

# DRIVING AND PARKINSON'S

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## Having Parkinson's can have an effect on many drivers, but it doesn't necessarily mean that someone will be stopped from driving.

There are many people who continue to drive after they are diagnosed with Parkinson's. The Driver and Vehicle Licensing Agency (DVLA) in England, Scotland and Wales and the Driver and Vehicle Agency (DVA) in Northern Ireland make every effort to ensure that people with health problems or disabilities can stay as mobile as possible and are safe to do so.

However, your day-to-day life may be affected if Parkinson's does affect your ability to drive.

This booklet aims to provide answers to the most frequently asked questions about driving and Parkinson's. It also has details of where you can find useful information and support.

In this booklet we will refer to the DVA (Northern Ireland's Driver and Vehicle Agency) only where its rules are different from the DVLA, which covers the rest of the UK.

You can find a separate section on page 13 for driving licensing laws in Jersey and Guernsey.

**NB** The information in this book is correct at the time of going to press but may be subject to change.

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# WILL PARKINSON'S AFFECT MY ABILITY TO DRIVE?

Having Parkinson's doesn't necessarily mean that your licence will be affected. However, you may need to have a medical or driving assessment. When you are diagnosed with Parkinson's or if you have any doubts about whether you'll be able to drive safely you must contact the DVLA straight away and also talk to your GP, specialist or Parkinson's nurse (if you have one).

## Will my medication affect my driving?

Drowsiness is a side effect of some Parkinson's drugs and this can sometimes be severe. All Parkinson's medications can cause excessive daytime sleepiness or sudden onset of sleep. This may be more likely in people with later stage Parkinson's on multiple medication and when increasing medication, particularly dopamine agonists.

Although this is concerning, the DVLA has stated that the risk of sudden onset of sleep is low and

“My wife was getting to the end of her tether with driving, so we talked about it for some time and in the end swapped her car for an automatic one. This has given her a new lease of life with regard to driving.”

### Graham, whose wife has Parkinson's

that taking Parkinson's drugs should not automatically mean you have to stop driving. However, if you experience any excessive daytime sleepiness or sudden onset of sleep you should not drive and you should inform your GP, specialist, or Parkinson's nurse.

**Find out more:** see our booklet [Drug treatment for Parkinson's](#) where you can read about the advantages and disadvantages of the different types of drugs used to treat Parkinson's.



# TELLING THE DVLA THAT YOU HAVE PARKINSON'S

## Do I have to tell the DVLA that I have Parkinson's?

Yes. Anyone applying for a driving licence has to complete a section on the application form indicating any health problems they may have. If you already have a licence, you are required by law to inform the DVLA of certain health problems that develop or get worse after you have been given the licence.

Some of the conditions that must be reported are listed here (this list is not exhaustive):

- sudden attacks of disabling giddiness, fainting, blackouts
- an epileptic event (seizure or fit)
- diabetes controlled by insulin
- a stroke
- vision disorders, which affect both eyes (there is no need to declare short/long sight or colour blindness)
- **Parkinson's disease or any other chronic neurological condition**
- heart pain (angina) only when it is easily provoked by driving
- any severe psychiatric illness or mental disorder
- severe head injury involving hospital in-patient treatment
- persistent misuse of alcohol, illicit drugs or chemical substances within the past three years (there is no need to report drink/driving offences)
- cardiac pacemaker, defibrillator or anti-ventricular tachycardia device fitted
- continuing/permanent difficulty with the use of arms or legs, which affects the person's ability to control her/his vehicle
- a serious problem with memory
- serious episodes of confusion



- any type of brain surgery or brain tumour
- severe learning difficulties

For a full list of medical conditions that could affect your driving in England, Scotland and Wales contact:

[Drivers Medical Group](#)  
**0300 790 6806**  
**[eftd@dvla.gsi.gov.uk](mailto:eftd@dvla.gsi.gov.uk)**  
**[www.direct.gov.uk/motoring](http://www.direct.gov.uk/motoring)**

In Northern Ireland contact:

[Drivers Medical Group](#)  
**0845 4024 000**  
**[www.nidirect.gov.uk/motoring](http://www.nidirect.gov.uk/motoring)**

## **If I do not tell the DVLA about my health, will my GP or specialist have to tell them?**

Your GP or specialist has no legal duty to tell the DVLA about your Parkinson's. But they may contact the DVLA if they have told you to stop driving and they don't think you have done so. The General Medical Council has stated that a doctor has the right to inform the DVLA in this case.

