



Bigger Better Bolder

Parkinson's Disease Society of the United Kingdom
Annual Report and Accounts 2008

The Society's mission is the conquest of Parkinson's disease and the alleviation of the suffering and distress it causes, through effective research, education, welfare and communication.

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Chair's report

for the 2008 annual report

I have had the honour to be a Trustee of the Parkinson's Disease Society for eight years, and Chair of its Board for the last five. It is now time to step down. The Board's intention with our 'Support for all' strategy was that everyone with Parkinson's, wherever they live in the UK, would have the support they require. It is really exciting to see this dream turn into a reality.

This is a unique and wonderful organisation and I am extremely proud of the work it carries out on behalf of those touched by Parkinson's. I would like to thank all those who contribute to our success. Our members, volunteers and branches provide enormous support and friendship at a local level throughout the UK.

We could never be such a successful and effective organisation without the large amounts of money we receive from our many donors. Remarkably we are given over 300 legacies annually, and these must continue if we are to maintain our important work. Thank you to those families that have given to us like this in the past. I hope that you will think of the Society, as I have, when you are next reviewing your Will.

It has been a pleasure to work with Steve Ford and the staff. They all work very hard for the good of the Society and are, like the Board, extremely proud of our many successes.

I have been very fortunate to work with outstanding Trustees. My thanks go to all the Board for their hard work, support and commitment.

Jane Asher is an outstanding President. She has worked tirelessly for the Society and is always available to support our work.

For those reading this report please continue to support this wonderful charity. We are unique. With your help it will continue to make a big difference to all those with Parkinson's and their families.

A handwritten signature in black ink that reads "Mark Dumas". The signature is written in a cursive, slightly slanted style.

Mark Dumas
Chair, Parkinson's Disease Society
of the United Kingdom

Chief Executive's report

for the 2008 annual report



People with Parkinson's constantly tell us that their priorities are more information, more specialist nurses and better treatments leading to a cure. These have been our focus in 2008.

Over the year we put in place our national network of Information and Support Workers (ISWs). Now everybody has someone locally that they can contact for expert practical and emotional support on all aspects of living with the condition. We are already seeing evidence of high levels of customer satisfaction and health service staff have welcomed these ISWs as a key part of their local service. Our local teams also staged a range of information events across the UK and these were attended by over 13,000 people, many of whom were completely new to the Society.

The expansion in our local influence team meant that we saw 24 new specialist nursing posts created in 2008. This means another 7,200 people with Parkinson's will have access to this vital clinical service. We are continuing to campaign at a national and local level to see another 130 nurses appointed, so that no one misses out on this support.

While we have expanded all of our services we have been determined not to be distracted from our aim of finding a cure for Parkinson's. We invested £4.3m in high-quality research. Our approach in 2008 has been to show clearer, stronger leadership to the research community as we forge international links. At the end of 2008 our Director of Research and Development undertook a large consultation with leading

international researchers to help us shape our approach to research. This will inform our priorities as we implement our research strategy in 2009 and beyond.

At the end of 2008 we spent £2.5m more than we raised as part of a deliberate process of reducing our reserves. Clearly the impact of the economic downturn that unfolded during the year will require us to be cautious as we continue to implement our strategy.

In 2009 our main goal is to create greater awareness of our work. This will be the first year in which we have all of our new capacity in place, and we aim to reach 50% more people with Parkinson's as a consequence. Through our 40th Anniversary programme and 'Time is now' campaign we want to engage more people in supporting the Society as we push for a cure.

Our thanks go to Mark Dumas, whose term as Chair of the Board of Trustees comes to an end this summer. Mark has been a tremendous supporter of the Society and has built a really strong and effective Board of Trustees to champion the interests of all people living with Parkinson's. Mark's passion, commitment, encouragement and support are all going to be missed.

A handwritten signature in black ink that reads "Steve Ford". The signature is written in a cursive, flowing style.

Steve Ford
Chief Executive, Parkinson's Disease Society
of the United Kingdom

Bigger reach

In 2008 our expanded organisation reached more people affected by Parkinson's than ever before with accurate information and opportunities for mutual support.



By the end of the year we had 120 local **Information and Support Workers** in post across the UK, who responded to 4,164 referrals – more than twice as many as in 2007.

Sylvia McIntosh, Derry

“Our new Information and Support Worker was a life-saver when I had no one else to turn to – it's difficult talking to your own family because it upsets them. She let me pour my feelings out and listened to what I had to say. She gave us advice and practical support when my husband came out of hospital, and also when he was re-admitted three weeks later – we were having big problems on both occasions. It made things much easier at a very stressful time.”

The growth of our network of Information and Support Workers, combined with the distribution of our new catalogue and order form, led to **550,000 information resources** reaching the people who needed them – 30% more than in 2007.

Sharon Holland, Information and Support Worker, Blackpool and North Lancashire

“I'm always conscious of not overwhelming a client with too much verbal information. It's good to hand over something that's relevant that they can look at in their own time, and come back with any questions. The resources are easy to understand and give good quality information and useful contacts if the client wishes to follow up on anything themselves.”

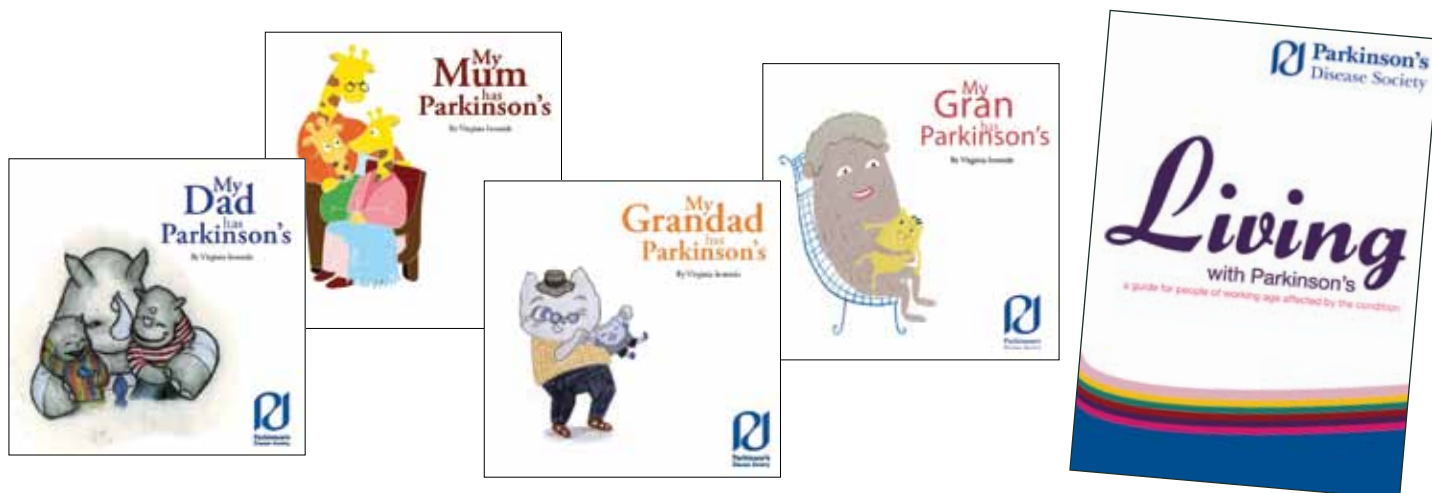
Four new **children's books** and a **booklet for people of working age** were launched.

Andrew Charles, member of the Information Advisory Panel

I first got involved in the Society's publications through the new booklet *Living with Parkinson's: a guide for people of working age affected by the condition*. I read through a draft and gave feedback. I also contributed by writing about my experience of depression when I was first diagnosed. I went on to join the Society's Information Advisory Panel ... it's the people who live with Parkinson's who know what they are talking about, and this is the key to ensuring that all publications that are produced are suitable and relevant to the people who read them."



We also produced information sheets on **anxiety, mild memory problems, compulsive behaviour, gambling and hypersexuality**.



Our **Advisory Service**, including the Helpline, continued its programme of improvement to get advice and support as quickly as possible to all those who contact us.

Iris Buckler, Helpline caller

I was newly diagnosed with Parkinson's. There were so many questions that I should have asked the consultant, but it would be three months before I would see him again. I rang the PDS Helpline and a Parkinson's nurse phoned me back. I was dealt with efficiently and sympathetically. I have made other calls about medication and side effects and all other problems related to the condition. I have always been treated with the utmost consideration and courtesy. Thank you Helpline team."

The generosity of members, donors, event participants, trusts, corporate funders and volunteers made 2008 our best ever year for fundraising. Our voluntary income grew by 11.6% to £16.6m, allowing us to increase our services to people with Parkinson's and grow our funding of scientific research.

Forum	Topic	Posts	Latest post	
	About the forum Announcements about the PDS forum	10	138	12 Nov 2008 12:00 by: [unreadable]
	Meet and greet Introduce yourself and welcome new members	100	954	12 Nov 2008 14:00 by: [unreadable]
	Daily life Everyday life with Parkinson's	78	334	14 Nov 2008 04:00 by: [unreadable]
	Health & wellbeing Dealing with a diagnosis of Parkinson's	20	287	14 Nov 2008 10:00 by: [unreadable]
	Health and wellbeing Maintaining a healthy lifestyle	33	334	12 Nov 2008 22:00 by: [unreadable]

Building on the success of the 2007 pilot, our **online forum** was relaunched in May – now featuring areas for anyone affected by Parkinson's to share their experiences and discuss treatments, benefits and daily life with the condition.

Comments posted on the forum

“I've been an active member of this forum for about a year and half now, and have found it a valuable source of support and information. I've met and made some wonderful people and friends.”

“Remember you are not alone: even in your darkest moments there is always someone on here that will respond if you need them to.”

We reviewed the **Mali Jenkins Help Fund** to ensure that it is targeted at those most in need, distributing over 100 grants for equipment, adaptations and respite care to improve quality of life.

Josephine Harris, recipient of a Mali Jenkins Help Fund grant

“I have had Parkinson's for about 14 years and for the greater part of this time I have not been able to turn over in bed or get out easily during the night. Having tried loads of pillows, a back rest and a metal grab rail, none of which was ideal, I dreamt of an electric, adjustable bed. Having read about the Mali Jenkins Help Fund in *The Parkinson* many times I contacted them to see if I qualified for a grant. I did. After a few preliminaries and an application form, I now have my bed. It is all I hoped for and I'm so thrilled with it.”



