable basis for the charity's future developments. Consequently, all the reserves required under the charity's reserves policy to be invested were held in UK Government Treasury Bills and UK banks with as high a credit rating as is available, as chosen by Trustees, with advice from the Audit and Investment Committee and investment managers. As far as the Trustees are aware, no investment is held in businesses whose activities conflict with the charity's objects.

### **Changes in tangible fixed assets**

The movements in tangible fixed assets during the year are set out on page 30 in note 9 to the financial statements.

### **Internal controls and risk management**

The Trustees have overall responsibility for

ensuring that the charity has an appropriate system of controls, both financial and otherwise.

The charity's systems of internal control are designed to provide reasonable assurance against material financial mis-statement or loss to the charity.

The Risk Register is monitored, updated and developed on a regular basis. This process involves:

- a remit to senior management, the Risk Committee and other sub-committees and working groups to identify the risk element in all aspects of the Charity's activities, and indicate how this will be monitored and risks minimised
- receiving regular financial management reports and comparison with agreed budgets
- developing a reserves policy which takes account of the risks of streams of income and expenditure
- reviewing Branch Rules and Guidelines and supporting and advising branches on risk management
- engaging internal and external auditors who use a risk-based approach

In addition, as part of the development of strategy, the Trustees and the Chief Executive consider risks, map these against strategic aims and set up performance measures to monitor progress.

Risks identified can be classified into:

- strategic – risks which could affect the achievement of the charity's objectives
- operational – service quality and development

- financial, internal control and fundraising
- reputational and regulatory
- loss of staff and volunteers
- physical, e.g. fire and damage to buildings and IT systems

The Risk Committee co-ordinates the work on risk management and the Audit and Investment Committee has an oversight role, reviewing the Risk Register at each meeting. The Chief Executive produces an annual Statement of Internal Control which is considered by the Audit and Investment Committee and the Trustees. Insurance cover is reviewed annually and takes account of the risk management process.

The Trustees are pleased to report that the charity's internal financial controls conform to guidelines issued by the Charity Commission.

### **Auditors**

A resolution proposing that Horwath Clark Whitehill be reappointed as auditors of the charity will be put to the Annual General Meeting in September 2010.

This report was approved by the Board on 13 July 2010.



Melinda Letts  
Chair

# Independent auditors' report

We have audited the financial statements of Parkinson's Disease Society (operating as Parkinson's UK) for the year ended 31 December 2009 set out in pages 22 to 33. These financial statements have been prepared in accordance with the accounting policies set out therein.

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006 and to the charity's trustees, as a body, in accordance with section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

## **Respective responsibilities of Trustees and auditor**

The Trustees' (who are also the directors of Parkinson's UK for the purpose of company law) responsibilities for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards) and for being satisfied that the financial statements give a true and fair view are set out in the Statement of Trustees' responsibilities.

We have been appointed auditors under the Companies Act 2006 and under section 44(1)

(c) of the Charities and Trustee Investment (Scotland) Act 2005 and report to you in accordance with those Acts.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (United Kingdom and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice and have been prepared in accordance with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006. We also report to you if in our opinion the information given in the Trustees' Annual Report is not consistent with the financial statements.

In addition, we report to you if, in our opinion, the charitable company has not kept adequate accounting records, if the charity's financial statements are not in agreement with those records, if we have not received all the information and explanations we require for our audit or if certain disclosures of trustees' remuneration specified by law are not made.

We read other information contained in the Annual Report and consider whether it is consistent with the audited financial statements. The other information comprises only the Trustees' Annual Report, and the Chair and Chief Executive report. We consider the implications for our report if we become aware of any apparent mis-statements or material inconsistencies with the consolidated financial statements. Our responsibilities do not extend to other information.

### **Basis of opinion**

We conducted our audit in accordance with International Standards on Auditing (United Kingdom and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgments made by the trustees in the preparation of the financial statements, and of whether the accounting policies are appropriate to the charitable company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material mis-statement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

### **Opinion**

In our opinion:

- the financial statements give a true and fair view of the state of the charity's affairs as at 31 December 2009 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- the financial statements have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
- the financial statements have been prepared in accordance with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006; and
- the information given in the Trustees' Annual Report is consistent with the financial statements.



Naziar Hashemi  
Senior Statutory Auditor  
For and on behalf of Horwath Clark Whitehill LLP  
Statutory Auditor, London  
28 July 2010



# Consolidated statement of financial activities (Incorporating an income and expenditure account)

For the year ended 31 December 2009

	Notes	Unrestricted funds £'000	Restricted funds £'000	2009 Total £'000	2008 Total £'000
<b>Incoming resources</b>					
Incoming resources from generated funds					
Voluntary income:					
Legacies and in memoriam		7,849	890	8,739	9,852
Donations		3,200	898	4,098	4,122
Activities for generating funds:					
Events		2,585	585	3,170	2,677
Trading activities		178	0	178	164
Investment income	2	263	39	302	864
Incoming resources from charitable activities					
Grants	18	35	325	360	268
Information and education		71	1	72	83
Membership subscriptions		125	0	125	118
Other incoming resources		57	8	65	33
<b>Total incoming resources</b>	1	<b>14,363</b>	<b>2,746</b>	<b>17,109</b>	<b>18,181</b>
<b>Resources expended</b>					
<b>Costs of generating funds</b>	6				
Cost of generating voluntary income		2,837	1	2,838	2,915
Trading activities		147	0	147	116
Investment management costs		22	0	22	22
Cost of generating funds	1, 6	3,006	1	3,007	3,053
<b>Net incoming resources available for charitable application</b>		<b>11,357</b>	<b>2,745</b>	<b>14,102</b>	<b>15,128</b>
<b>Charitable activities</b>	6				
Research		2,863	1,953	4,816	4,870
Parkinson's Disease Nurse Specialists		1,446	155	1,601	1,621
Care and service provision		8,382	861	9,243	8,357
Membership		243	0	243	219
Information and education		2,645	28	2,673	2,122
Governance costs		434	0	434	482
	1, 6	16,013	2,997	19,010	17,671
<b>Total resources expended</b>	6	<b>19,019</b>	<b>2,998</b>	<b>22,017</b>	<b>20,724</b>
<b>Net (outgoing)/incoming resources for the year before:</b>		<b>(4,656)</b>	<b>(252)</b>	<b>(4,908)</b>	<b>(2,543)</b>
Gross transfer between funds	15	34	(34)	0	0
		(4,622)	(286)	(4,908)	(2,543)
<b>Other recognised gains and losses</b>					
Net gains on investments	10	174	0	174	567
<b>Net movement in funds</b>		<b>(4,448)</b>	<b>(286)</b>	<b>(4,734)</b>	<b>(1,976)</b>
Fund balances brought forward at 1 January	15	20,717	3,707	24,424	26,400
<b>Fund balances carried forward at 31 December</b>	15	<b>16,269</b>	<b>3,421</b>	<b>19,690</b>	<b>24,424</b>