If you have given the DVLA permission to approach your doctor for medical information, then they will give as much information about your health as is necessary for a driving licence assessment.

## How does the DVLA decide if I'm able to drive?

To decide whether you're fit enough to drive, the DVLA will need to find out more about your condition. You will be asked to complete the 'Medical Fitness to Drive' form PK1 or DL1 in Northern Ireland. You have to provide contact details for your GP, specialist and details of any recent hospital or clinic visits.

You will need to give your driver number (the number on your driving licence) or full name and date of birth, your address and as much detail as possible about your condition. If you do not inform the DVLA about one of the health conditions listed on page 6, you are committing a criminal offence.

You will also have to answer the medical questions on the adjacent page.

The DVLA may be able to make its decision just from the information provided. However, if they need more information, the DVLA will write to your GP or specialist for further details. They may ask you to go for a medical examination that will be carried out by a doctor specially chosen by the DVLA.

The medical examination will be arranged to take place as near as possible to your home. It will be free

of charge, but you will have to pay your own travel costs.

In most cases, there will be no need to retake a driving test, but in a small number of cases, a driving assessment may be required. This may be at one of the Forum of Mobility Centres (see page 22) or at a Driving Standards Agency Test Centre.

If you have to take another driving test, this will be free of charge and you would be given priority at a test centre, although you may have to pay your own travel costs.

Higher medical standards apply if you drive medium or large goods or passenger-carrying vehicles. Contact the DVLA for further details.

“ I don't drive, but I get a car under the Motability Car Scheme and I authorised my friend and her husband as my driver. ”

**Lily, diagnosed in 1985**

## Medical questions from the 'Medical fitness to drive' form

Do you need to take medication for Parkinson's or any other medical condition? No  Yes

If Yes, please supply in brief details of any treatment and dosage (the amount you take)

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### Do you experience:

- |                                     |    |                          |     |                          |
|-------------------------------------|----|--------------------------|-----|--------------------------|
| (a) involuntary movements           | No | <input type="checkbox"/> | Yes | <input type="checkbox"/> |
| (b) slowness of reaction time       | No | <input type="checkbox"/> | Yes | <input type="checkbox"/> |
| (c) limb pains and/or muscle cramps | No | <input type="checkbox"/> | Yes | <input type="checkbox"/> |
| (d) episodes of 'freezing'          | No | <input type="checkbox"/> | Yes | <input type="checkbox"/> |

Do you need another person to help with your personal care? No  Yes

### Do you experience:

- |                                  |    |                          |     |                          |
|----------------------------------|----|--------------------------|-----|--------------------------|
| (a) significant memory problems  | No | <input type="checkbox"/> | Yes | <input type="checkbox"/> |
| (b) episodes of confusion        | No | <input type="checkbox"/> | Yes | <input type="checkbox"/> |
| (c) excessive daytime sleepiness | No | <input type="checkbox"/> | Yes | <input type="checkbox"/> |
| (d) difficulty in concentrating  | No | <input type="checkbox"/> | Yes | <input type="checkbox"/> |

Does your physical condition affect your ability to control your vehicle safely at all times? No  Yes

**If Yes**, do you (or will you) as a result of your medical condition drive a vehicle fitted with special controls or automatic transmission which enables you to overcome the effect of the condition?

No  Yes

Please supply the date you were last seen for your Parkinson's by:

Your GP \_\_\_\_\_ Your Consultant \_\_\_\_\_



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## What decisions can the DVLA make?

Once the DVLA has assessed your ability to drive, it will decide one of the following:

- to give you a licence without any restriction
- to give you a licence for one, two or three years. This decision is reviewed when the licence runs out. You may not be allowed to drive a minibus unless you can meet the medical standards, which are higher than for an ordinary licence
- to refuse or withdraw your licence
- to restrict your licence to particular vehicles with adaptations

If the DVLA decides you cannot have a licence, it will return any fees sent with your application form.