1,051 volunteers received a PDS **induction and health and safety training and support**. This included 267 volunteers who were new to the Society.

Heather Wilmot, Publicity Officer, Montgomery Branch

“I joined the committee of the Montgomeryshire Branch in June 2008, six years after being diagnosed with Parkinson's. When I was asked to take the Volunteers Induction Course I was only too happy to oblige. Our PDS Branch and Volunteer Support Officer went through the history of the condition, its effect on people's lives and the support available. She also explained the importance of health and safety. Now, I think much more carefully about accessibility and safety when planning outings and events as I know what to look out for. Amazing how we go through life blinkered until something happens to make us aware.”

Our **Younger Parkinson's Network (YPN)** continued to provide mutual support, with more than 100 people attending the YPN Conference in April.

Colleen Henderson-Heywood, who spoke at the conference about her life with Parkinson's

“Four years into my illness and other people with Parkinson's remain my strongest support. We are connected by our condition and, despite the sadness you have for another human being, it's a comfort. This feeling is gently silent, it goes beyond words. It's an understanding that runs deep within us, and it is reassuringly safe.”



New **membership materials** were launched at the PDS Annual Conference in September. The impact of these will be felt in 2009, when people will also be able to join the Society via our website.

92.5% of our income came from our supporters, without whom we would not exist. Thousands of individual donors contributed a total of £2.4m through *in memory* gifts, appeals, prize draws, payroll giving and general donations; more than 2,500 eventers ran, trekked and walked their way to an amazing £1.3m; 290 charitable trusts gave £645,000 towards research, nursing and other projects; and 319 individuals left gifts in their Wills to the value of £8.4m.

Better services

We took important steps to improve services for people with Parkinson's in 2008 through our education for professionals, and our campaigning and influencing work.

24 new **Parkinson's Disease Nurse Specialist** posts – well over twice our target – were created, as well as three therapist posts.

Ann Duffy, Parkinson's Disease Nurse Specialist, Whitby

“Since I started in this newly created post in November 2008, 160 patients have joined my caseload, which is increasing week by week. One gentleman said to me recently: ‘I see the consultant, who has the knowledge but not the time. I see the GP, who doesn't have the knowledge and doesn't have the time, and I see you, who has the knowledge and the time ... thank you.’”

A successful **reception at the Wales Assembly Government** focused on the need for more specialist nurse posts in Wales.

Sandy Mewies, Assembly Member for Delyn

“It was lovely to host such a successful event about the importance of specialist nurses for people with Parkinson's in Wales. I spoke to several people with Parkinson's and their carers who have directly benefited from the help and support specialist nurses can provide, and heard how valuable they find them. The event also highlighted the need for more nurses across Wales to make sure there is equal access and support for everyone. It really raised the profile of the PDS among Assembly Members and highlighted the work the Society is doing to improve services for people with Parkinson's in Wales.”



A new project began to help those who plan health and social care to **involve people with neurological conditions** and make sure local services reflect their needs.

Rachel Fleming, Services Commissioning Leader,
NHS Cumbria

“NHS Cumbria has been working closely with Commissioning Support – a joint initiative from the PDS, MND Association and MS Society – in order to develop ways of piloting personal health budgets for people with a long-term neurological condition. We have been particularly impressed with the way that Commissioning Support has engaged service users with long-term neurological conditions, who are now an integral part of this project.”

Parkinson’s was moved up the agenda of parliamentarians by the newly formed **All Party Parliamentary Group for Parkinson’s**.

Baroness Gale, Chair of the All Party Parliamentary Group for Parkinson’s

“Setting up the All Party Parliamentary Group for Parkinson’s in 2008 was a big step in terms of campaigning on Parkinson’s issues in Parliament. I am pleased to be part of a group that exists to influence the Government and, ultimately, to improve the lives of people with Parkinson’s and their carers. I am particularly proud to have been elected Chair as my father had Parkinson’s, so it means a lot to me.

“As Secretariat to the Group, the PDS has helped facilitate effective working. The Group has been extremely active since it was established, with much focus going on a high-profile inquiry into access to Parkinson’s services, which will continue into 2009.”



Legacies, the money that people leave the Society in their Wills, were our single biggest source of income. More than three hundred individuals left the Society a total of £8.4million in 2008. Gifts in Wills are one of the most tax efficient ways to give to the Society; they underpin the Society’s work and make a huge difference.



Focus groups took place across the UK to explore the **key issues facing carers**, leading to new lines of campaigning and support.

Dave Clark, PDS Social Care Policy Officer

“Carers told us some really powerful stories, which we have fed into our campaigning work, including our input into a range of Government consultations. Feedback from carers helped us to improve the support the PDS provides as well. This includes more regional carers’ events, a carers, friends and family section on our online forum, updating our *Carer's Guide* and exploring a self care programme for carers to share practical tips and information.”



91% of Parkinson’s Disease Nurse Specialists rated **Healthy Alliance** – a collaboration between the PDS and GlaxoSmithKline that supports specialist nurses with **resources, training and advice** – as excellent (75 online interviews).

Julius Odiase, Parkinson’s Disease Nurse Specialist

“The induction programme for newly employed Parkinson’s Disease Nurse Specialists, organised by Healthy Alliance, was of immense benefit to me in setting up a new specialist nurse service for my primary care trust. The programme especially helped me to form policies, by giving me the opportunity to network with more experienced Parkinson’s Disease Nurse Specialists.”

We put together steering groups of clinical psychologists, occupational therapists, physiotherapists, speech and language therapists, and dietitians in order to develop **best practice guidelines** for each speciality.

In 2008 we launched our Regional Fundraising team in four regions, aimed at developing local fundraising initiatives with trusts, companies and individuals, along with the important job of supporting the Society’s local branches and members in their fundraising activities.

PDS Parkinson's **education sessions** were attended by 9,103 professionals from 1,595 nursing and care homes (exceeding our target of 1,320) and 205 general practices (almost double our target of 120).

We asked, would you recommend our seminars to others? **Yes: 100% No: 0%**

Doreen Ashmore, Manager, Fauld House Care Home, Burton on Trent

“A gentleman with Parkinson's disease regularly comes for respite in our home. I overheard, and was also told, that 'he can move when he wants to'. I was able to explain to staff that it is not a question of when he *wants* to, but more when he is *able* to.”

Our campaign to ensure people with Parkinson's get their **medication on time, every time**, stepped up another gear, with 40 Members of the Scottish Parliament attending our 'Get it on time' debate. Also our new A&E poster and information wallet were piloted to help staff effectively treat patients with Parkinson's.

Dr Jim George, Consultant Physician, North Cumbria Acute Hospitals NHS Trust

“We have had an extremely good response to the A&E poster – I have spoken to colleagues, nurses and doctors, and patients, and we all agree it is well presented and clear, and covers the main issue of medicines management very well. In our own department it seems to have reduced the frequency of patients not receiving their medication. The advice to write up the first dose immediately is particularly good in emergency departments.”





Activities to improve services for people who experience **mental health problems** in Parkinson's gained pace, including a survey that revealed that a third of the professionals do not feel confident identifying these symptoms.

Jackie Spencer, Mental Health Project Manager, PDS

“Poor mental health can seriously reduce the quality of life of people with Parkinson's. However, many mental health symptoms can be managed and, on occasion, eradicated completely. Therefore, it is essential that professionals are able to identify these symptoms and refer people promptly to specialist services, so that they can get the best treatment available. The findings of our survey will be key in helping us to plan training sessions and further resources for professionals in 2009.”

In response to discussions with GPs, we commissioned BMJ Learning to develop the **online GP training tool** 'Parkinson's disease – initial assessment and referral'. 2,598 GPs completed the module, which includes tests at the beginning and end to find out how much they have learnt.

GPs' average pre-test score: **69%** GPs' average post-test score: **90%**

Comments from GPs who completed the module

“Helpful, impressive module – filled several gaps in my knowledge of Parkinson's disease. I had tended to initiate treatment before specialist referral, contrary to the advice in the module.”

“Very useful in helping a GP make a differential diagnosis and refer appropriately. Nice format of facts and questions, with a video in the middle for relief.”

Our UK-wide Influence and Service Development Officers **mapped important information about the range of health services** available locally for people with Parkinson's. This provided us with excellent knowledge to underpin our local development work to ensure information and support is reaching people in areas where we know services are lacking.

Local branches across the UK, including Younger Parkinson's Network groups, raised funds through events, legacies and donations from people in their local communities.

Bolder research

Although we still don't know exactly why people develop Parkinson's, research supported by the Parkinson's Disease Society has fundamentally changed our thinking about the condition – moving us ever closer to a cure.

We invested **£4.3million in research** to expand our understanding and inform change.

Dr Anette Schrag, Consultant Neurologist

“Specialists usually use the Unified Parkinson's Disease Rating Scale to keep track of a person's Parkinson's symptoms, but it neglects the non-motor symptoms of the condition. PDS funding allowed us to carry out research to redesign this scale to incorporate these symptoms. Our new and improved scale is more meaningful to people with Parkinson's. It gives a complete picture of all the symptoms and will eventually replace the existing scale.”



We continued to investigate **new areas of research** that may hold the key to improved treatments ... and ultimately a cure.

Flora Hill, Chair of SPRING the Special Parkinson's Research Interest Group (2007–2009)

“SPRING welcomed the PDS scheme that gives members an opportunity to propose topics for research. Some research had suggested that certain medications used for other chronic conditions – including some types of anti-inflammatory and some anti-hypertension drugs – may reduce the risk of developing Parkinson's. We postulated that these drugs may also slow down the progression of the condition. This has led to the initiation of systematic reviews of all available data on these two topics, and we are looking forward to the results in 2009.”



We successfully campaigned to keep promising new areas of research open when the **Human Fertilisation and Embryology Bill** was debated in Parliament. We lobbied ministers and parliamentarians, gained public support through media coverage, and engaged many people directly affected by Parkinson's in influencing their MPs.

Suzanne Shapiro, PDS member

“The debate on the Human Fertilisation and Embryology Bill following the lobby outside Parliament, both of which I attended, gave me and other people with equally devastating neurological conditions some hope. It took two letters to my MP – detailing the science behind the research that the Bill would allow, and all of the neurological conditions that stood to benefit from it – and a meeting with him at the House of Commons to get him on side. Despite earlier misgivings, he was persuaded to support this Bill. Thank you to all those who fund the science to find the cure for these devastating conditions.”

34 grants were awarded to fund a range of projects in institutions around the UK.