All the above results derive from the continuing activities of the charity. There are no other gains or losses other than those shown above. The net outgoing resources for the financial year dealt with in the accounts of the parent company was £(4,994,000) (2008: £(2,573,000)).

No separate Statement of financial activities of the charity has been presented as permitted by s.406 of the Companies Act 2006 and paragraph 397 of SORP 2005.

The (Deficit) determined under the Companies Act 2006 is £(4,908,000) (2008: £(2,543,000)).

The accompanying notes form an integral part of these financial statements

# Consolidated and charity balance sheets

as at 31 December 2009

	Notes	2009 Group £'000	2008 Group £'000	2009 Charity £'000	2008 Charity £'000
<b>Fixed assets</b>					
Tangible assets	9	2,513	2,497	2,513	2,497
Investments	10	21,304	20,007	21,329	20,032
<b>Total fixed assets</b>		<b>23,817</b>	<b>22,504</b>	<b>23,842</b>	<b>22,529</b>
<b>Current assets</b>					
Stock		6	8	0	0
Debtors	11	1,078	839	1,049	766
Current asset investments		3,320	7,707	3,320	7,707
Cash at bank and in hand:					
National programmes		1,420	2,012	1,332	2,002
Branches		5,586	5,675	5,586	5,675
<b>Total current assets</b>		<b>11,410</b>	<b>16,241</b>	<b>11,287</b>	<b>16,150</b>
<b>Creditors</b>					
Amounts falling due within one year	13	(8,968)	(8,072)	(8,870)	(8,006)
<b>Net current assets</b>		<b>2,442</b>	<b>8,169</b>	<b>2,417</b>	<b>8,144</b>
<b>Total assets less current liabilities</b>		<b>26,259</b>	<b>30,673</b>	<b>26,259</b>	<b>30,673</b>
<b>Creditors</b>					
Amounts falling due after more than one year	14	(6,569)	(6,249)	(6,569)	(6,249)
<b>Net assets</b>		<b>19,690</b>	<b>24,424</b>	<b>19,690</b>	<b>24,424</b>
<b>Funds</b>					
Unrestricted income funds:					
General funds		13,191	16,822	13,191	16,822
Designated funds		3,078	3,895	3,078	3,895
Restricted income funds		3,421	3,707	3,421	3,707
<b>Total funds</b>	15	<b>19,690</b>	<b>24,424</b>	<b>19,690</b>	<b>24,424</b>
<b>NOTES:</b>					
<b>Funds</b>					
National programmes		12,049	16,531	12,049	16,531
Branches	4	7,641	7,893	7,641	7,893
<b>Total funds</b>	15	<b>19,690</b>	<b>24,424</b>	<b>19,690</b>	<b>24,424</b>
<b>Funds</b>					
For planned expansion		19,690	14,031	19,690	14,031
To be retained		0	10,393	0	10,393
<b>Total funds</b>	15	<b>19,690</b>	<b>24,424</b>	<b>19,690</b>	<b>24,424</b>

The amount of the total funds which the Trustees have resolved to provide for the funding of the planned deficits during the period of the Strategic Plan 2010–2014 is shown on page 32, note 15.

The financial statements were approved by the Board of Trustees and signed on its behalf by:

Melinda Letts



Ralph Tingle



Date: 13 July 2010

The accompanying notes form an integral part of these financial statements

# Consolidated cashflow statement

for the year ended 31 December 2009

	2009 £'000	2009 £'000	2008 £'000	2008 £'000
<b>Reconciliation of net outgoing resources to net cash inflow from operating activities</b>				
Net outflow for the year	(4,908)		(2,543)	
Investment income	(302)		(864)	
Depreciation	183		150	
Profit on sale of tangible fixed assets	0		0	
(Increase)/decrease in stock	2		(4)	
(Increase) in debtors	(239)		(393)	
Increase in creditors	1,216		1,747	
<b>Net cash (outflow) from operating activities</b>		<b>(4,048)</b>		<b>(1,907)</b>

## CASH FLOW STATEMENT

Net cash (outflow)/inflow from operating activities		(4,048)		(1,907)
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## Returns on investments and servicing of finance

Investment income	302		864	
		302		864

## Capital expenditure and financial investments

Purchase of tangible fixed assets	(199)		(126)	
Proceeds from sale of tangible fixed assets	0		0	
Funds transferred out of investment fixed assets	(86)		323	
Net proceeds of purchase and sale of investments	(889)		826	
(Increase)/decrease in cash held in portfolio	(148)		(2)	
		(1,322)		1,021