If you have your licence refused or taken away on medical grounds and then become well enough to drive again, you can reapply for your licence.

If the DVLA is happy after their medical enquiries you can be issued with a new licence.

## Asking the DVLA to reconsider its decision

If you want the DVLA to reconsider its decision because you feel that they have misinterpreted or misunderstood the information provided, then you should contact the DVLA explaining why you feel the decision is wrong.

The DVLA will generally reconsider its decision, but will expect the request to be supported by fresh medical evidence. You may need to ask your GP to refer you to a specialist who can provide this, and you may have to pay for the letter that the specialist writes.

If the DVLA does not change its decision, you can appeal to the Magistrates' Court in England and Wales, Sheriff Court in Scotland or to Petty Sessions in Northern Ireland. The appeal must be lodged with the Magistrates' Court within six months or 21 days to the Sheriff Court and three months to the Clerk of Petty Sessions, from the date your licence was taken away or refused.



## Making your appeal

The Magistrates' Court, Sheriff Court or Petty Sessions have the power to examine the case and to change the DVLA's decision if appropriate. A DVLA Medical Adviser will attend the hearing as a witness and the DVLA will be represented by a barrister. The court can normally look only at existing evidence and cannot consider any new evidence. If new medical evidence is available, it would be better for all parties (you and the DVLA) if you forward this information to the DVLA for consideration out of court.

If you are considering going to court, you should think about seeking legal advice. You can get free advice from:

[The Disability Law Service](#)

**020 7791 9800**

Textphone **020 7791 9801**

**advice@dls.org.uk**

**www.dls.org.uk**

Another organisation that may also be able to assist you is Disabled Motoring UK. Their contact details can be found in More information and support on page 25.

# DRIVING IN JERSEY AND GUERNSEY

Licensing laws in Jersey and Guernsey are almost the same as in the rest of the UK. The main differences are shown below.

## Jersey

You have to tell Driver and Vehicle Standards if you have medical condition that may affect your driving. The application form for a licence contains a medical section. If you answer yes to any of the questions about an existing medical condition then a medical form will be sent out to you.

Take the form to your doctor to complete and sign, then return the form to your Parish. If you have any restrictions due to a medical condition, code O5 – Limited use (driving subject to restrictions for medical reasons) will be printed on your driving licence.

A full valid driving licence (not provisional) must be surrendered in exchange for a Jersey driving licence. You can exchange your licence for a Jersey licence at your local Parish Hall. For further details contact:

[Driver and Vehicle Standards](#)

**01534 448600**

**[dvsinfo@gov.je](mailto:dvsinfo@gov.je)**

**[www.gov.je/travel/motoring](http://www.gov.je/travel/motoring)**

## Guernsey

You can get your driving licence from the Driver and Vehicle Licensing Offices. You have to tell Driver and Vehicle Licensing if you have any disability or illness that may affect your driving.

You need to fill in a medical report form that has to be signed by your doctor. If you have an existing medical condition, you must renew your licence every five years.

In Guernsey you need to exchange your UK licence (if you have one) for a Guernsey version within a year of living there. If you don't do that you will be required to retake your driving test (including the theory test). For further details contact:

[Driver and Vehicle Licensing](#)

**01481 243400**

**[www.gov.gg/transport](http://www.gov.gg/transport)**



# TELLING YOUR INSURANCE COMPANY THAT YOU HAVE PARKINSON'S

## Do I have to tell my insurance company that I have Parkinson's?

Yes. It is very important that you let your insurance company know of any change in your health that may affect your ability to drive. It is a criminal offence to make a false statement or to withhold information in order to get motor insurance and it may also make your policy invalid.

You must also be sure to tell your insurers about any adaptations you make to the insured vehicle.

## Where can I get insurance?

Some insurance companies may add extra premiums for people who have disabilities or medical conditions, including Parkinson's.

Shop around for the most competitive cover and get a number of quotes. It is also very important to check the policy thoroughly and to read the small print before you sign anything.