Dr Anton Gartner, Principal Investigator,
University of Dundee

“In 2008 I was awarded a PDS Studentship Grant, which has not only enabled me to hire a very talented PhD student, but also allowed my lab to enter a new field of research. This provides us with a chance to advance the world's understanding of Parkinson's while, at the same time, training promising future researchers at the cutting edge of this scientific field. At a time when science funding in the UK is very competitive, funding from the PDS allows us to undertake risky and novel projects, with the added benefit that it puts us in a stronger position to seek further funding from other organisations. As a result, we now think much harder about Parkinson's and areas of future research.”

Our **Members' Survey** – the focus of 2008's Parkinson's Awareness Week – was used throughout the organisation to inform our work and argue the case to external bodies.

Tanith Muller, PDS Influence and Service Development Officer, Scotland

“The Members' Survey has been a real help in influencing policy in Scotland. It clearly illustrates that, for most people, Parkinson's care falls far short of what is needed. We have used the Survey to illustrate a number of points – from the need for better information, to the shortage of PDNSs and allied health professionals. Providing a national picture as a backdrop to people's individual stories has really helped to raise the profile of Parkinson's in the Scottish Parliament, and with the Government and NHS in Scotland.”

176 researchers attended the PDS's first ever **research conference**: 'Progress: Advancing Parkinson's Research'.

Dr Emma Lane, Research Associate, Cardiff University, speaker at the conference

“The conference provided me with an opportunity to talk and network with researchers at all levels, knowing that we are all working towards the same wider goal – to find a cure for Parkinson's. I found it inspirational to hear about the brilliant work being carried out, not only in my own field, but across all disciplines: from basic molecular science to surgery and physiotherapy. Principal investigators, post-doctoral researchers and students were all part of the event and the standard of science presented was exceptional. I returned from this event, fully enthused and even more determined to do my part in helping to alleviate the burden of Parkinson's.”





We secured significant media coverage on **compulsive behaviours**, while ongoing PDS-funded research on the issue informed our work.

Jill Davis, PDS Media and Communications Officer

“The PDS media team is the first point of contact for journalists looking for information about the compulsive behaviours that a small proportion of people experience as a side effect of some Parkinson’s medications. The BBC *Newsnight* programme in February was a fantastic opportunity to ensure that the issue was reported in a responsible way, and let viewers know that the PDS was here to help. We issued press releases targeted at health professionals and the public immediately after the programme, emphasising our proactive funding of research into what might cause the problem and how it could be overcome. As a result, ITV’s *This Morning* took up the story, as did many regional papers.”

People with Parkinson’s remained at the heart of our research through our **Research Network**.

Harry Pearman, PDS Research Network member

“Members of the Research Network are offered the opportunity to visit sites where PDS-funded research projects are taking place. I have no scientific background, but in the course of these visits I have had the opportunity to study brain tissue under a microscope; I have looked at communities of living cells; I have seen the freezer where one day my donated brain will be stored; and have gained the benefit of what has amounted to a free course in microbiology. I like to think that site visits are of two-way benefit – it is one thing to spend every day handling test tubes, but it must provide an added incentive when a real person with Parkinson’s turns up and asks questions.”

Our website and magazines, including the **highly praised *Progress***, ensured anyone with an interest could access the latest news in Parkinson’s research.

Association of Medical Research Charities Awards judges on *Progress*, runner up in the ‘Research report for non-expert audience’ category

“Conveying the excitement, as well as the scientific content, of the projects. A really good read.”



In 2009 we will...

- launch a campaign to ensure everyone with Parkinson's gets the services they need, wherever they live
- increase awareness of the PDS Brain Bank among the public and researchers
- by the end of the year, ensure 80% of callers to our Helpline are getting through first time as part of our improvement programme
- highlight the research achievements of the Society as part of the 40th Anniversary celebrations
- pilot self care programmes for people with Parkinson's and their carers
- increase our contact with people affected by Parkinson's by 50% through our network of PDS Information and Support Workers and the work of our Information and Support Managers
- develop a tool to enable clinicians to assess the implementation of the NICE Guideline for Parkinson's
- establish ten new Parkinson's Disease Nurse Specialist posts
- develop new ways to give everyone touched by Parkinson's the opportunity to support the Society
- deliver a programme of information events in all parts of the UK, to agreed standards
- increase education about Parkinson's to health and social care professionals with a particular focus on those working in care homes and general practices
- develop the role of members and volunteers in the research process
- ensure all branch committee volunteers have received a PDS induction, health and safety training and support
- develop a further online module for GPs, to help them manage the full range of Parkinson's symptoms
- initiate a new online research grant application system to streamline the process

How you can help us

Help us get more members

The more members we have, the louder our voice in the campaign for a better quality of life for people affected by Parkinson's. For our 30,000 members, the Society is the main source of accurate information on Parkinson's and the issues that surround it, but we know there are many more people in the UK living with Parkinson's. Ten thousand people in the UK are diagnosed every year and one in 20 of these will be under the age of 40. We need them all to get involved in our work and help play a part in our fight against the condition. We are totally dependent on voluntary donations and we know that the majority of these donations are made by people whose lives have been touched by Parkinson's.

The support of our members is vital to the Society. We need your help to reach out to the thousands who have not yet discovered the benefits of becoming a member.

To join us, call our Membership team on 020 7932 1344 or visit www.parkinsons.org.uk/join

Help us support more people and find a cure for Parkinson's

You could make a one-off or regular donation, donate shares or leave a gift to the Society in your Will. You can get involved as a volunteer in a PDS branch or support group, organise your own fundraising event or take part in local fundraising activities.

The importance of regular giving

All donations are greatly appreciated, but supporting the Society with a Direct Debit allows us to plan for the future with confidence. To make a regular donation, please call our Finance team on 020 7932 1303 or visit our website at www.parkinsons.org.uk/donate

A gift in your Will

Over half of the Society's work is made possible through gifts left in people's Wills. A legacy is an invaluable gift and by choosing to support the Society in this way you will be helping to ensure that we can continue to provide essential support and find the cure that is so desperately needed. Contact the Legacy team on 020 7963 9306 or visit www.parkinsons.org.uk/will

Get sponsored or organise your own event

From marathons and overseas treks, to our national Party for Parkinson's initiative and local events in your area, there is something for everyone. Details of all our events can be found on our website at www.parkinsons.org.uk/events or from our Events team on 020 7932 1328.

Donations through a charitable trust

Donations from trusts, foundations and other grant making bodies across the UK play a vital part in the Society's funding. Trusts can give general donations or request to support a specific initiative, such as a research project. Funding to help us establish Parkinson's Disease Nurse Specialist posts is also an important way to ensure that people with Parkinson's enjoy the best standard of care. To find out more about funding our work through a trust, foundation or other grant making body, please contact the Trusts team on 020 7932 1360 or 1361.

Donate shares

A gift of shares can be one of the most cost-effective ways of supporting our work. Not only can you and the Society benefit from income tax relief on your donation, but your gift will be free of capital gains tax.

In order to qualify for the relief, your shares or securities must be listed or dealt on a recognised stock exchange, units in authorised unit trusts, shares in a UK open-ended investment company or holdings in certain foreign collective investment schemes. To find out more, contact the Fundraising team on 020 7932 1309.

Join a PDS branch or support group

Our branches offer something for everyone. We have over 330 branches and support groups that undertake a range of activities, from informative talks on living with Parkinson's to art classes, yoga sessions, fundraising and social outings. To find out about your nearest group, please contact our Volunteer Support team on 020 7932 1338 or visit www.parkinsons.org.uk/branches

Offer your time as a volunteer

Without the support of our 4,500 volunteers, the Society could not continue its vital work. Whether it's helping with branch activities, supporting our campaigns for people with Parkinson's, organising a fundraising event, becoming a member of the Research Network or acting as a media volunteer, you can make a lasting difference to people with Parkinson's.

Find out how you can use your skills and experience by contacting our Volunteer Support team on 020 7932 1338 or visiting www.parkinsons.org.uk/volunteer

Donate your brain after death

The Parkinson's Brain Bank provides human brain tissue to researchers around the world who are working towards a cure for Parkinson's. Research using donated tissue has already led to important medical breakthroughs in Parkinson's. But researchers face a desperate shortage of brains that are required for essential research.

Anyone can become a potential donor – including people without Parkinson's. This enables researchers to compare what happens in a Parkinson's brain with one without the condition.

To receive an Information Pack, call the Brain Bank on 020 7594 9732 or visit www.parkinsons.org.uk/brainbank

Thank you

We would like to thank everyone for their support and donations in 2008. First and foremost, we remember the 319 people whose legacy gifts funded over half of our work this year. To them and their families, our very special thanks.

Charitable Trusts and Foundations

We would like to thank the following who gave £1,000 or more this year:

Sylvia Aitken Charitable Trust
The HB Allen Charitable Trust
Viscount Amory's Charitable Trust
The Harry Bacon Foundation
The Ballinger Charitable Trust
Louis Baylis Trust
The Jeremy and Pat Beasley Trust
The Bedford Charity
The Bothwell Charitable Trust
Frank Brake Charitable Trust
The CHK Charities Ltd
The Cadogan Charity
The Charles Wolfson Charitable Trust
The Martin Connell Charitable Trust
Daventry District Council (Leader's Charity)
JN Derbyshire Trust
Mayor of Derry Annual Charity Fund
The Doughty Hanson Charitable Foundation
The Drivers Jonas Charitable Trust
Durham Shopping Extravaganza
The Englefield Charitable Trust
The Eveson Charitable Trust
The Lord Faringdon Charitable Trust
The Ian Fleming Charitable Trust
The Donald Forrester Trust
Fowler Smith and Jones Charitable Trust
Mrs JMF Fraser Charitable Trust
The Joseph Strong Frazer Trust
The Freemasons' Grand Charity
The Sir Robert Gooch Trust
Gough Ritchie Trust
Guildford & Waverley Voluntary Grants Panel
The Walter Guinness Charitable Trust
Susan H Guy Charitable Trust
The Hawthorn Charitable Trust
Haymills Charitable Trust
Hull Aid in Sickness Trust
The Albert Hunt Trust
Edith Jamieson Charitable Trust
The John Jarrold Trust
The Lillie Johnson Charitable Trust
The Marjorie and Geoffrey Jones Charitable Trust
The Jordan Charitable Foundation
Kilburn Lodge No. 1608
RO Kinnison Charitable Trust
Kinsurdy Charitable Trust
The Kirby Laing Foundation
The Edgar E Lawley Foundation
The George John and Sheilah Livanos Charitable Trust
The Marie Helen Luen Charitable Trust
The AH Lynall Foundation
J Macdonald Menzies Charitable Trust
Bruce McLeod Memorial Fund
The Medlock Charitable Trust

