

Lindop Parkinson's Assessment Scale

Patient name:

Hospital number:

	Date					
	Time of Ax					
	Walking aid					
	Time of last medication					
Gait mobility	Sit to stand: Unaided with ease	3	3	3	3	3
	Unaided with effort	2	2	2	2	2
	Help of one	1	1	1	1	1
	Help of 2+	0	0	0	0	0
	Timed unsupported stand: 60+ sec	3	3	3	3	3
	49-59 sec	2	2	2	2	2
	30-44 sec	1	1	1	1	1
	0-29 sec	0	0	0	0	0
	Timed up & go: 10-20 sec	3	3	3	3	3
	21-35 sec	2	2	2	2	2
	36-60 sec	1	1	1	1	1
	60+ sec	0	0	0	0	0
	180 turn to right: 4-6 steps	3	3	3	3	3
7-8 steps	2	2	2	2	2	
9-10 steps	1	1	1	1	1	
11+ steps	0	0	0	0	0	
180 turn to left: 4-6 steps	3	3	3	3	3	
7-8 steps	2	2	2	2	2	
9-10 steps	1	1	1	1	1	
11+ steps	0	0	0	0	0	
Walking through doorway: No freeze/festination	3	3	3	3	3	
Some festination	2	2	2	2	2	
Freezes once	1	1	1	1	1	
Freezes 2+ times	0	0	0	0	0	
TOTAL						
Bed mobility	Sit to lie (56 cm bed): Unaided with ease (≤ 5 sec)	3	3	3	3	3
	Unaided with effort (6+ sec)	2	2	2	2	2
	Help of 1	1	1	1	1	1
	Help of 2/unable	0	0	0	0	0
	Turn to left on bed: Unaided with ease (≤ 5 sec)	3	3	3	3	3
	Unaided with effort (6+ sec)	2	2	2	2	2
	Help on 1	1	1	1	1	1
	Help of 2/unable	0	0	0	0	0
	Turn to right on bed: Unaided with ease (≤ 5 sec)	3	3	3	3	3
	Unaided with effort (6+ sec)	2	2	2	2	2
	Help of 1	1	1	1	1	1
	Help of 2/unable	0	0	0	0	0
	Lie to sit on bed: Unaided with ease (≤ 5 sec)	3	3	3	3	3
Unaided with effort (6+ sec)	2	2	2	2	2	
Help of 1	1	1	1	1	1	
Help of 2/unable	0	0	0	0	0	
TOTAL						
Signature						