For details of insurance companies willing to quote for drivers with Parkinson's, contact:

### The British Insurance Broker's Association

Find a Broker line **0870 950 1790**  
(Call charges are 25p/min, average call length 2 to 3 mins)  
**enquiries@biba.org.uk**  
**www.biba.org.uk**

### Insurance complaints

If you have a complaint about an insurance company, the Association of British Insurers (ABI) may be able to help you. The ABI is a trade association and has no legal power over its members, but an insurance company will respond to any complaints sent to them by the ABI about their handling of your problem.

### Association of British Insurers

**020 7600 3333**  
**www.abi.org.uk**

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**TO YOU I MAY NOT LOOK DISABLED**

I HAVE  
**YOUNG ONSET PARKINSON'S**  
MY SYMPTOMS VARY

For more information contact  
[www.parkinsons.org.uk](http://www.parkinsons.org.uk)

# PARKING CONCESSIONS

## Am I eligible for parking concessions?

Parking concessions for people with disabilities are provided through the Blue Badge Scheme. This is available if you:

- receive the higher rate of mobility component of the Disability Living Allowance
- are registered blind
- use a vehicle supplied by a government department
- receive a War Pensioners' Mobility Supplement
- have a severe disability in both upper limbs, regularly drive a motor vehicle but cannot turn the steering wheel of a motor vehicle by hand (even if that wheel is fitted with a knob)
- have a permanent and substantial disability that means you are unable to walk or have considerable difficulty in walking. In this case you may be asked to answer a series of

questions to help the local authority decide whether you are eligible for a Blue Badge

The scheme is intended to help people who fall into these categories by allowing them to park close to where they need to be. You should not be wheel clamped if you are displaying a current Blue Badge, although the police can remove your vehicle if it is causing an obstruction.

Blue Badges can also be awarded to someone who travels as a passenger in a car.

You should display your badge on the dashboard of your car where it can be clearly read through the windscreen.

Under the scheme, a vehicle displaying a Blue Badge in the correct place and driven by a disabled

person, or with a disabled person as a passenger, is allowed to park:

- without charge or time limit at parking meters or 'pay-and-display' on-street parking
- without time limit in streets where otherwise waiting is allowed for only limited periods
- for a maximum of three hours in England, Wales and Northern Ireland, or without any time limit in Scotland, on single or double yellow lines

This is provided that the disabled person leaves the vehicle, and:

- in England and Wales, a special blue parking disc is also displayed showing the time of arrival when parking on yellow lines, or in a reserved parking place for badge holders that has a time limit
- the vehicle is not parked in a bus lane or cycle lane during its hours of operation
- the vehicle is not parked where there is a ban on loading or unloading
- all other parking regulations are observed

Red routes in towns and cities have special controls on stopping, but there is parking provision for badge holders – check the signs.

The Blue Badge Scheme does not apply to off-street car parks, private roads and at most airports.

Local rules set out the details of the additional rights. These may be in relation to single, or double, yellow lines, or to parking free of charge at 'on-street' meters and pay-and-display machines, and 'on-street' parking bays. It is important to ask the office that provides application forms for a written statement of the local rules, as the rules can be changed regularly, or be suspended.

To obtain a Blue Badge in England, Scotland and Wales, you need to contact your local authority for details.

In Northern Ireland contact:

[Disabled Persons Badge Scheme](#)

**028 6634 3700**

Textphone **028 6634 3749**

**disabledpersons@drdni.gov.uk**

You can also apply online at

**www.nirect.gov.uk**

## Parking and driving in London

The Blue Badge scheme applies throughout the United Kingdom, with the exception of four areas in central London: City of London, Westminster, Kensington and Chelsea, and part of Camden.

In these areas there is limited recognition, including parking in designated disabled parking bays. More information about parking in London for Blue Badge holders can be obtained from:

[Department for Transport](#)

**0300 330 3000**

[www.dft.gov.uk](http://www.dft.gov.uk)

[fax9643@dft.gsi.gov.uk](mailto:fax9643@dft.gsi.gov.uk)

Or visit Blue Badge London at

[www.bluebadgelondon.org.uk](http://www.bluebadgelondon.org.uk)

Parts of Central London are included in the 'Congestion Charge Zone'. Vehicles entering the zone at certain times must pay the Congestion Charge.