The Moffat Charitable Trust
The Monument Trust
George A Moore Foundation
Mourant Charitable Trustees
The Norman Family Charitable Trust
The Orchard Trust
The Peacock Charitable Trust
The Misses CM Pearson & MV Williams Charitable Trust
The Bernard Piggott Trust
Col WW Pilkington Will Trust
FC Pollard Charitable Trust
The Pye Foundation
Queen Victoria Benevolent Fund
The Sir James Roll Charitable Trust
The Rosca Trust
Rosetrees Trust
The Worshipful Company of Salters
Florence Saunders Relief In Sickness Charity
Trustees of the Scotto Charitable Trust
The Scouloudi Foundation
ShareGift
The Henry Smith Charity
The Suffolk Foundation
The Sudborough Foundation
The Sovereign Health Care Charitable Trust
The Speilman Trust
The Spurrell Charitable Trust
The Steel Charitable Trust
The Steinberg Family Charitable Trust
The Leonard Laity Stoate Charity
Stratford Town Trust
St Stephens Masonic Lodge
The Bernard Sunley Charitable Foundation
The Tanner Trust
Telford & Wrekin Mayoral Charity Fund
Thames River Capital Charitable Trust
The Simon Whitbread Charitable Trust
The Sir Jules Thorn Charitable Trust
The Three Oaks Trust
Albert Van den Bergh Charitable Trust
Mrs Maud Van Norden's Charitable Foundation
The Walker Trust
The Peter Ward Charitable Trust
West Ealing Lodge No. 6274
Septimus Willis Will Trust
The Diana and Gerard Young Trust
The Elizabeth & Prince Zaiger Trust
Anonymous Trusts

Companies and other organisations

We would like to thank the following who gave £2,000 or more this year:

Aberdeen Asset Management
Anglia Regional Co-operative Association of Church Fellowships – Birmingham Diocese
Avon Centre Caravan Club

Barclays Bank Limited
Carmarthen County Council
Cirencester Golf Club
Colchester Catalyst
Colton Care Limited
Co-operative Pharmacy
Deloitte LLP
Dorset County Council
East Surrey Caravan Club
Ferndown Rotary Club
GlaxoSmithKline UK Limited
Hertfordshire County Council
Inner Wheel of Corstorphine
Inner Wheel of Havant
Inner Wheel of Portsmouth
International Search Group Limited
Kilsyth Bowling Club
Leighton & Linslade Town Council
Marlow Town Council
Morgan Stanley
Nailsea Town Council
NHS York
North Yorkshire County Council
Northants County Council
Ocean Partners UK Limited
Offerton Methodist Choir
Pearl Group Limited
Pembrokeshire County Council
Powys County Council
Rochdale Metropolitan Borough Council
Sandlands Golf Club
St Albans Rotary Club
SThree
The Caravan Club
Throckley Bank Top Club
United Reform Church
West Berkshire District Council
Western Health Trust
Windsor Forest Unicorn Club
Wirral Partnership Homes
Writtle College

Celebrities

A special thank you to the following celebrities for their help and dedication during 2008. We look forward to working with them in 2009.

Jane Asher, President
Richard Briers CBE, Hon Vice President
Jilly Cooper
Boris Johnson, Mayor of London
Phyllida Law
Bill Neely
Graham Norton
Michael Palin CBE
Denise Robertson MBE

Legal and administrative information

Registered Office

215 Vauxhall Bridge Road
London SW1V 1EJ

Patron

HRH The Duchess of Gloucester GCVO

President

Jane Asher

Hon Vice President

Richard Briers CBE

Vice Presidents

Lord Ashley of Stoke

John Bowis OBE, MEP

Jeremy Browne MP

Professor Leslie Findlay TD, MD, FRCP, DCH

Baroness Susan Greenfield CBE

Lord Harrison

Geraldine Peacock OBE

Dr Brian Pentland MB, ChB, FRCPEd

Dr Thomas Stuttaford MB

Lady Gillian Howard de Walden

Lord Walton of Detchant

The Board of Trustees

- Mark Dumas (Chair and EC)
- Paul Boothman from 13.09.08
- Jackie Campbell MBE (Trustee from Northern Ireland)
- Colin Cheesman LLB (EC, Hon Secretary)
- Ronald Harvey (Trustee from Wales) to 13.09.08
- Susann Hill BA, DipSocSc, AIMS (EC)
- Melinda Letts OBE, MA(Oxon), (EC from 13.09.08)
- Alun Morgan (Trustee from Wales) from 13.09.08
- Dr Jeremy Playfer MD, FRCP(Lon)
- Dr Shirley Ratcliffe MB, BS, FRCP
- Ralph Tingle BA, CIPFA (EC and Hon Treasurer)

- Elizabeth Wolstenholme CBE, BA(Hons) (EC)
- Iain Young CEng (Trustee from Scotland, EC)

Audit and Investment Committee

Sarah Brown OBE, BA (Chair)

Karin Norman BSc(Hons)

Christopher Robinson

Ralph Tingle BA, CIPFA

Iain Young CEng

Nominations Panel

Patrick Mark (Chair)

Colin Cheesman LLB

Mark Dumas

Elaine Fear BA(Hons)

Lucianne Sawyer CBE

Ralph Tingle BA, CIPFA

Subsidiary Bodies

Research Advisory Panel

Professor Paul Bolam BSc, PhD (Chair)

YPN (Younger Parkinson's Network)

Alun Morgan (Chair)

SPRING (Special Parkinson's Research Interest Group)

Flora Hill (Chair)

Scottish Council

Iain Young (Chair from November 2008)

Northern Ireland Council

Jackie Campbell MBE (Chair)

Wales Council

David Price (Chair)

Branches and Support Groups

(EC) = Member of Executive Committee ▪ Elected • Appointed

Professional Advisors

Auditors

Horwath Clark Whitehill LLP
St Brides House
10 Salisbury Square
London EC4Y 8EA

Bankers

Royal Bank of Scotland
97 New Bond Street
London W1Y 0EU

Investment Managers

Newton Investment Management Limited
160 Queen Victoria Street
London EC4V 4LA

Solicitors

Wilson Solicitors LLP
Steynings House
Summerlock Approach
Salisbury
Wiltshire
SP2 7RJ

Staff Principal Contacts

Chief Executive

Steve Ford BA(Hons)

Director of Communications

Nicola Brian BSc

Director of Community Services

Rachel Raymond BSc, MBA, MCMI

Director of Finance & Administration

Lester Corp BSc(Econ), FCA, FCMI

Director of Fundraising

Paul Jackson-Clark BSocSci

Director of Human Resources

Carolyn Nutkins DipHE MCIPD

Director of Policy, Campaigns & Information

Valerie Buxton RGN, PGDipHV, BA(Hons), MA

Director of Research & Development

Dr Kieran Breen BSc, PhD

Company Secretary

Lester Corp BSc(Econ), FCA, FCMI

Report of the Trustees

For the year ended 31 December 2008

The Trustees, who are also the Directors of the Charity for the purposes of the Companies Act 1985, have pleasure in submitting their annual report and the audited financial statements for the year ended 31 December 2008. The Trustees' Report incorporates the Society's objectives, achievements and future plans, which are set out on pages 4–17 and 23 onwards.

Objectives, achievements and future plans

The Society's overarching objects are the conquest of Parkinson's disease and the alleviation of the suffering and distress it causes, through effective research, education, welfare and communication.

Vision and mission

The Society's long-term vision is to find a cure for Parkinson's disease, and in the meantime to encourage and fund research which will lead to improved treatment for the condition. Our extensive and varied scientific and clinical research programme includes commissioned research into priority areas identified by members and the provision of training fellowships. However, the Society is also well aware of the immediate need that people with Parkinson's, their families and carers have for support and information as they come to terms with living with Parkinson's. The Society has, therefore, adopted an integrated, multi-stranded strategy in support of its objectives in order to:

- ensure that accurate and timely advice, information and support are available for people with Parkinson's, their families and carers in a variety of ways, while also providing education on Parkinson's to health and care workers
- ensure access to high-quality health services, working collaboratively with health and social care professionals and statutory organisations

- influence national policy through campaigning at national and local levels to improve understanding of the needs of people with Parkinson's and encourage and develop best practice in health and social care
- promote research by developing research networks, supporting and commissioning research projects and publicising the results, and disseminating research information not only to scientists, but also to people with Parkinson's and their carers
- promote the widespread understanding of Parkinson's disease in society
- ensure and develop opportunities for fellowship and mutual support to improve the quality of life of people affected by this condition

Set out on pages 4–17 is a Review of some of the many activities undertaken by the Society to achieve these strategic objectives during the year, together with an outline of plans for 2009. Information on the Society's fundraising activities in support of its objectives is given within the same pages, as well as on pages 18–20.

Structure, governance and management

Legal status

The Parkinson's Disease Society of the United Kingdom (also known as Parkinson's Disease Society and PDS) was founded in 1969 by Miss Mali Jenkins, whose sister had the condition. She recognised the huge need to provide people with Parkinson's with information and support and to drive forward the search for a cure, and the Society remains true to her vision. Now, as the Society moves into its fortieth year of operation, it has developed from a small group meeting in Miss Jenkins' own home into the UK's leading charity working on behalf of people with Parkinson's nationally, regionally and locally. The Society is registered as a charity in England and Wales by the Charity Commission

(Registered Charity No. 258197: this registration also covers its operations in Northern Ireland) and in Scotland by the Office of the Scottish Charity Regulator (Registered Charity SC037554). The Society is also a company limited by guarantee (Registered No. 948776) and a Trust Corporation.

PDS branches and groups

The Society is a membership organisation, and during the past year its membership has risen, currently standing at over 30,000 members. A network of 232 branches and 134 support groups throughout the UK provides activities, mutual support and companionship for people with Parkinson's, their families and carers, as well as making a valuable contribution to the campaigning and support work of the Society at a local level. There are also two special interest groups: SPRING, for members with a particular interest in research, and YPN, the Younger Parkinson's Network. These are not separate legal entities and are not autonomous, but the Board of Trustees delegates certain responsibilities to their committees through Rules and Guidelines.