## Management of liquid resources

(Decrease)/increase in current asset investments		4,387		(404)
(Decrease) in cash in the year		(681)		(426)

## NOTES TO THE CASH FLOW STATEMENT

### Reconciliation of net cash inflow to movement in net cash funds

(Decrease) in cash at bank and in hand		(681)		(426)
(Decrease)/increase in current asset investments		(4,387)		404
Changes resulting from cashflows		(5,068)		(22)
Movement in year		(5,068)		(22)
Net cash funds at 1 January		15,394		15,416
Net cash funds at 31 December		10,326		15,394

Analysis of changes in net cash funds	At January		Other changes	At De-
	2009 £'000	Cash flows £'000		ember 2009 £'000
Cash at bank and in hand	7,687	(681)	0	7,007
Current asset investments	7,707	(4,387)	0	3,320
Total	15,394	(5,068)	0	10,326

The accompanying notes form an integral part of these financial statements.



# Notes to the consolidated financial statements

for the year ended 31 December 2009

## 1. Accounting policies

### Basis of accounting

The financial statements have been prepared under the historical cost convention, with the exception of investments which are carried at market value.

The financial statements comply with the Companies Act 2006, applicable UK accounting standards and the Statement of Recommended Practice (SORP 2005), 'Accounting and Reporting by Charities'.

### Basis of consolidation

The group financial statements include the financial statements of the charity, its branches and support groups ('branches') and consolidate its trading subsidiary, P.D.S. (Sales) Limited on a line by line basis.

### Branches

Branches have to operate under the charity's financial rules. The rules relating to the charity's annual accounts consolidation are that branches whose income or closing fund balance is less than £10,000 for the previous year do not require any independent review of their current accounts return. Branches with income or closing fund balance greater than £10,000 for the previous year, or did not send a return the previous year, must have an 'Independent Examination' signed off by an independent examiner, which details the specific work that the charity requires from the examiner. Branches of the charity are required to produce unaudited accounts to their local members at their branch annual general meetings.

### Funds

Unrestricted funds are funds which are expendable at the discretion of the Trustees in furtherance of the charity's objectives. General funds represent the charity's minimum reserve requirement, the amount of the charity's unrestricted net assets held at branches and net book value of tangible assets held. Any remaining unrestricted funds are designated funds set aside by the Trustees in the light of the charity's strategic objectives.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The aim and use of each designated and restricted fund is set out in note 15.

### Incoming resources

All incoming resources are included in the Statement of financial activities when the charity is legally entitled to the income, is reasonably certain of receipt and the amount can be measured with reasonable accuracy. Legacies are included in the Statement of financial activities when the personal representative informs the charity of the amount to be paid.

### Resources expended

Expenditure has been classified by reference to specific activity categories, so that all direct costs relating to a specific activity have been aggregated. Cost of generating funds includes all costs relating to activities where the aim is to raise funds along with an apportionment of support costs. Public relations and general marketing costs are allocated to 'information and education' within charitable activities. Charitable activities includes costs relating to activities which are part of the objects of the charity along with an apportionment of support costs. Governance costs includes the cost of Trustee expenses, arranging the annual general meeting, audit fees and an apportionment of support costs. The bases of allocation of

certain overheads and support costs are reviewed regularly and are a best estimate of space occupied, number of staff or time apportionment to reflect expenditure incurred by each specific activity.

Grants to third parties for specific activities are charged in the accounts when an award is made, although disbursement of the funds may be made in subsequent accounting periods.

### Leasing

Operating lease rentals are charged to the Statement of financial activities over the period of the lease, on a straight line basis.

### Tangible fixed assets and depreciation

Tangible fixed assets are included at cost and are stated, net of depreciation and any provision for impairment. Assets below the value of £2,000 are not capitalised except for computer equipment.

Depreciation is provided to write off the cost of tangible fixed assets over their useful economic lives on a straight line basis. The annual rates used are:

Freehold buildings	2.0%
Freehold improvements	15.0%
Office equipment and fixtures	15.0%
Computer equipment	33.3%
Computer equipment - Restricted assets	33.3%

### Investments

Listed investments are stated at market value. Net realised and unrealised gains and losses in the year are included in the Statement of financial activities. The investment in the trading subsidiary is stated at cost.

### Stock

Stock comprises goods for resale and is valued at the lower of cost and net realisable value.

### Taxation

The charity is a registered charity and as such is exempt from taxation on its income and gains to the extent that they are applied to its charitable purposes. The charity's trading arm, P.D.S. (Sales) Limited, has not incurred a tax charge in the period due to its policy of paying its taxable profits to the charity under Gift Aid. The charity is not registered for VAT and expenditure is shown inclusive of VAT. P.D.S. (Sales) Limited is registered for VAT.

### Pensions

The charity matches, on a two to one basis, employee contributions of up to 5% of salary into employees' own personal pension plans.

Pension costs are charged to the SOFA as incurred.

## 2. Investment income

	2009 £'000	2008 £'000
Interest on deposits held for		
– National programmes	76	299
– Branches	40	280
Income from investments		
– Fixed interest securities	172	112
– Equity shares	12	0
– Cash held in managed portfolio	2	173
	<b>302</b>	<b>864</b>

## 3. Trading activities

The charity owns the entire share capital of P.D.S. (Sales) Limited, incorporated in England and Wales. This company is responsible for the sale of Christmas cards, stationery and general gift items, and handles fees paid by participants in certain events, for the financial benefit of the charity. In addition, donations of £23,935 (£15,500 in 2008) were generated via the company's activities.