Blue Badge holders are exempt from the Congestion Charge, when registered for the Blue Badge 100% discount, when entering the Congestion Charging Zone, as are vehicles that are driven by, or on behalf of, people with disabilities, and are exempt from Vehicle Excise Duty (road tax). There is a registration fee of £10 for the discount. For details about the Blue Badge 100% discount contact:

[Congestion Charging London](#)

**0845 900 1234**

Textphone **020 7649 9123**

[www.tfl.gov.uk/congestioncharge](http://www.tfl.gov.uk/congestioncharge)



# GENERAL INFORMATION

## Driving aids

There are many different types of vehicle adaptation available to assist disabled drivers. Mobility centres (see page 22) can advise you further. We recommend that you have an assessment by a driving centre before you have any adaptations fitted to your car.

## Road tax (Vehicle Excise Duty)

If you get the higher rate mobility component of the Disability Living Allowance or have an invalid carriage, you are exempt from paying for a vehicle licence. Contact the Disability Living Allowance Unit (England, Scotland and Wales) or the Disability and Carers Service (Northern Ireland) to get a Certificate of Entitlement to obtain a free tax disc. The certificate will be renewed every year, and a free tax disc sent to you.

In England, Scotland and Wales contact:

Disability Living Allowance Unit

**0845 712 3456**

Textphone **0845 722 4433**

**dcpu.customer-services@dwpgsi.gov.uk**

For Northern Ireland contact:

Disability and Carers Service

**028 9090 6182**

Textphone **0800 243 787**

**incomingpostteamdhc2@nissagsi.gov.uk**

## Personal safety while driving

There are several books available that give advice on safe driving and can be found in most public libraries or from one of the organisations mentioned in this booklet.

It is a good idea to have a mobile phone with you in your car as it will enable you to make emergency phone calls without leaving the vehicle should you need help. However you should be aware it is an offence to use a mobile phone when you are driving.



# MOBILITY CENTRES

Mobility centres provide information and advice on driving for anyone with a disability who uses a car (as a driver or a passenger) and offer assessments on your ability to drive. They are an excellent source of help and it is worth contacting them for advice before sending any forms to the DVLA. Information and advice is free, but centres do charge for assessments and tuition.

There are a number of centres in the UK all vary in size and the services they offer, which include:

- a free information service for disabled and older people, their families and professionals
- advice on choosing a vehicle, driving it, driving controls and learning to drive
- assessment and advice about getting in and out of vehicles and about safe loading of wheelchairs and other equipment

- advice on selecting and choosing wheelchairs (powered and manual) and scooters
- driving tuition for new drivers, those returning to driving and those changing to a different method of vehicle control
- fitting car adaptations for drivers and passengers with disabilities

## Forum of Mobility Centres

**0800 559 3636**

**[mobility@rcht.cornwall.nhs.uk](mailto:mobility@rcht.cornwall.nhs.uk)**

**[www.mobility-centres.org.uk](http://www.mobility-centres.org.uk)**

## Members of the Forum of Mobility Centres

### South East DriveAbility

Cobtree Ward, Preston Hall Hospital,  
London Road, Aylesford,  
Kent ME20 7NJ

**01622 795 719**

**[wk-pct.sedriveability@nhs.net](mailto:wk-pct.sedriveability@nhs.net)**

### DrivAbility (Derby Regional Mobility Centre)

Kingsway Hospital, Kingsway,  
Derby DE22 3LZ

**01332 371 929**

**driving@derbyhospitals.nhs.uk**

**www.derbydrivability.com**

### Hertfordshire Action on Disability Mobility Centre

The Woodside Centre, The  
Commons, Welwyn Garden City  
AL7 4DD

**01707 324 581**

**driving@hadnet.co.uk**

**www.hadnet.org.uk**

### East Anglian DriveAbility

2 Napier Place, Thetford, Norfolk  
IP24 3RL

**01842 753 029**

**info@eastangliandrivability.co.uk**

**www.eastangliandrivability.co.uk**

### Regional Driving Assessment Centre

Unit 11, Network Park, Duddeston  
Mill Road, Saltley, Birmingham  
B8 1AU

**0845 337 1540**

**support@rdac.co.uk**

**www.rdac.co.uk**

### Mobility Service of the Disabled Living Centre

The Vassall Centre, Gill Avenue,  
Fishponds, Bristol BS16 2QQ

**0117 965 9353**

**mobserv@thisisliving.org.uk**

**www.thisisliving.org.uk**

### North East Drive Mobility

Walkergate Park, Centre for Neuro-  
rehabilitation and Neuro-psychiatry,  
Benfield Road, Newcastle-Upon-  
Tyne NE6 4QD