The Society values the views of all its members and encourages their input through a variety of methods including local, regional and national consultations, with key strategic issues also being discussed at the Annual Branches Meeting. The responses to a major questionnaire sent to all members in 2007 have helped formulate the Society's strategic developments in 2008 and will prove an invaluable information source in coming years.

The Board of Trustees

The Board of Trustees is the governing body of the Society and held seven formal Board meetings during 2008, including one which took place in Birmingham and was combined with opportunities for the Board and Directors of the Society to meet with health and social care professionals and branch members in the West Midlands. An away day was also held to enable the Board to discuss key strategic issues surrounding research. The Board's principal duties are to:

- establish and develop the policies and strategies of the Society
- ensure that the Society's resources are used effectively and efficiently to further its primary objectives
- provide strategic guidance to and exercise general control of the administration of the Society
- ensure, by monitoring the work of the Chief Executive and through him the staff, that the Society is run efficiently and accountably

- ensure full compliance with all statutory obligations relating to the Society and its activities

The Executive Committee is a committee of the Board, primarily comprising the Honorary Officers, but with the option to include not more than three other Trustees. The Committee may be called upon to meet if there is an urgent decision to be made which cannot await a meeting of the full Board. On the rare occasions when this may occur, the Committee will report to the Board at the earliest opportunity.

The Board comprises seven elected Trustees (four from England and one each from Northern Ireland, Scotland and Wales) and five appointed Trustees. Each is normally elected or appointed for a four-year term of office, though if a Trustee stands down before the end of this period, another may be elected or appointed to serve for the remainder of that term. Trustees may stand for re-election provided they have not already served for a continuous period of six or more years, in which case they must stand down for at least one year. The Board may also co-opt up to two Trustees, usually to meet an identified skills gap or need. Co-opted Trustees serve for a period of one year, may be co-opted for a second year and may thereafter stand for election or appointment. The members of the Board of Trustees during 2008 are listed on page 21, and were in office throughout the year, except where shown.

The full criteria for candidates for election as Trustees are set out in the Articles of Association, but basically, anyone may stand who has been a member of the Society for at least 12 months, lives in the electing region of the UK where the vacancy occurs, is not employed by the Society and has not undertaken paid work for the Society within the previous three years. Candidates for election must be nominated by five members also living in the relevant region, not more than three of whom shall be members of any one branch or support group (members who are not attached to a branch may also nominate a candidate). If more than one candidate stands for a vacancy, election is by postal ballot, with all members living in the electing region eligible to vote. The five appointed Trustees may be recruited from within or outside the Society (though in the latter case, they must become members prior to their appointment). Following a thorough recruitment and selection process, usually undertaken by the Nominations Panel, recommendations are made to the Board, who make the final decision. The overall aim is to ensure a good mix of skills on the Board and that succession planning needs are met.

The Society tries to ensure that anyone interested in standing as a Trustee is fully informed of what the role entails, with a comprehensive information pack being sent to all potential candidates. New Trustees are provided with a more detailed briefing pack, attend an induction day at the Society's offices, and are linked to an experienced Trustee who acts as mentor. All Trustees are invited to attend regular briefing sessions on particular aspects of the Society's work. Other internal or external training is currently offered on an ad hoc basis, as required by individual Trustees.

Trustees do not receive any remuneration for their services, but may claim reasonable expenses for travel, hotel accommodation and other costs properly incurred in connection with attendance at meetings or other duties. These are listed on page 39, note 8.

The following Committees support the Board, and brief reports of their activities during 2008 are given below:

The Audit and Investment Committee is responsible for investigating, reviewing, reporting and advising on the Society's governance, financial and asset management, internal and external audits and the effectiveness and efficiency of its operational processes, and until the end of 2008 also monitored risk management, though this is now undertaken by a separate committee. The Committee's wise advice has minimised the threat to the Society's investments in the face of the current recession, and investment policy and contingency planning remain a key focus of their discussions. The Audit and Investment Committee met four times during 2008, in addition to telephone and email consultations.

The Nominations Panel is responsible for Board skills audits and the recruitment of appointed and co-opted Trustees. The Panel held two formal meetings during 2008, and also met to carry out interviews for the vacancy for an Appointed Trustee with knowledge of marketing and fundraising, which resulted in the appointment of Mr Paul Boothman. Other activities undertaken by the Panel during the year were:

- the annual review of Board skills, which led to identified skills gaps in the areas of business management and social care, and commencement of the recruitment process for Trustees with appropriate skills to be appointed to the Board in September 2009.
- an investigation of the election procedures for Trustees, which resulted in more 'user friendly' procedures to encourage more members to consider standing as candidates.
- succession planning, especially with regard to the chairing of the Board.

The Research Advisory Panel, comprising experts from a range of scientific, clinical, therapeutic and social care specialties plus lay members, advises the Board on research matters, in particular the award of grants and fellowships and the commissioning of research in areas identified as a priority by members. The Panel, which met twice during 2008, is itself supported by the Research Network of members with a particular interest in research, and by a wide network of external specialists who review grant proposals submitted.

In addition, Strategy Groups meet to discuss in more detail specific areas of the Society's strategy.

These currently comprise:

- The Research Strategy Group
- The Performance Management and Brand Development Group
- The Financial Strategy Group

Other committees comprising a mixture of staff, Trustees and members, such as the Risk Committee and the Information Advisory Panel, also meet to give input to specific areas of the Society's activities.

Administrative structure

The Society's National Office in London co-ordinates and supports the work of the managers and staff based at its offices in Scotland, Wales and Northern Ireland, and the managers and staff in ten regions in England. The Board delegates operational planning and day-to-day management, including financial authority, to the Chief Executive and through him to the senior management team and staff, within approved specific limits. These are, however, overseen by the Board through reports and briefings presented by the Directors and others at Board meetings and at the major annual Plan and Budget meeting.

Relationships with other organisations

Although the Society has no formal relationships with other organisations, it works collaboratively with a number of statutory and voluntary bodies, especially other neurological charities and carers' organisations, and endeavours to establish and maintain good working relationships at national and local levels with health and social care providers.

Grant-making policy and practice

The Society makes grants in four main areas

- Research, through both commissioning and supporting research projects, including the Brain Tissue Bank at Imperial College. Invitations for project applications (whether open submissions or

for specific commissioned areas of research) are placed in relevant professional journals, and the resultant applications are then scrutinised by expert panels and undergo peer review before successful applications are presented to the Board for its approval. The Society also offers Innovation Grants (to a maximum of £30,000), which are intended to support pilot projects and encourage clinical practitioners to take up research, Career Development Grants for post-doctoral researchers, and Fellowships for PhD students. Grants awarded and paid during the year are shown on page 39, note 7.

- Parkinson's Disease Nurse Specialists, where the Society 'pump primes' the employment of a specialist nurse (usually for one or two years). This is done in response to recognised local need, often with branch support, and through negotiation with the relevant NHS commissioning authority, which must assure the Society that they will continue funding the post once the pump priming period ends. In 2008, the Society also began investigating the development of a therapy programme (with the possibility of 'pump priming' posts if appropriate) and two pilot projects have involved the development of multidisciplinary teams. Details of such funding during 2008 are shown on page 39 note 7.
- The Mali Jenkins Help Fund is administered by the Society's Advisory Services team, and aims to help people with Parkinson's who are on low income and in need of short respite breaks or items of equipment which they cannot obtain through statutory services. The fund covers equipment or home adaptations (up to £1,500), respite breaks for the person with Parkinson's or their carer (up to £1,000) and other items, e.g. domestic appliances (up to £500). Grants awarded and paid during the year are shown on page 39, note 7.
- The Research Equipment Small Grants Fund, administered by the Society's Research Department, which makes grants for specific items of equipment to the Society's research grant holders from funds raised by the Society's branches and groups.

Statement of Trustees' responsibilities

The Trustees are responsible for preparing the annual report and the financial statements. Company law requires the Trustees to prepare such financial statements for each financial year which give a true and fair view, in accordance with United Kingdom Generally Accepted Accounting Practice, of the financial activities of the Society and of the group and of its financial

position at the end of the year in accordance with the Companies Act 1985, the Charities Act 1983, the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently.
- make judgements and estimates that are reasonable and prudent.
- state whether applicable accounting standards have been followed.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Society will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy the financial position of the Society and the group and which enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible, through systems of internal and external control, for safeguarding the assets of the Society and the group and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Each of the persons who is a Trustee at the date of approval of this report confirms that:

- so far that the Trustee is aware, there is no relevant audit information of which the Society's auditors are unaware.
- the Trustee has taken all the steps that he/she ought to have taken as a Trustee in order to make himself/herself aware of any relevant audit information and to establish that the company's auditors are aware of that information.

This confirmation is given and should be interpreted in accordance with the provisions of s234ZA of the Companies Act 1985.

Financial review and results for the year

The Society's consolidated accounts for the year are on pages 32–43. A summary of the financial results for the year is set out below, together with charts at the end of this Report showing the main sources of income and expenditure on activities.

In 2008, the Society completed its expansion of services at a local level available to and in support of people with Parkinson's and their carers and families. Under the current Strategic Plan for 2007–2011, the 'Support for All' programme is to be partly paid for by funds raised by the Society's branch committees. £7.9m of the Society's total reserves at 31 December 2008 were held in the branch network. Approximately a half of these

reserves are pledged over time to meet the commitment to fund the additional costs to the end of 2011.

The Society's accumulated funds buy time for the Society to set about increasing its annual sustainable income to the higher level of planned expenditure. The financial strategy intends that increased levels of fundraised income will have achieved annual equilibrium with the increased annual expenditure no later than the time when funds have been reduced to the agreed minimum level to properly finance the Society's operations. The Society remains broadly on course to realise this aim, despite the deepening financial crisis in the UK economy.

Incoming resources

Total income increased by £1.7m to £18.2m, an increase of 10%. The Society surpassed its fundraising objective for 2008, with income exceeding budget by £0.9m, 5%.

Donations increased by £0.6m, 18%. Support from Charitable Trusts increased to £0.75m. The Society enjoyed another year of excellent media coverage, with unsolicited donations increasing by £0.3m, 28%. Income from legacies performed well increasing by £0.9m, 12%, with both the average value and number above the previous year. Income from our programme of events and treks grew by 4%.

New activities for the year included the Implementation of a legacy marketing strategy and a plan for the growth in number of Society members.

Included in total income is £3.5m raised by our branches, which repeated the record achieved in the previous year (see note 4 on page 37)

Resources expended

Total expenditure increased by £3.7m (22%) to £20.7m.