The Financial Statements of P.D.S. (Sales) Limited, before consolidation, were:

<b>Profit and loss account</b>	<b>2009 £'000</b>	<b>2008 £'000</b>
Turnover	378	281
Cost of sales	(101)	(83)
Gross profit	277	198
Interest receivable	0	4
	277	202
Distribution and administration – external	(187)	(168)
– charity	(57)	(26)
Interest payable	0	0
Bank charges	(3)	(4)
Net profit for the year before Gift Aid donation to the charity	30	4
Gift Aid donation to the charity	(30)	(4)
	0	0
Tax		
Net profit for the year	0	0
<b>Balance sheet</b>		
Tangible fixed assets	0	0
Current assets	200	110
Creditors: amounts falling due within one year	(175)	(85)
Net current assets	25	25
<b>Net assets</b>	<b>25</b>	<b>25</b>
Share capital	25	25
Profit and loss account	0	0
<b>Shareholders' funds</b>	<b>25</b>	<b>25</b>

## 4. Financial returns of the branches and support groups ('branches')

The charity carries out a number of its charitable activities through a network of branches. The branches raise income sufficient to fund their activities and the majority also send funds to assist with the funding of national programmes.

The Financial Statements of the charity's branches incorporate independently examined accounts or branch returns. Four branches and five support groups of the charity's 233 and 126 respectively have failed to submit a return. For these, the last reported balances were included. The reasons for non-submission were either awaiting for a No Funds Form to be submitted or their accounts were submitted too late to be included. The impact of the results of these branches and support groups is not considered material to the results of the charity.

Income and expenditure relating to branches was:

<b>Income and expenditure</b>	Notes below	<b>2009</b>	2008
		<b>£'000</b>	£'000
Total incoming resources	(a)	<b>3,499</b>	3,461
Total resources expended	(b)	<b>(2,391)</b>	(2,227)
Net gains/(losses) on investments		<b>12</b>	(39)
<b>Net movement in funds</b>		<b>1,120</b>	1,195

Application of net funds raised by branches:

Transfers to national programmes for:			
Research		<b>(541)</b>	(322)
Parkinson's Disease Nurse Specialists		<b>(301)</b>	0
Care and service provision		<b>(496)</b>	(237)
Other		<b>(34)</b>	(317)
<b>Total net resources transferred</b>		<b>(1,372)</b>	(876)

<b>Net movement in funds retained by branches after transfers</b>		<b>(252)</b>	319
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Branches fund balances brought forward at 1 January		<b>7,893</b>	7,574
<b>Branches fund balances carried forward at 31 December</b>		<b>7,641</b>	7,893

### Balance sheet

Investments		<b>130</b>	128
Debtors		<b>5</b>	3
Cash held centrally for branches		<b>1,639</b>	1,901
Current asset investments		<b>319</b>	207
Cash at bank and in hand		<b>5,586</b>	5,675
		<b>7,549</b>	7,786
Creditors due within one year		<b>(38)</b>	(21)
<b>Net assets</b>		<b>7,641</b>	7,893

### NOTES:

(a) Incoming resources

Incoming resources from generated funds			
Voluntary income:			
Legacies and in memoriam		<b>879</b>	811
Donations (including branch subscriptions)		<b>1,049</b>	997
Activities for generating funds:			
Events		<b>1,318</b>	1,163
Investment income		<b>40</b>	287
Incoming resources from charitable activities			
Grants		<b>148</b>	171
Other incoming resources		<b>65</b>	32
<b>Total incoming resources</b>		<b>3,499</b>	3,461

(b) Resources expended

Costs of generating funds			
Cost of generating voluntary income		<b>88</b>	54
Charitable activities			
Research		<b>6</b>	13
Care and service provision		<b>2,040</b>	1,921
Branch administration support costs		<b>257</b>	239
		<b>2,303</b>	2,173
<b>Total resources expended</b>		<b>2,391</b>	2,227

## 5. Net income for the year is stated after charging:

	2009 £'000	2008 £'000
Fees payable to charity's auditors for audit of charity's annual accounts	37	37
Fees payable to charity's auditors for audit of charity's subsidiary pursuant to legislation	4	4
	<u>41</u>	<u>41</u>
Depreciation	183	150
Operating lease rentals – other	220	249
Profit on sale of tangible fixed assets	0	0

## 6. Total resources expended

	Grants £'000	Direct staff costs £'000	Other direct costs £'000	Support costs £'000	Total 2009 £'000	Total 2008 £'000
<b>a) Total costs:</b>						
<b>Costs of generating funds</b>						
Cost of generating voluntary income	0	825	1,389	623	2,837	2,915
Trading activities	0	0	147	0	147	116
Investment management costs	0	0	23	0	23	22
Costs of generating funds	<u>0</u>	<u>825</u>	<u>1,559</u>	<u>623</u>	<u>3,007</u>	<u>3,053</u>
<b>Charitable activities</b>						
Research (note 7)	4,147	350	163	156	4,816	4,870
Parkinson's Disease Nurse Specialists	1,474	53	36	38	1,601	1,621
Care and service provision	86	4,268	3,421	1,468	9,243	8,357
Membership	0	31	22	190	243	219
Information and education	0	936	1,196	541	2,673	2,122
Governance costs	0	22	302	110	434	482
	<u>5,707</u>	<u>5,660</u>	<u>5,140</u>	<u>2,503</u>	<u>19,010</u>	<u>17,671</u>
Expenditure in support of activities		1,449	1,677	(3,126)	0	0
Total resources expended	<u>5,707</u>	<u>7,934</u>	<u>8,376</u>	<u>0</u>	<u>22,017</u>	<u>20,724</u>

	Management <sub>1</sub> £'000	Human Resources <sub>2</sub> £'000	Finance <sub>3</sub> £'000	Information Systems <sub>4</sub> £'000	Facilities <sub>5</sub> £'000	Total £'000
<b>b) Support costs apportioned:</b>						
Cost of generating voluntary income	24	60	317	80	142	623
Research	24	23	15	32	62	156
Parkinson's Disease Nurse Specialists	14	3	15	3	3	38
Care and service provision	301	403	282	321	161	1,468
Membership	0	5	163	7	15	190
Information and education	38	63	142	92	206	541
Governance costs	62	2	32	4	10	110
	<u>463</u>	<u>559</u>	<u>966</u>	<u>539</u>	<u>599</u>	<u>3,126</u>

### Basis of allocation

1) on a time basis and includes branch administration of £257,000 included in care and service provision. 2) on the number of staff. 3) on the number of departments. 4) on the number of staff with a charity workstation. 5) on the number of office-based staff.