**0191 287 5090**

**northeast.drivemobility@ntw.nhs.uk**

**www.ntw.nhs.uk**

### Disability Action,

Portside Business Park, 189 Airport  
Road, Belfast BT3 9ED

**02890 297 880**

**mobilitycentre@disabilityaction.org**

**www.disabilityaction.org**

### Queen Elizabeth's Foundation Mobility Services

Damson Way, Fountain Drive,  
Carshalton, Surrey SM5 4NR

**020 8770 1151**

**mobility@qef.org.uk**

**www.qefd.org.uk**

### Scottish Driving Assessment Centre

Astley Ainslie Hospital, 133 Grange  
Loan, Edinburgh EH9 2HL

**0131 537 9192**

**marlene.mackenzie@nhslothian.scot.nhs.uk**

**Wrightington Mobility Centre**  
Wrightington Hospital, Hall Lane,  
Appley Bridge, Wigan, Lancashire  
WN6 9EP  
**01257 256 409**  
**mobility.centre@alwpct.nhs.uk**

**North Wales Mobility and Driving  
Assessment Service**  
Disability Resource Centre, Glan  
Clwyd Hospital, Bodelwyddan,  
Denbighshire LL18 5UJ  
**01745 584 858**  
**mobilityinfo@btconnect.com**

**South Wales Mobility and Driving  
Assessment Service**  
Rookwood Hospital, Fairwater Road,  
Llandaff, Cardiff CF5 2YN  
**029 2055 5130**  
**helen@wddac.co.uk**

**William Merritt Disabled Living  
Centre and Mobility Service**  
St Mary's Hospital, Green Hill Road,  
Armley, Leeds LS12 3QE  
**0113 305 5288**  
**mobility.service@nhs.net**  
**www.williammerrittleeds.org**

**Wessex DriveAbility**  
Leornian House, Kent Road,  
Portswood, Southampton  
SO17 2LJ  
**023 8051 2222**  
**enquires@wessexdriveability.org.uk**  
**www.wessexdriveability.org.uk**

**Cornwall Mobility Centre**  
Servicing the South West Peninsula  
Tehidy House, Royal Cornwall  
Hospital, Truro, Cornwall TR1 3LJ  
**01872 254 920**  
**mobility@rcht.cornwall.nhs.uk**  
**www.cornwallmobilitycentre.co.uk**



# MORE INFORMATION AND SUPPORT

## Parkinson's nurses

Parkinson's nurses provide expert advice and support to people with Parkinson's and those who care for them. They can also act as a liaison between other health and social care professionals to make sure your needs are met.

Parkinson's nurses may not be available in every area, but your GP or specialist can give you more details on local services.

## Information and support workers

Our information and support workers can also provide details and links to local services. They provide support for anyone affected by Parkinson's.

For details of the local information and support worker in your area, contact our helpline on **0808 800 0303** or email **hello@parkinsons.org.uk**. You can also find out more on our website at **parkinsons.org.uk/isw**

## Our helpline

Contact our free confidential helpline for general advice and information. Call **0808 800 0303** (calls are free from UK landlines and most mobile networks) or email **hello@parkinsons.org.uk**

## Local groups

Support is available through Parkinson's UK local groups. Visit **parkinsons.org.uk/localgroups** or call our helpline for details of your nearest meeting.

## Online forum

Speak to others in a similar situation through our online discussion forum at **parkinsons.org.uk/forum**

## Other organisations

### Association of British Insurers

**020 7600 3333**

**www.abi.org.uk**

### The British Insurance Broker's Association

Find a Broker line **0870 950 1790**

(Call charges are 25p/min, average call length 2 to 3 mins)

**enquiries@biba.org.uk**

**www.biba.org.uk**

### Congestion Charging London

**0845 900 1234**

Textphone **020 7649 9123**

**www.tfl.gov.uk/congestioncharge**

### Department for Transport (DfT)

The DfT aims to make provisions for all public transport users and motorists that are acceptable, accessible, and affordable. It has a wide range of information and publications on disability and transport.