The cost of generating funds rose by £0.9m (41%), reflecting increased fundraising activity including investment in regional fundraisers as evidenced by the growth in voluntary income.

Total expenditure on charitable activities, excluding governance costs, increased by £2.8m to £17.2m, an increase of 19%. Expenditure on new research grant awards and other research work was maintained at £4.9m. A particular success was the increase in the new Parkinson's Disease Nurse Specialists awards, by £0.6m (53%). The expansion of the regional teams

and level of activities was completed in 2008, the main reason for the increase in care and service provision spend of £2.2m (35%). Demand for the Society's highly valued information and education services remained strong throughout the year.

Governance costs, which include the expenditure on conference costs associated with the Annual General Meeting, increased by 10% but fell 1% to 2% of total resources expended. Additional expenditure on internal audit reviews reflects the expansion of the size and complexity of the Society.

When the budget for the year was set in November 2007, a net deficit of £4.4m was planned. However, although incoming resources exceeded target, there was significant under spend of charitable expenditure, mainly due to the deferred renewal of the PDS Tissue Bank contract. The planned deficit would have resulted in the aggregate value of reserves at the end of the year being £22m. The actual deficit of £2.5m, together with the increase in the value of the Society's investment portfolio of £0.5, resulted in a decrease of £2m in the value of reserves to £24.4m.

P.D.S. (Sales) Limited

The company is the trading arm of the Society and sells DVDs, Christmas cards, stationery and general gift items. The company donates its profits to the Society, thereby making a useful contribution to the funds available to the Society. Its results are shown on page 36, note 3.

Reserves policy

The Society's policy is to maintain minimum reserves at (and not significantly above) a level which ensures that the Society's core strategic activities are able to continue in the immediate future (i.e. for at least one year).

As restricted expenditure and Branch activities depend on the existence of related reserves, their corresponding reserve requirements are generally satisfied.

As regards the remainder of the Society's activities, the reserves policy takes into account the following factors:

- Planned budget deficits
- Budgeted capital commitments
- The risks associated with the Society's different income streams
- The risks and effects of any proposed new strategic objectives

- The risks and effects of any known external factors or contingencies.

In accordance with this policy, the Trustees have determined that the minimum level of reserves required at 31 December 2008, excluding restricted funds and Branches, amounts to £8.8 million. At that date this was covered by unrestricted reserves comprising the general and designated funds held at the National Office.

This reserves level and opportunities to utilise any surplus are under regular review. The Strategic Plan for 2007–2011 approved by Trustees which provides for services to be increased throughout the UK during the term of the plan, ahead of current levels of income, will utilise the surplus of unrestricted reserves over the minimum level.

The Society's general, designated and restricted funds, together with an indication of the purpose of each, are detailed on page 42 in note 15 to the financial statements.

Investment policy and returns

The main points of the investment policy, which has been adopted by the Board of Trustees, are:

- invested funds are to be preserved and, to the extent possible, enhanced.
- a balance is to be maintained between growth and income through a diversified portfolio.
- the Society is prepared to accept a moderate degree of risk, consistent with the adoption of a prudent investment approach.

The Trustees review the investment policy at least annually. During 2008, Trustees moved even further into lower risk investments in response to the exceptional investment climate in order to ensure a stable basis for the Society's future developments. Consequently all the reserves required under the Society's reserves policy to be invested were held in UK Government Treasury Bills and UK banks with as high a credit rating as is available, as chosen by Trustees, with advice from the Audit and Investment Committee and investment managers. As far as the Trustees are aware, no investment is held in businesses whose activities conflict with the Society's Objects.

The market value of the managed portfolio at 31 December 2008 decreased by 1% during the year.

Changes in tangible fixed assets

The movements in tangible fixed assets during the year are set out on page 40 in note 9 to the financial statements.

Internal controls and risk management

The Trustees have overall responsibility for ensuring that the Society has an appropriate system of controls, both financial and otherwise.

The Society's systems of internal control are designed to provide reasonable assurance against material financial misstatement or loss to the Society.

The Risk Register is monitored, updated and developed on a regular basis.

This process involves:

- a remit to senior management and to the Audit and Investment Committee, the Risk Committee and other sub-committees and working groups to identify the risk element in all aspects of the Society's activities, and indicate how this will be monitored and risks minimised.
- receiving regular financial management reports and comparison with agreed budgets.
- developing a reserves policy which takes account of the risks of streams of income and expenditure.
- reviewing Branch Rules and Guidelines and supporting and advising Branches on risk management.
- engaging internal and external auditors who use a risk-based approach.

In addition, as part of the development of strategy, the Trustees and the Chief Executive consider risks, map these against strategic aims and set up performance measures to monitor progress.

Risks identified can be classified into:

- Operational – service quality and development
- Financial, internal control and fundraising
- Reputational and regulatory
- Loss of staff and volunteers
- Physical, e.g. fire and damage to buildings and IT systems.

Work to address identified risks is mainly taken in the context of setting the annual plan. These actions are taken by the Risk Committee and their progress is monitored annually by the Audit and Investment Committee, which receives an annual Statement of Internal Control from the Chief Executive. Insurance cover is reviewed annually and takes account of the risk management process.

The Trustees are pleased to report that the charity's internal financial controls conform to guidelines issued by the Charity Commission.

Volunteers

Volunteers are vitally important to the Society, especially in the help which they offer at a local level in supporting people with Parkinson's, their families and carers, in Branch and Support Group activities, educating, campaigning and fundraising. The Society has in the region of 4,500 volunteers who in 2008 contributed an estimated total of 800,000 hours of their time. The Society is deeply grateful for their continuing hard work and commitment. To support their work, the Society has recruited a UK-wide network of 20 Branch and Volunteer Support Officers. The Society is also very grateful to the many volunteer events participants and organisers who have helped raise funds throughout the year.

We were delighted to recognise the outstanding work over many years in the Society of the following volunteers by granting them Honorary Life Membership in 2008:

Mr Alan Ball	Mansfield Branch
Mrs Pat Berry	Scarborough Branch
Mr John Bowner	Sunderland Branch
Mrs Margaret Gibbons	Aberystwyth Branch
Mr John Ithell	Nottingham Branch
Mrs Dorothy Lewis	Nottingham Branch
Dr Debesh Mukherjee	Swindon Branch
Mr Peter Ralph	Tunbridge Wells Branch
Mrs Betty Riches	Norwich Branch
Mrs Jenny Walters	Mid Cornwall Branch
Mr Norman Westhead	Stafford Branch

In addition the following were awarded Branch Certificates of Merit:

Mrs Iris Bates	Doncaster
Mr Roger Carr	Brighton and Hove
Mrs Linda Flintham	Lincoln
Miss Ann Hibbert	Barnsley
Mrs Gill Laws	Lincoln
Mr Derek Saunders	Tunbridge Wells

Auditors

A resolution proposing that Horwath Clark Whitehill be reappointed as auditors of the Society will be put to the Annual General Meeting in September 2009.

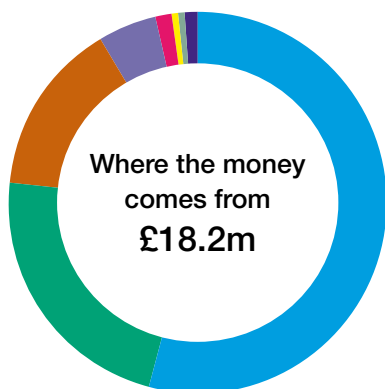
This report was approved by the Board on 8 July 2009



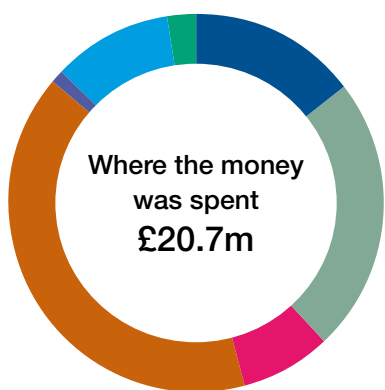
Mark Dumas
Chair, Parkinson's Disease Society of the
United Kingdom

Financial overview

Total for Parkinson's Disease Society



Legacies and in memoriam	54.2%
Donations	22.7%
Events	14.7%
Investment income	4.8%
Grants	1.5%
Information and education	0.5%
Membership subscriptions	0.6%
Other incoming resources	1%

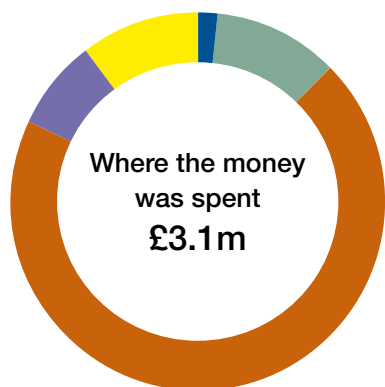


Cost of generating voluntary income	14.6%
Investment management costs	0.1%
Research	23.5%
Parkinson's Disease Nurse Specialists	7.8%
Care and service provision	40.3%
Membership	1%
Information and education	10.3%
Governance costs	2.4%



Branches and support groups

Legacies and in memoriam	23.4%
Donations (including branch subscriptions)	28.8%
Events	33.7%
Investment income	8.3%
Grants	4.9%
Other	0.9%



Cost of generating voluntary income	1.7%
Research	10.8%
Parkinson's Disease Nurse Specialists	0%
Care and service provision	69.6%
Branch administration support costs	7.7%
Other	10.2%

Independent auditors' report

To the Members of Parkinson's Disease Society of the United Kingdom

We have audited the group and Society financial statements of Parkinson's Disease Society for the year ended 31 December 2008 set out on pages 32 to 43. These financial statements have been prepared in accordance with the accounting policies set out therein.

This report is made solely to the Society's members, as a body, in accordance with Section 235 of the Companies Act 1985 and to the charity's trustees, as a body, in accordance with section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005. Our audit work has been undertaken so that we might state to the Society's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Society, and the Society's members as a body for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of Trustees and auditors

The Trustees' (who are also directors of Parkinson's Disease Society for the purpose of company law) responsibilities for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) are set out in the Statement of Trustees' Responsibilities.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (United Kingdom and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with the Companies Act 1985 and comply with the requirements of regulation 8 of the Charities Accounts (Scotland) Regulations 2006. We also report to you if in our opinion the information given in the Trustees' Report is consistent with the financial statements.