	2009 £'000	2008 £'000
<b>c) Analysis of governance costs:</b>		
External audit fees	41	41
Internal audit fees	46	50
Board of Trustees	55	75
Annual branches meeting, including AGM-related costs and other governance costs	182	191
Apportionment of support costs (above)	110	125
	<u>434</u>	<u>482</u>

## 7. Amounts committed for grants

	Research £'000	Tissue Bank £'000	PD Nurse Specialists £'000	Mali Jenkins Help Fund £'000	Group and charity Total 2009 £'000	Group and charity Total 2008 £'000
Balance at 1 January	9,162	143	3,223	0	12,528	10,819
Awarded	3,932	215	1,474	86	5,707	5,881
Payments	(3,593)	(130)	(1,127)	(86)	(4,936)	(4,172)
<b>Balance at 31 December</b>	<b>9,501</b>	<b>228</b>	<b>3,570</b>	<b>0</b>	<b>13,299</b>	<b>12,528</b>
Estimated to be disbursed:						
Within one year	4,558	228	1,944	0	6,730	6,279
After more than one year	4,943	0	1,626	0	6,569	6,249
	<b>9,501</b>	<b>228</b>	<b>3,570</b>	<b>0</b>	<b>13,299</b>	<b>12,528</b>

All grants were awarded within the UK to institutions except for the Mali Jenkins Help Fund which were for individuals  
Details of awards made are available on request.

## 8. Employees and Trustees

	2009 £'000	2008 £'000
<b>a) Total costs:</b>		
Salaries	6,963	5,659
National Insurance contributions	682	582
Pension contributions	290	265
	<b>7,935</b>	<b>6,506</b>

	2009 No.	2008 No.
<b>b) Average number of full-time equivalent staff during year:</b>		
Generating voluntary income	28.3	28.5
Research	11.0	8.0
Parkinson's Disease Nurse Specialists	1.7	1.5
Care and service provision	173.1	133.5
Membership	7.6	8.0
Information and education	31.2	27.5
Governance	1.7	2.0
	<b>254.6</b>	<b>209.0</b>

The number of employees shown represents full-time equivalents.

	2009 No.	2008 No.
<b>c) The number of employees whose emoluments (including remuneration and benefits in kind and excluding pension contributions) amounted to more than £60,000 was:</b>		
Band £60,001 to £70,000	3	1
Band £70,001 to £80,000	2	4
Band £90,001 to £100,000	1	0
Band £110,001 to £120,000	1	1

Contributions of £28,600 (2008: £35,600) were made for the provision of defined contribution benefits for 7 (2008: 6) employees earning over £60,000.

	2009 £'000	2008 £'000
<b>d) Trustees:</b>		
No Trustees received remuneration for their services in either 2009 or 2008. A Trustees indemnity policy was purchased at a cost of £1,161 (2008: £1,219). Trustee expenses for attending meetings were reimbursed to 17 Trustees (2008: 16 Trustees).		
Travel	13	13
Accommodation	2	9
	<b>15</b>	<b>22</b>

## 9. Tangible fixed assets

### Group and charity

	Freehold land & building £'000	Freehold improve- ments £'000	Office equipment & fixtures £'000	Computer equipment £'000	Restricted assets £'000	Total £'000
<b>Cost</b>						
At 1 January	2,700	683	84	460	20	3,947
Additions	0	0	0	199	0	199
Disposals	0	0	0	0	0	0
At 31 December	2,700	683	84	659	20	4,146
<b>Accumulated depreciation</b>						
At 1 January	449	645	45	291	20	1,450
Charge for the year	45	12	8	118	0	183
Disposals	0	0	0	0	0	0
At 31 December	494	657	53	409	20	1,633
<b>Net Book Values</b>						
Brought forward at 1 January 2009	2,251	38	39	169	0	2,497
<b>Carried forward at 31 December 2009</b>	<b>2,206</b>	<b>26</b>	<b>31</b>	<b>250</b>	<b>0</b>	<b>2,513</b>

## 10. Investments

	Group & charity 2009 £'000	Group & charity 2008 £'000
<b>Marketable securities</b>		
Market value at 1 January	19,977	20,559
Net proceeds of acquisitions and disposals	889	(826)
Net gains on revaluation to market value	174	567
	21,040	20,300
Transfer from/(to) cash at bank and in hand	86	(323)
Market value at 31 December	21,126	19,977
<b>Cash held within managed portfolio</b>		
Cash on deposit at 31 December	178	30
<b>Total at 31 December – Group</b>	<b>21,304</b>	<b>20,007</b>
Investment in subsidiary company	25	25
<b>Total at 31 December – Charity</b>	<b>21,329</b>	<b>20,032</b>

The cash incorporates reinvested dividends and interest received, the proceeds of sales and the funds used for acquisitions.

Investments are represented by:

Fixed interest securities	20,490	19,766
Equity shares	134	211
Cash funds	502	0
Cash held within managed portfolio	178	30
Investment in subsidiary company	25	25
	21,329	20,032

All investments are UK investments.

