

**PARKINSON'S<sup>UK</sup> CHANGE ATTITUDES. FIND A CURE. JOIN US.**



## **AN INTRODUCTION TO TAKING PART IN RESEARCH**

For you, about you  
and with you

# WHAT IS CLINICAL RESEARCH?

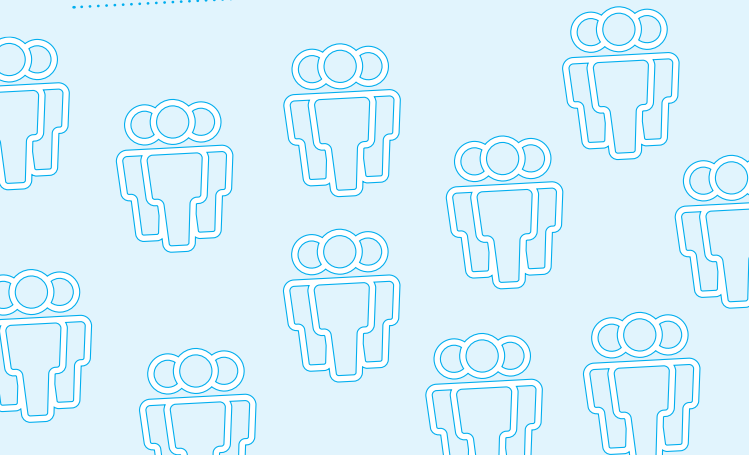
Simply, it's research that involves people like you.

Clinical research can only happen because of the goodwill of the people taking part. Without the support of people like you, progress in Parkinson's research would be impossible.

## **Research can come in many forms, including:**

- questionnaires and surveys
- interviews with researchers
- movement measurements
- blood and saliva samples
- new treatments and medical devices

The information in this leaflet is taken from a live Q&A hosted by Parkinson's UK. Our panel of experts answered questions from people affected by Parkinson's on all aspects of taking part in research.





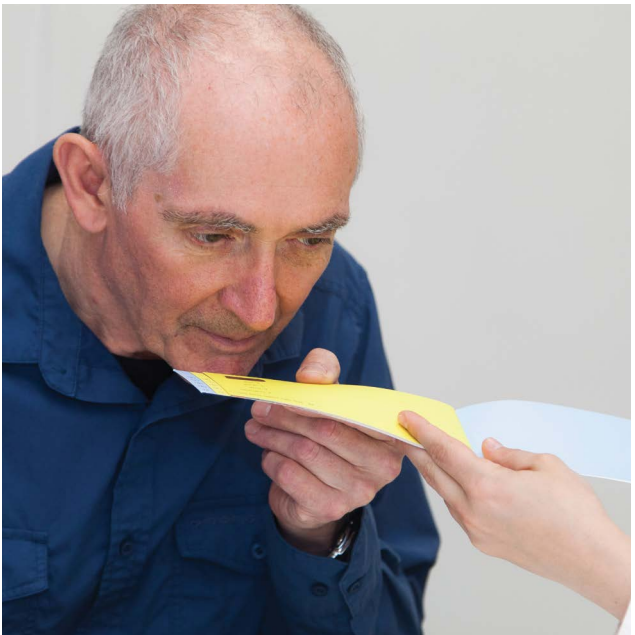
## What does research involve?

This will vary depending on each individual piece of research.

You will always be given an information sheet to read and a consent form to sign before any research activity happens.

## Where do research studies take place?

Mostly they take place in hospitals and universities, but some research can happen in your own home or online.



## What's in it for me?

You'll be contributing towards the understanding of Parkinson's and finding better treatments and care methods. In some research you will get to spend time with experienced healthcare professionals, giving you the chance to discuss your own situation in more detail.

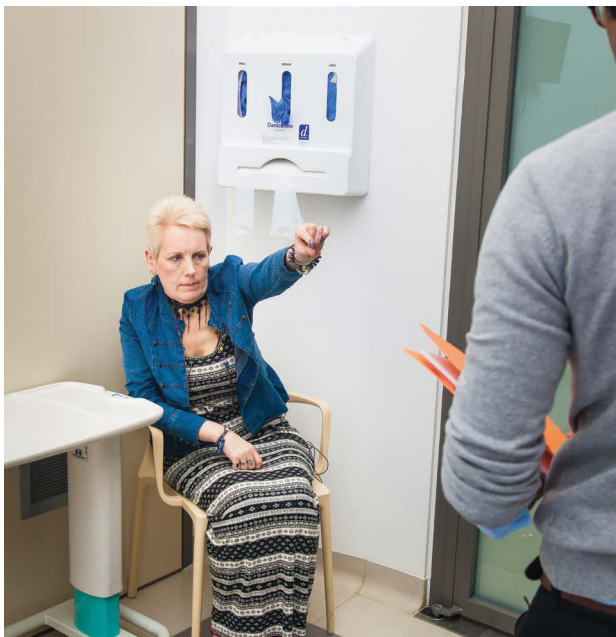
Also, many people who take part in research tell us it gives them feelings of control over what they are experiencing.

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“

I took part in research to help people with Parkinson's, now but mostly in the future. To give myself a feeling of control in the face of feeling hopeless.”

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# WHERE CAN I GO TO FIND OUT MORE?

## You can ask everyone about research

Here are some easy ways to find out how to take part:

- Explore our Take Part Hub available on our website at [parkinsons.org.uk/takepartresearch](https://parkinsons.org.uk/takepartresearch)

You'll find all the current research studies looking for people like you.

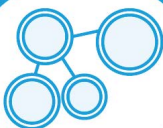
- Call our free, confidential helpline on **0808 800 0303**.

Our advisers will be able to discuss what you are interested in and put you through to the Research team.

- Join our **Research Support Network**.

As a member you will receive regular emails telling you about research you can take part in. Find out more at [parkinsons.org.uk/rsn](https://parkinsons.org.uk/rsn)

## Research Support Network



Get connected



Take part



Have your say

We're the Parkinson's charity that drives better care, treatments and quality of life.

**Together we can bring forward the day  
when no one fears Parkinson's.**

### **More information**

Visit us at [parkinsons.org.uk/research](https://parkinsons.org.uk/research)  
or call us on **020 7963 9313**

Parkinson's UK  
215 Vauxhall Bridge Road  
London SW1V 1EJ

Free confidential helpline **0808 800 0303**  
(Monday to Friday 9am–7pm,  
Saturday 10am–2pm). Interpreting available.  
NGT Relay **18001 0808 800 0303**  
(for textphone users only)

**hello@parkinsons.org.uk**  
**parkinsons.org.uk**