In addition we report to you if, in our opinion, the Society has not kept proper accounting records, if we have not received all the information and explanations we require for our audit or if information specified by law regarding trustees' remuneration and other transactions with the charity is not disclosed.

We read the Trustees' Report and consider the implications for our report if we become aware of any apparent misstatements within it. Our responsibilities do not extend to other information.

Basis of opinion

We conducted our audit in accordance with International Standards on Auditing (United Kingdom and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgments made by the trustees in the preparation of the financial statements, and of whether the accounting policies are appropriate to the Society's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

Opinion

In our opinion:

- the financial statements give a true and fair view, in accordance with United Kingdom Generally Accepted Accounting Practice, of the state of the affairs of the Society and of the group as at 31 December 2008 and of the group's incoming resources and application of resources, including the group's income and expenditure, for the year then ended;
- the financial statements have been prepared in accordance with the Companies Act 1985, and comply with the requirements of the Charities and Trustees Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006; and
- the information given in the Trustees Report is consistent with the financial statements.

Horwath Clark Whitehill LLP

Horwath Clark Whitehill LLP
Chartered Accountants and Registered Auditors, London, UK
27 July 2009

Consolidated Statement of Financial Activities (Incorporating an Income and Expenditure Account)

For the year ended 31 December 2008

	Notes	Unrestricted funds £'000	Restricted funds £'000	2008 Total £'000	2007 Total £'000
Incoming resources					
Incoming resources from generated funds					
Voluntary income:					
Legacies and in memoriam		8,601	1,251	9,852	8,840
Donations		3,155	967	4,122	3,505
Activities for generating funds:					
Events		2,225	452	2,677	2,570
Trading activities		164	0	164	193
Investment income	2	735	129	864	798
Incoming resources from charitable activities					
Grants	18	60	208	268	379
Information and education		83	0	83	24
Membership subscriptions		118	0	118	115
Other incoming resources		33	0	33	48
Total incoming resources	1	15,174	3,007	18,181	16,472
Resources expended					
Costs of generating funds	6				
Cost of generating voluntary income		2,913	2	2,915	2,009
Trading activities		116	0	116	144
Investment management costs		22	0	22	14
Cost of generating funds	1, 6	3,051	2	3,053	2,167
Net incoming resources available for charitable application		12,123	3,005	15,128	14,305
Charitable activities	6				
Research		3,347	1,523	4,870	4,780
Parkinson's Disease Nurse Specialists		1,497	124	1,621	1,058
Care and service provision		7,789	568	8,357	6,190
Membership		219	0	219	256
Information and education		2,057	65	2,122	2,127
Governance costs		482	0	482	438
	1, 6	15,391	2,280	17,671	14,849
Total resources expended	6	18,442	2,282	20,724	17,016
Net (outgoing)/incoming resources for the year before:	5	(3,268)	725	(2,543)	(544)
Gross transfer between funds	15	804	(804)	0	0
		(2,464)	(79)	(2,543)	(544)
Other recognised gains and losses					
Net gains on investments	10	567	0	567	954
Net movement in funds		(1,897)	(79)	(1,976)	410
Fund balances brought forward at 1 January	15	22,614	3,786	26,400	25,990
Fund balances carried forward at 31 December	15	20,717	3,707	24,424	26,400

All the above results derive from the continuing activities of the Society. There are no other gains or losses other than those shown above. The net outgoing resources for the financial year dealt with in the accounts of the parent company was £(2,574,000) (2007: £(576,000)). No separate Statement of Financial Activities of the Society has been presented as permitted by Section 230 of the Companies Act 1985 and paragraph 397 of SORP 2005.

The Deficit determined under the Companies Act 1985 is £(2,543,000) (2007: £(544,000))
The accompanying notes form an integral part of these financial statements.

Consolidated and Society Balance Sheets

as at 31 December 2008

	Notes	2008 Group £'000	2007 Group £'000	2008 Society £'000	2007 Society £'000
Fixed assets					
Tangible assets	9	2,497	2,521	2,497	2,521
Investments	10	20,007	20,587	20,032	20,612
Total fixed assets		22,504	23,108	22,529	23,133
Current assets					
Stock		8	4	0	0
Debtors	11	839	446	766	353
Current asset investments		7,707	7,303	7,707	7,303
Cash at bank and in hand:					
National Office		2,012	2,217	2,002	2,203
Branches		5,675	5,896	5,675	5,896
Total current assets		16,241	15,866	16,150	15,755
Creditors					
Amounts falling due within one year	13	(8,072)	(6,605)	(8,006)	(6,519)
Net current assets		8,169	9,261	8,144	9,236
Total assets less current liabilities		30,673	32,369	30,673	32,369
Creditors					
Amounts falling due after more than one year	14	(6,249)	(5,969)	(6,249)	(5,969)
Net assets		24,424	26,400	24,424	26,400
Funds					
Unrestricted income funds:					
General funds		16,822	16,594	16,822	16,594
Designated funds		3,895	6,020	3,895	6,020
Restricted income funds		3,707	3,786	3,707	3,786
Total funds	15	24,424	26,400	24,424	26,400
NOTES:					
Funds					
National Office		16,531	18,826	16,531	18,826
Branches	4	7,893	7,574	7,893	7,574
Total funds	15	24,424	26,400	24,424	26,400
Funds					
For planned expansion		14,031	17,250	14,031	17,250
To be retained		10,393	9,150	10,393	9,150
Total funds	15	24,424	26,400	24,424	26,400

The amount of the total funds which the Trustees have resolved to provide for the funding of the planned deficits during the period of the Strategic Plan 2007–2011 is shown on page 42, note 15.

The financial statements were approved by the Board of Trustees and signed on its behalf by:

Mark Dumas 

Ralph Tingle 

8 July 2009

The accompanying notes form an integral part of these financial statements

Consolidated Cashflow Statement

for the year ended 31 December 2008

	2008 £'000	2008 £'000	2007 £'000	2007 £'000
Reconciliation of net outgoing resources to net cash inflow from operating activities				
Net outflow for the year	(2,543)		(544)	
Investment income	(864)		(798)	
Depreciation	150		140	
Profit on sale of tangible fixed assets	0		(16)	
(Increase)/decrease in stock	(4)		2	
(Increase) in debtors	(393)		(127)	
Increase in creditors	1,747		1,502	
Net cash (outflow)/inflow from operating activities		(1,907)		159

CASH FLOW STATEMENT

Net cash (outflow)/inflow from operating activities		(1,907)		159
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Returns on investments and servicing of finance

Investment income	864		798	
		864		798

Capital expenditure and financial investments

Purchase of tangible fixed assets	(126)		(150)	
Proceeds from sale of tangible fixed assets	0		273	
Funds transferred out of investment fixed assets	323		1,697	
Purchase of investments	(40,627)		(13,735)	
Proceeds from sale of investments	41,453		13,375	
(Increase)/decrease in cash held in portfolio	(2)		232	
		1,021		1,692

Management of liquid resources

(Increase) in current asset investments		(404)		(1,000)
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Financing

Principal payments under finance leases		0		(266)
(Decrease)/Increase in cash in the year		(426)		1,383

NOTES TO THE CASH FLOW STATEMENT

Reconciliation of net cash inflow to movement in net cash funds

(Decrease)/Increase in cash at bank and in hand		(426)		1,383
Increase in current asset investments		404		1,000
Increase in lease financing		0		266
Movement in year		(22)		2,649
Net cash funds at 1 January		15,416		12,767
Net cash funds at 31 December		15,394		15,416

Analysis of changes in net cash funds	At January		Other changes	At December	
	2008 £'000	Cash flows £'000		2008 £'000	2008 £'000
Cash at bank and in hand	8,113	(426)	0	7,687	
Current asset investments	7,303	404	0	7,707	
Total	15,416	(22)	0	15,394	

The accompanying notes form an integral part of these financial statements

Notes To The Consolidated Financial Statements

for the year ended 31 December 2008

1. Accounting policies

Basis of accounting

The financial statements have been prepared under the historical cost convention, with the exception of investments which are carried at market value.

The financial statements comply with the Companies Act 1985, applicable UK accounting standards and the Statement of Recommended Practice (SORP 2005), 'Accounting and Reporting by Charities'.

Basis of consolidation

The group financial statements include the financial statements of the Society, its branches and support groups ('branches') and consolidate its trading subsidiary, P.D.S. (Sales) Limited on a line by line basis.

Branches

Branches have to operate under the Society's financial rules. The rules relating to the Society's annual accounts consolidation are that branches whose income or closing fund balance is less than £10,000 for the previous year do not require any independent review of their current accounts return. Branches with income or closing fund balance greater than £10,000 for the previous year, or did not send a return the previous year, must have an 'Independent Examination' signed off by an independent examiner, which details the specific work that the Society requires from the examiner. Branches of the Society are required to produce unaudited accounts to their local members at their branch annual general meetings.

Funds

Unrestricted funds are funds which are expendable at the discretion of the Trustees in furtherance of the Society's objectives. General funds represent the Society's minimum reserve requirement, the amount of the Society's unrestricted net assets held at branches and net book value of tangible assets held. Any remaining unrestricted funds are designated funds set aside by the Trustees in the light of the Society's strategic objectives.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Society for particular purposes. The aim and use of each designated and restricted fund is set out in note 15.

Incoming resources

All incoming resources are included in the Statement of Financial Activities when the Society is legally entitled to the income, is reasonably certain of receipt and the amount can be measured with reasonable accuracy. Legacies are included in the Statement of Financial Activities when the personal representative informs the Society of the amount to be paid.

Resources expended

Expenditure has been classified by reference to specific activity categories, so that all direct costs relating to a specific activity have been aggregated. Cost of generating funds includes all costs relating to activities where the aim is to raise funds along with an apportionment of support costs. Public relations and general marketing costs are allocated to 'information and education' within charitable activities. Charitable activities includes costs relating to activities

which are part of the Objects of the Society along with an apportionment of support costs. Governance costs includes the cost of Trustee expenses, arranging the annual general meeting, audit fees and an apportionment of support costs. The bases of allocation of certain overheads and support costs are reviewed regularly and are a best estimate of space occupied, number of staff or time apportionment to reflect expenditure incurred by each specific activity.

Grants to third parties for specific activities are charged in the accounts when an award is made, although disbursement of the funds may be made in subsequent accounting periods.

Leasing

Operating lease rentals are charged to the Statement of Financial Activities over the period of the lease, on a straight line basis.

Website development costs

The costs of developing the design and content of the website are charged to the Statement of Financial Activities as incurred.