**020 7944 8300**

**www.dft.gov.uk**

### Disability Alliance

Disability Alliance is a national registered charity that works to relieve the poverty and improve the living standards of disabled people.

**020 7247 877**

**office.da@dial.pipex.com**

**www.disabilityalliance.org**

### The Disability Law Service

**020 7791 9800**

Textphone **020 7791 9801**

**advice@dls.org.uk**

**www.dls.org.uk**

### Disability Living Allowance Unit

**0845 712 3456**

Textphone **0845 722 4433**

**dcpu.customer-services@dwp.gsi.gov.uk**

### Disabled Living Foundation

The Disabled Living Foundation offers advice and information on all types of disability equipment. It has details on car and van conversions, hoists and lifting equipment, car seats, vehicles for hire, accessories and much more.

**0845 130 9177**

Textphone **020 7432 8009**

**advice@dlf.org.uk**

**www.dlf.org.uk**

### Disabled Motoring UK

Disabled Motoring UK provides help and advice to disabled drivers and passengers. It runs an information service for members, produces useful publications and negotiates travel concessions. Membership costs £20 (£30 joint) per year.

**01508 489 449**

**info@disabledmotoring.org**

**www.disabledmotoring.org**

### Disabled Motorists Federation

A registered charity that provides advice to disabled people and their carers on motoring and transport matters.

**0191 416 3172**

**[jkillick@dmfed.org.uk](mailto:jkillick@dmfed.org.uk)**

**[www.dmfed.org.uk](http://www.dmfed.org.uk)**

### Driver and Vehicle Licensing Agency (DVLA)

The DVLA can provide information on all aspects of driving and advise you on driving with a disability.

For general DVLA enquiries in England, Scotland and Wales contact:

### Drivers Customer Services

**0300 790 6801**

**[www.dvla.gov.uk](http://www.dvla.gov.uk)**

For DVLA enquiries regarding a medical condition contact:

### Drivers Medical Group

**0300 790 6806** Mon–Fri,  
8am–5.30pm and Sat, 8am–1pm

**[eftd@dvla.gsi.gov.uk](mailto:eftd@dvla.gsi.gov.uk)**

**[www.direct.gov.uk/motoring](http://www.direct.gov.uk/motoring)**

For General DVA Enquiries in Northern Ireland contact:

### Driver Licensing Division

**0845 402 4000**

Minicom **028 7034 1380**

**[dvlni@doeni.gov.uk](mailto:dvlni@doeni.gov.uk)**

**[www.dvani.gov.uk](http://www.dvani.gov.uk)**

For DVA enquiries regarding a medical condition contact:

### Drivers Medical Group

**0845 4024 000**

**[www.nidirect.gov.uk/motoring](http://www.nidirect.gov.uk/motoring)**

For disabled parking concessions in Northern Ireland contact:

### Disabled Persons Badge Scheme

**028 6634 3700**

Textphone **028 6634 3749**

**[disabledpersons@drdni.gov.uk](mailto:disabledpersons@drdni.gov.uk)**

You can also apply online at

**[www.nidirect.gov.uk](http://www.nidirect.gov.uk)**

### Driver and Vehicle Licensing – Guernsey

**01481 243400**

**[www.gov.gg/transport](http://www.gov.gg/transport)**

### Driver and Vehicle Standards – Jersey

**1534 448600**

**[dvsinfo@gov.je](mailto:dvsinfo@gov.je)**

**[www.gov.je/travel/motoring](http://www.gov.je/travel/motoring)**

## Motability

Motability exists to help keep disabled drivers on the road. The Motability Scheme enables disabled people to exchange either their Higher Rate Mobility Component of Disability Living Allowance or their War Pensioners' Mobility Supplement to obtain a new car, powered wheelchair or scooter.

**0845 456 4566**

Textphone **0845 675 0009**  
(Mon–Fri, 8.30am–5.30pm).

