# Parkinson's: An introduction to caring for someone on your ward.

This course will take place online and you can log on at any time. It is a 10 hour course in two parts over two weeks, with a separate section each week. You will be able to look at, listen to and read various subject materials and take part in a group discussion. The course tutor will log in at times during the day to aid your discussion and answer any questions. It is recommended that you log on to the course daily.

Once the course is complete you will receive a certificate.

| 1 | Course aims | To develop an awareness of best practice for the care of patients with Parkinson's admitted to a hospital ward. |
| | | To develop an awareness of best practice in medicines management for patients with Parkinson's admitted to a hospital ward. |
| 2 | Course objectives | Identify and reflect on the participants' existing knowledge of Parkinson's. |
| | | Discuss current theory and research underpinning best practice in caring for patients with Parkinson's. |
| | | Recognise and appreciate key Parkinson's symptoms that may impact on an admission to a hospital ward. |
| | | Identify and reflect on the participants' existing knowledge of medicines management for Parkinson's. |
| | | Discuss current theory and research underpinning best practice in medicines management for Parkinson's in hospitals. |
| | | To increase understanding of best practice in medicines management for Parkinson's in hospitals. |
| | | Enable participants to share and discuss their own experiences with their peers. |
| 3 | Key skill development | An overview of Parkinson's and symptoms that may impact on a hospital admission/stay. |
| | | An understanding of best practice in medicines management in Parkinson's in a hospital setting. |
| | | Group / Interpersonal. |
| | | Reflection. |

| 4 | Indicative content | Introductory information on key Parkinson's symptoms that may impact on a hospital ward admission. |
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| | | Introductory information on the physical, mental and emotional symptoms of Parkinson's. |
| | | Research underpinning best practice in care of patients with Parkinson's on a hospital ward. |
| | | Introductory information on medicines management for Parkinson's on hospital wards. |
| | | Information on medication used to treat Parkinson's including side effects. |
| | | Research underpinning best practice in medicines management of patients with Parkinson's on a hospital ward. |
| | | Case studies highlighting medicines management issues in Parkinson's on a hospital ward. |
| 5 | Teaching and learning strategies | An e-learning package will be provided to support participant development. |
| | | Participants will discuss the evidence base behind contemporary practice, enabling them to reflect on their own present practice approach and develop improved care for patients with Parkinson's. |
| | | Participants will be encouraged to learn both individually and as a peer group. |
| | | Participants will be encouraged to evaluate the module and share their feelings with the tutors and developers. |
| 6 | Examples of Indicative sources *(texts / web based)* | Video – Get it on time, saving you time. |
| | | Booklet – Caring for your patient with Parkinson's (includes recommended leaflets for more in depth reading on symptoms/topics) |
| | | Video – Medicines management in Parkinson's |
| | | Case studies: three case studies including two audio and transcript case studies. |
| 7 | Week 1 | ***Note: Participants will have been sent a welcome letter with details of how to access the e-learning platform, including a username and password, plus aims and objectives and ground rules for participation.*** |
| | | Welcome and restatement of the ground rules for the module, including discussions. |
| | | Introductions - practice asynchronous discussion posting. |
| | | Begin to work through the course learning materials. |
| | | First asynchronous online discussion, "How can I improve patient care in Parkinson's with regard to understanding and managing symptoms?' |
| | | Use course learning materials in preparation for second asynchronous online discussion about the best care of patients with Parkinson's and medicines management. |

| 8 | Week 2 | Continue to use the course learning materials in preparation for the second asynchronous online discussion. |
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| | | Second asynchronous online discussion, "How can I improve patient care in Parkinson's with regard to medicines management?" |
| | | Continue to use course materials. |
| | | Last day, complete anonymous feedback form.  Provide certificates. |
| | | Goodbyes. |