The historical cost of marketable securities at 31 December was:	20,577	19,621
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## 11. Debtors

	<b>Group</b> <b>2009</b> <b>£'000</b>	Group 2008 £'000	<b>Charity</b> <b>2009</b> <b>£'000</b>	Charity 2008 £'000
Legacies (note 12)	<b>418</b>	406	<b>418</b>	406
Amounts due from P.D.S. (Sales) Limited	<b>0</b>	0	<b>78</b>	18
Tax recoverable on donations and other incoming resources	<b>202</b>	170	<b>202</b>	170
Other debtors	<b>169</b>	159	<b>92</b>	85
Prepayments and accrued income	<b>289</b>	104	<b>259</b>	87
	<b>1,078</b>	839	<b>1,049</b>	766

## 12. Amounts accrued for legacies

	<b>Group</b> <b>&amp; charity</b> <b>2009</b> <b>£'000</b>	Group & charity 2008 £'000
Balance at 1 January	<b>406</b>	48
Entitlements	<b>7,224</b>	8,446
Receipts	<b>(7,212)</b>	(8,088)
Balance at 31 December	<b>418</b>	406

At 31 December 2009, legacies which had been notified but not recognised as incoming resources in the Statement of financial activities had an estimated value of £2,392,000 (2008 – £1,650,000) which had not been accrued.

## 13. Creditors – amounts falling due within one year

	<b>Group</b> <b>2009</b> <b>£'000</b>	Group 2008 £'000	<b>Charity</b> <b>2009</b> <b>£'000</b>	Charity 2008 £'000
Amounts committed to grants (note 7)	<b>6,730</b>	6,279	<b>6,730</b>	6,279
Other creditors	<b>445</b>	117	<b>377</b>	58
Tax and social security	<b>198</b>	184	<b>198</b>	184
Accruals and deferred income	<b>1,595</b>	1,492	<b>1,565</b>	1,485
	<b>8,968</b>	8,072	<b>8,870</b>	8,006

## 14. Creditors – amounts falling due after more than one year

	<b>Group</b> <b>2009</b> <b>£'000</b>	Group 2008 £'000	<b>Charity</b> <b>2009</b> <b>£'000</b>	Charity 2008 £'000
Amounts committed to grants (note 7)	<b>6,569</b>	6,249	<b>6,569</b>	6,249
	<b>6,569</b>	6,249	<b>6,569</b>	6,249

## 15. Statement of funds

	Balance at 1 January 2009 £'000	Total incoming resources £'000	Total resources expended £'000	Transfers £'000	Net gains on investments £'000	Balance at 31 December 2009 £'000
<b>Unrestricted funds</b>						
<b>General funds</b>						
– National programmes minimum reserves	8,833	10,888	(14,162)	2,470	0	8,029
– Branches free reserves	5,492	2,936	(2,080)	(2,783)	0	3,565
– Net book value of tangible assets held	2,497	0	0	16	0	2,513
	<b>16,822</b>	<b>13,824</b>	<b>(16,242)</b>	<b>(297)</b>	<b>0</b>	<b>14,107</b>
<b>Designated funds</b>						
Research	1,035	0	(1,034)	842	0	843
Care and service provision	1,496	160	0	(337)	0	1,319
Expansion fund	1,364	0	(1,364)	0	0	0
<b>Total designated funds</b>	<b>3,895</b>	<b>160</b>	<b>(2,398)</b>	<b>505</b>	<b>0</b>	<b>2,162</b>
<b>Non charitable trading funds</b>	<b>0</b>	<b>379</b>	<b>(379)</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Revaluation reserve</b>	<b>0</b>			<b>(174)</b>	<b>174</b>	<b>0</b>
<b>Total unrestricted funds</b>	<b>20,717</b>	<b>14,363</b>	<b>(19,019)</b>	<b>34</b>	<b>174</b>	<b>16,269</b>
<b>Restricted funds</b>						
Research	1,769	1,414	(1,953)	0	0	1,230
BIG Lottery Sleep Project	0	154	0	(34)	0	120
Parkinson's Disease Nurse Specialists	213	246	(155)	0	0	304
Care and service provision	821	472	(571)	0	0	722
Information and education	0	58	(9)	0	0	49
Branches	904	402	(310)	0	0	996
<b>Total restricted funds</b>	<b>3,707</b>	<b>2,746</b>	<b>(2,998)</b>	<b>(34)</b>	<b>0</b>	<b>3,421</b>
<b>Total funds</b>	<b>24,424</b>	<b>17,109</b>	<b>(22,017)</b>	<b>0</b>	<b>174</b>	<b>19,690</b>

### Footnote

The Trustees' reserve policy is set out on page 18 and the charity's funds are analysed above accordingly. The Trustees have approved a Strategic Plan for 2010–2014 that provides for services for people with Parkinson's to be maintained across the UK during the term of the Plan and for steadily increasing levels of income. The charity is expected to reach breakeven by 2014. The Trustees have resolved to commit all of the unrestricted and restricted funds shown above, except for £3,830,000 of minimum reserves to cover income considered 'at risk', included in national programmes free reserves, £3,565,000 held in branches as working capital included in branch free reserves and the funds of £2,512,000 held in the net book value of tangible assets, to provide the funding for the planned deficits during the period of the Plan, a total of £9,783,000. (2008 was £14,031,000)

### Designated funds

The research fund is to be used to meet the cost of the Tissue Bank for the next four years.

Care and service provision funds are to meet the costs of charitable activities undertaken by some branches.

### Restricted funds

The research fund represents income received to be used to meet direct costs of the research programme.

The Parkinson's Disease Nurse Specialist fund is for making grants to fund posts and associated training in the NHS around the UK

Care and service provision funds are to meet costs of activities in furtherance of the charity's objectives.