**[www.motability.co.uk](http://www.motability.co.uk)**

## Ricability

Ricability produces a number of booklets, providing useful information on what to look for when choosing a car, helpful tips on techniques for getting in and out of vehicles and on financing your car. Ricability also publishes other booklets on equipment and car adaptations. All are available free of charge from their website.

**020 7427 2460**

Textphone **020 7427 2469**

**[mail@ricability.org.uk](mailto:mail@ricability.org.uk)**

**[www.ricability.org.uk](http://www.ricability.org.uk)**

## Driving and Parkinson's

If you have comments or suggestions about this booklet, we'd love to hear from you. This will help us ensure that we are providing as good a service as possible. We'd be very grateful if you could complete this form and return it to:

### Information Resources

Parkinson's UK

215 Vauxhall Bridge Road

London SW1V 1EJ

Or you can email us at [publications@parkinsons.org.uk](mailto:publications@parkinsons.org.uk). Thanks!

### Please tick...

- I have Parkinson's. When were you diagnosed? .....
- I'm family/a friend/a carer of someone with Parkinson's
- I'm a professional working with people with Parkinson's

Where did you get this booklet from?

### Please tick...

- GP, specialist or Parkinson's nurse
- Parkinson's UK local group or event
- Our website
- Information and support worker
- Ordered from us directly
- Other .....

How useful have you found this booklet?

(1 is not useful, 4 is very useful)  1  2  3  4

Have you found the publication easy to read/use?  Yes  No



Continued over the page

What aspects did you find most helpful? .....

.....

.....

Were you looking for any information that wasn't covered?

.....

.....

Do you have any other comments? .....

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.....

If you would like to become a member of Parkinson's UK, or are interested in joining our Information Review Group, please complete the details below and we'll be in touch.

Membership

Information review group

(People affected by Parkinson's who give us feedback on new and updated resources)

Name .....

.....

Address .....

.....

Telephone .....

Email .....



Thank you to everyone who contributed to and reviewed this booklet:

Sally Roe, Assistant Editor and Information Officer,  
Disabled Motoring UK

David Whitbread, Press Office, DVLA, London

Jim McMillan and Gordon Turner, members of the Newcastle Branch of Parkinson's UK who wrote the original booklet on this topic.

Thanks also to our information review group and other people affected by Parkinson's who provided feedback.

We make every effort to make sure that our services provide up-to-date, unbiased and accurate information. We hope that this will add to any professional advice you receive and will help you to make any decisions you may face. Please do continue to talk to your health and social care team if you are worried about any aspect of living with Parkinson's.

References for this booklet can be found in the Microsoft Word version at [parkinsons.org.uk/publications](https://parkinsons.org.uk/publications)

### How to order our resources

01473 212115

[resources@parkinsons.org.uk](mailto:resources@parkinsons.org.uk)

[parkinsons.org.uk/publications](https://parkinsons.org.uk/publications)

### Can you help?

At Parkinson's UK, we are totally dependent on donations from individuals and organisations to fund the work that we do. There are many ways that you can help us to support people with Parkinson's. If you would like to get involved, please contact our Supporter Services team on **020 7932 1303** or visit our website at [parkinsons.org.uk/support](https://parkinsons.org.uk/support). Thank you.

## Every hour, someone in the UK is told they have Parkinson's. Because we're here, no one has to face Parkinson's alone.

We bring people with Parkinson's, their carers and families together via our network of local groups, our website and free confidential helpline. Specialist nurses, our supporters and staff provide information and training on every aspect of Parkinson's.

As the UK's Parkinson's support and research charity we're leading the work to find a cure, and we're closer than ever. We also campaign to change attitudes and demand better services.

Our work is totally dependent on donations. Help us to find a cure and improve life for everyone affected by Parkinson's.

### Parkinson's UK

Free\* confidential helpline **0808 800 0303**

(Monday to Friday 9am–8pm, Saturday 10am–2pm). Interpreting available.

Text Relay **18001 0808 800 0303**

(for textphone users only)

**hello@parkinsons.org.uk**

**parkinsons.org.uk**

\*calls are free from UK landlines and most mobile networks.

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