The information and education fund is a fund to be used on information and education activities of the charity.

Restricted funds held by branches are all for purposes similar to every restricted fund mentioned above.

### Analysis of net assets between funds:

	Unrestricted funds £'000	Restricted funds £'000	Total funds £'000
Tangible fixed assets	2,513	0	2,513
Investments	18,881	2,423	21,304
Current assets	10,412	998	11,410
Liabilities	(15,537)	0	(15,537)
<b>Net assets</b>	<b>16,269</b>	<b>3,421</b>	<b>19,690</b>



## 16. Related and connected party transactions

In accordance with Financial Reporting Standard 8 the charity discloses the following related party transactions.

During 2009 the Trustees, on the recommendation of the Research Advisory Panel, awarded the following grants to organisations to which members are connected:

Member	Organisation	£'000
Dr Oliver Bandmann	University of Sheffield	240
Dr Carl Counsell	University of Aberdeen	189
Dr Rosemary Fricker-Gates	Keele University	195
Dr Emma Stack	University of Southampton	183
Dr Matthew Wood	University of Oxford	117
Dr Matthew Wood	University of Oxford	35

The above individuals did not participate in the decision to award a grant to the organisation to which they are connected.

During 2009, the charity was awarded a grant under the Scottish Govt Self Management Fund administered by the Board of Long Term Conditions Alliance Scotland (LTCAS).

The charity had a member of its staff sitting on the Board of LTCAS during 2009, but this staff member was not part of the grants panel.

Member	Organisation	£'000
Andrew Sim	Scottish Government Self Management Fund	52

## 17. Operating lease commitments

As at 31 December the charity had annual operating lease commitments as set out below:

	2009 Land and buildings £'000	2009 Other £'000	2008 Land and buildings £'000	2008 Other £'000
Operating leases which expire:				
– within one year	14	17	3	198
– in two to five years	7	192	0	300
– after five years	0	0	0	0
	<b>21</b>	<b>209</b>	<b>3</b>	<b>498</b>

## 18. Grants received

In accordance with agreements entered into with grantors the charity acknowledges the receipt of the following grants included within the total grant income of £360,000 in the Statement of Financial Activities.

		£'000	
Big Lottery Fund	Information and support worker service	Barnsley Branch	14
Big Lottery Fund	Information and support worker service	Liverpool Central Branch	17
Big Lottery Fund	Characterisation and progression of sleep disturbances in Parkinson's disease		154
Colchester Catalyst	Respite care	Colchester Branch	5
Department of Health Section 64	Parkinson's & Mental Health		8
Department of Health Section 64	Notts Integrated Services for Neurological Conditions		12
Guildford & Waverley Voluntary Grants Panel	Information & Support Worker service	Guildford and South Surrey Branch	5
Hampshire County Council	Carers support	Fareham Branch	4
Long Term Conditions Alliance Scotland	Self-management of sleep project		28
Newport City Council	Carers Grant		5
Pembrokeshire County Council	Carers grant/Local activities	Pembrokeshire Branch	9
South Gloucestershire County Council	Tai Chi classes	Bristol Branch	7
West Barking District Council	Respite care	Newbury Branch	4

## 19. Neurological Commissioning Support (NCS)

NCS is a joint venture between Parkinson's UK, the Motor Neurone Disease Association and the Multiple Sclerosis Society. The purpose of NCS is to improve the health, wellbeing and social care related outcomes for people with long term neurological conditions by providing consultancy and other services to help primary care organisations and local authorities improve the way they commission services. The joint venture was set up in late 2007 after an initial study by the MS Society. Each partner to the agreement has an equal share/responsibility for any deficits or surpluses arising from its activities. Amounts recognised in these accounts for NCS are not material.

# Thank you

We would like to thank everyone for their support and donations in 2009. First and foremost, we remember the 374 people whose legacy gifts funded over half of our work this year. To them and their families, our very special thanks.

## **Charitable Trusts and Foundations**

We would like to thank the following who gave £1,000 or more this year:

Aggregate Trust  
Albert Van den Bergh Charitable Trust  
Annie Tranmer Charitable Trust  
Ballinger Charitable Trust  
BDNA Trust  
Bedford Charity  
Bernard Sunley Charitable Foundation  
Bothwell Charitable Trust  
Broadley Charitable Trust  
Chapman Charitable Trust  
Charles Wolfson Charitable Trust  
Childwick Trust  
City & University of Cambridge Masonic Charitable Trust  
Col WW Pilkington Will Trust  
Coventry & District Charitable Trust  
DC Charitable Trust  
Diana and Gerard Young Trust  
Doughty Hanson Charitable Foundation  
Douglas Turner Trust  
Dunn Family Trust  
Edgar E Lawley Foundation  
EJH Stephenson Charitable Trust  
Elizabeth & Prince Zaiger Trust  
Enid Linder Foundation  
Florence Shute Millennium Trust  
Frank Brake Charitable Trust  
Freemasons' Grand Charity  
Gale Family Charity Trust  
George John and Sheilah Livanos Charitable Trust  
GJW Turner Trust  
Gough Ritchie Trusts  
Harry Bacon Foundation  
HB Allen Charitable Trust  
Henry Smith Charity  
Hitchin Property Trust Ltd  
Hospital Saturday Fund Charitable Trust  
J Macdonald Menzies Charitable Trust  
James Beattie Charitable Trust  
John D Scott's Trust  
John Jarrold Trust  
Jordan Charitable Foundation  
JW Bankes Charitable Trust  
Keith & Joan Mindelsohn Charitable Trust  
Kinsurdy Charitable Trust  
Kirby Laing Foundation  
Ladbrokes Charity Trust  
The Lady Forester Trust  
Leonard Laity Stoate Charity  
Lillie C Johnson Charitable Trust  
Linden Charitable Trust  
Lord and Lady Lurgan Charitable Trust  
Lord Austin Trust  
Lord Belstead Charitable Trust  
Loseby Charitable Settlement

Marie Helen Luen Charitable Trust  
Miller Charitable Trust  
Moffat Charitable Trust  
Monument Trust  
Mrs Hilda Beer Charitable Trust  
Mrs Maud Van Norden's Charitable Foundation  
N Smith Charitable Settlement  
Norman Family Charitable Trust  
Orchard Trust  
Perry Watlington Trust  
PF Charitable Trust  
RO Kinnison Charitable Trust  
Rosca Trust  
Rosetrees Trust  
Salamander Charitable Trust  
Santander Foundation  
Scouloudi Foundation  
Sir Robert Gooch Trust  
Slaughter and May Charitable Trust  
Sovereign Health Care Charitable Trust  
Spurrell Charitable Trust  
Steinberg Family Charitable Trust  
Sudborough Foundation  
Sunrise (Sidmouth) Trust  
Tanner Trust  
Thames Wharf Charity  
Thomas Sivewright Catto Charitable Settlement  
Walker Trust  
Ward Foundation  
WE Dunn Charitable Trust

### **Companies and other organisations**

We would like to thank the following who gave £1,000 or more this year:

Aberdeen Asset Management  
Age Concern  
Airline Service Components  
Aldridge Lions Club  
Allen Brown Gallery  
Argus Media  
Association of Public Sector Excellence  
Barclays Bank & Consumer Affairs  
Boehringer-Ingelheim Ltd UK  
Bolton Rotary Club  
Bristol Wig and Gig Club  
BT and Openreach BT  
Bupa Care Homes  
Cambridge Hash Harriers Cycling Club  
Cape Cornwall Golf – CC Ladies Section  
Carmarthen County Council  
Caterians Society  
Caversham Heath Golf Club  
Cefetra  
Collins Stewart  
Cornwall Community Foundation  
Crewe Bowling Club  
Crown Closures  
Dean of St Annes Cathedral  
Diageo  
Distilled Discourse  
Downpatrick Lions Club  
DWA Premier Media  
Epsom Coaches

Euromast systems	Reading Borough Council
Genus Pharmaceuticals Ltd	Redeem
The Good Gifts Catalogue	Reed Business Information
GlaxoSmithKline UK Limited	Royal Bank of Scotland
Glenfiddich	Rutter & Allhusen
Harrow Council	Salisbury Golf Club
Hertfordshire County Council	Sarm UK Limited/SPZ Holdings Limited
Hong Kong Settlement	Sitwell Golf Club
HVDA	Shirley Lions Club
International Search Group	Solvay Healthcare Limited
Isle of Man Cycling Association	Somerfields
Kempston Rotary Club	South Lanark Council
KittCatt Nohr	SPC Network
Knights of St Columbia	Springfield Court Nursing Home
Lygo Dancing	Sussex Community Foundation
MA Healthcare	Teva Pharmaceuticals Ltd
Medtronic Limited	Thorney Ex-Servicemens Club
Midsombe Norton & Radstock Rotary Club	Three Rivers District Council Mayor's Charity
Monks Eleigh Bygones Club	Timourous Beasties
Moose International	UCB Pharma Ltd
NACO	Paragraph Publishing
New Medical	Phillips Components
Newton Investment Management	Provelio
Nicholas Hare Architects	Vicars Cross Golf Club
Nisa	Vintage Car Club (Devon)
NM Rothschild	Vivergo Fuels
Nollaton Park Rotary Club	Voluntary Action Fund
Norgine Pharmaceuticals Limited	Wedding List Giving
Orion Pharma (UK) Ltd	William & Mabel Morris Charitable Trust
Peterborough Masonic Centre	WMDC
Polar Capital Partners	Working at Height
Powys County Council	Worshipful Company of Salters
Premex	

## **Celebrities**

A special thank you to the following celebrities for their help and dedication during 2009. We look forward to continuing to work with them.

Jane Asher, President

Richard Briers CBE, Honorary Vice President

Amy Guy

Jane Hill

Elin Manahan Thomas

Bill Neely

Graham Norton

Michael Palin CBE

Denise Robertson MBE

John Stapleton

## **Volunteers**

Volunteers are vitally important to the charity, especially because of the help they offer at a local level in supporting people with Parkinson's, their families and carers.

Volunteers organise our branch and support group activities. They also help us to campaign, fundraise and deliver education. The charity has in the region of two and a half thousand volunteers helping us locally through their activity in defined roles. To support their work, we have a UK-wide network of 21 branch and volunteer support officers.

In total, the charity has approximately four and a half thousand volunteers across the UK, who support us through their involvement in campaigning, governance and research, as well as the local activities outlined above.

We are deeply grateful for their continuing hard work and commitment. We are also very grateful to the many event participants and organisers who have helped raise funds throughout the year.

We were delighted to recognise the outstanding work over many years in the charity of the following volunteers by granting them Honorary Life Membership in 2009:

Mrs Jo Barrett, Thanet Branch

Miss Joyce Beale, York Branch

Mrs Joan Challis, Worthing and District Branch

Mr Bryn Davies, Mid-Cornwall Branch

Mr Mark Dumas, Trustee and Chair of the charity (October 2001–September 2009)

Mrs Flora Hill, SPRING

Mr Charles Holme, SPRING

Mrs Pauline Loveday, Ipswich and East Suffolk Branch

Mr Ron Tweedie, Isle of Wight Branch

Mrs Mary Underwood, Salisbury Branch

Mrs Christine Watkinson, Hull Branch

Mrs Christine Young, SPRING