Tangible fixed assets and depreciation

Tangible fixed assets are included at cost and are stated, net of depreciation and any provision for impairment. Assets below the value of £2,000 are not capitalised except for computer equipment.

Depreciation is provided to write off the cost of tangible fixed assets over their useful economic lives on a straight line basis.

The annual rates used are:

Freehold buildings	2.0%
Freehold improvements	15.0%
Motor vehicles	25.0%
Office equipment and fixtures	15.0%
Computer equipment	33.3%
Computer equipment – restricted assets	33.3%

Investments

Listed investments are stated at market value. Net realised and unrealised gains and losses in the year are included in the Statement of Financial Activities. The trading subsidiary is stated at cost.

Stock

Stock comprises goods for resale and is valued at the lower of cost and net realisable value.

Taxation

The Society is a registered charity and as such is exempt from taxation on its income and gains to the extent that they are applied to its charitable purposes. The Society's subsidiary, P.D.S. (Sales) Limited, has not incurred a tax charge in the period due to its policy of paying its taxable profits to the Society under Gift Aid. The Society is not registered for VAT and expenditure is shown inclusive of VAT. P.D.S. (Sales) Limited is registered for VAT.

Pensions

The Society matches, on a two to one basis, employee contributions of up to 5% of salary into employees' own personal pension plans.

Pension costs are charged to the SOFA as incurred.

2. Investment income

	2008 £'000	2007 £'000
Interest on deposits held by		
– National Office	299	493
– Branches	280	178
Income from investments		
– Fixed interest securities	112	24
– Equity shares	0	27
– Cash held in managed portfolio	173	76
	864	798

3. Trading activities of subsidiary

The Society owns the entire share capital of P.D.S. (Sales) Limited, incorporated in England and Wales. This company is responsible for the sale of DVDs, Christmas cards, stationery and general gift items, and handles fees paid by participants in certain events, for the financial benefit of the Society. In addition, donations of £15,500 were generated via the company's activities.

The Financial Statements of P.D.S. (Sales) Limited, before consolidation, were:

Profit and Loss Account	2008 £'000	2007 £'000
Turnover	281	318
Cost of sales	(83)	(105)
Gross profit	198	213
Interest receivable	4	6
	202	219
Distribution and administration – external	(168)	(179)
– Society	(26)	(25)
Interest payable	0	(1)
Bank Charges	(4)	(7)
Net profit for the year before gift aid donation to Society	4	7
Gift aid donation to the Society	(4)	(7)
	0	0
Tax	0	0
Net profit for the year	0	0

Balance Sheet

Current assets	110	130
Creditors: amounts falling due within one year	(85)	(105)
Net current assets	25	25
Net assets	25	25
Share capital	25	25
Profit and loss account	0	0
Shareholders' funds	25	25

4. Financial returns of the branches and support groups ('branches')

The Society carries out a number of its charitable activities through a network of branches. The branches raise income sufficient to fund their activities and the majority also send funds to National Office to assist with the funding of nationally based services.

The Financial Statements of the Society's branches incorporate independently examined accounts or branch returns. Seven branches and three support groups of the Society's 232 and 134 respectively have failed to submit a return. For these, the last reported balances were included. The reasons for non-submission were either awaiting for a No Funds Form to be submitted or their accounts were submitted too late to be included. The impact of the results of these branches and support groups is not considered material to the results of the Society.

Income and Expenditure relating to branches was:

INCOME AND EXPENDITURE	Notes below	2008 £'000	2007 £'000
Total incoming resources	(a)	3,461	3,370
Total resources expended	(b)	(2,227)	(1,995)
Net losses on investments		(39)	0
Net movement in funds		1,195	1,375
Application of net funds raised by branches:			
Transfers (to)/from National Office for:			
Research		(322)	(238)
Parkinson's Disease Nurse Specialists		0	(12)
Community Support Workers		(237)	(504)
Other		(317)	(20)
Legacies received		0	0
Total net resources transferred		(876)	(774)
Net movement in funds retained by branches after transfers		319	601
Branches fund balances brought forward at 1 January		7,574	6,973
Branches fund balances carried forward at 31 December		7,893	7,574

BALANCE SHEET

Investments	128	157
Debtors	3	5
Cash held for branches at National Office	1,901	1,236
Current asset investments	207	303
Cash at bank and in hand	5,675	5,896
	7,786	7,440
Creditors due within one year	(21)	(23)
Net assets	7,893	7,574

NOTES:

(a) Incoming resources

Incoming resources from generated funds		
Voluntary income:		
Legacies and in memoriam	811	796
Donations (including branch subscriptions)	997	964
Activities for generating funds:		
Events	1,163	1,161
Investment income	287	178
Incoming resources from charitable activities		
Grants	171	231
Other incoming resources	32	40
Total incoming resources	3,461	3,370

(b) Resources expended

Costs of generating funds		
Cost of generating voluntary income	54	55
Charitable activities		
Research	13	34
Care and service provision	1,921	1,695
Branch administration support costs	239	211
	2,173	1,940
Total resources expended	2,227	1,995

5. Net income for the year is stated after charging:

	2008 £'000	2007 £'000
Fees payable to Society's auditors for audit of Society's annual accounts	37	36
Fees payable to Society's auditors for audit of Society's subsidiary pursuant to legislation	4	4
	<hr/> 41	<hr/> 40
Depreciation	150	140
Operating lease rentals – other	249	153
Profit on sale of tangible fixed assets	0	(16)

6. Total resources expended

	Grants £'000	Direct staff costs £'000	Other direct costs £'000	Support costs £'000	Total 2008 £'000	Total 2007 £'000
a) Total costs:						
Costs of generating funds						
Cost of generating voluntary income	0	784	1,482	649	2,915	2,009
Trading activities	0	0	116	0	116	144
Investment management costs	0	0	22	0	22	14
Costs of generating funds	<hr/> 0	<hr/> 784	<hr/> 1,620	<hr/> 649	<hr/> 3,053	<hr/> 2,167
Charitable activities						
Research (note 7)	4,296	256	189	129	4,870	4,780
Parkinson's Disease Nurse Specialists	1,446	51	67	57	1,621	1,058
Care and service provision	139	3,229	3,243	1,746	8,357	6,190
Membership	0	32	40	147	219	256
Information and education	0	826	762	534	2,122	2,127
Governance costs	0	37	320	125	482	438
	<hr/> 5,881	<hr/> 4,431	<hr/> 4,621	<hr/> 2,738	<hr/> 17,671	<hr/> 14,849
Expenditure in support of activities		1,291	2,096	(3,387)	0	0
Total resources expended	<hr/> 5,881	<hr/> 6,506	<hr/> 8,337	<hr/> 0	<hr/> 20,724	<hr/> 17,016

	Management ₁ £'000	Human Resources ₂ £'000	Finance ₃ £'000	Information Systems ₄ £'000	Facilities ₅ £'000	Total £'000
b) Support costs apportioned:						
Cost of generating voluntary income	24	70	293	98	164	649
Research	24	19	20	24	42	129
Parkinson's Disease Nurse Specialists	15	10	19	8	5	57
Care and service provision	283	551	381	329	202	1,746
Membership	0	6	115	10	16	147
Information and education	39	67	146	87	195	534
Governance costs	63	3	42	4	13	125
	<hr/> 448	<hr/> 726	<hr/> 1,016	<hr/> 560	<hr/> 637	<hr/> 3,387

Basis of allocation

1) on a time basis and includes branch administration of £239,000 included in care and service provision. 2) on the number of staff. 3) on the number of departments. 4) on the number of staff with a Society workstation. 5) on the number of staff based at National Office.

	2008 £'000	2007 £'000
c) Analysis of governance costs:		
External audit fees	41	40
Internal audit fees	50	35
Board of Trustees	75	70
Annual branches meeting, including AGM-related costs and other governance costs	191	176
Apportionment of support costs (above)	125	117
	<hr/> 482	<hr/> 438

7. Amounts committed for grants

	Research £'000	PDS Tissue Bank £'000	PD Nurse Specialists £'000	Mali Jenkins Help Fund £'000	Group and Society Total 2008 £'000	Group and Society Total 2007 £'000
Balance at 1 January	8,269	179	2,371	0	10,819	10,017
Awarded	4,296	0	1,446	139	5,881	5,439
Payments	(3,403)	(36)	(594)	(139)	(4,172)	(4,637)
Balance at 31 December	9,162	143	3,223	0	12,528	10,819
Estimated to be disbursed:						
Within one year	4,309	143	1,827	0	6,279	4,850
After more than one year	4,853	0	1,396	0	6,249	5,969
	9,162	143	3,223	0	12,528	10,819

All grants were awarded within the UK to institutions except for the Mali Jenkins Help Fund which were for individuals. Details of awards made are available on request from the Society's National Office.

8. Employees and Trustees

	2008 £'000	2007 £'000
a) Total costs:		
Salaries	5,659	4,210
National Insurance contributions	582	434
Pension contributions	265	213
	6,506	4,857

	2008 No.	2007 No.
b) Average number of full-time equivalent staff during year:		
Generating voluntary income	28.5	22.5
Research	8.0	6.0
Parkinson's Disease Nurse Specialists	1.5	1.5
Care and service provision	133.5	100.5
Membership	8.0	7.5
Information and education	27.5	28.0
Governance	2.0	2.0
	209.0	168.0

The number of employees shown represents full time equivalents.

	2008 No.	2007 No.
c) The number of employees whose emoluments (including remuneration and benefits in kind and excluding pension contributions) amounted to more than £60,000 was:		
Band £60,001 to £70,000	1	2
Band £70,001 to £80,000	4	2
Band £110,001 to £120,000	1	1

Contributions of £35,600 (2007: £33,500) were made for the provision of defined contribution benefits for 5 (2007: 5) employees earning over £60,000.

	2008 £'000	2007 £'000
d) Trustees:		
No Trustees received remuneration for their services in either 2008 or 2007. A Trustees indemnity policy was purchased at a cost of £1,161 (2007: £1,219). Trustee expenses for attending meetings were reimbursed to 17 Trustees (2007: 16 Trustees).		
Travel	13	14
Accommodation	9	12
	22	26

9. Tangible fixed assets

Group and Society

	Freehold land & building	Freehold improve- ments	Office equipment & fixtures	Computer equipment	Restricted assets	Total
	£'000	£'000	£'000	£'000	£'000	£'000
Cost						
At 1 January	2,700	683	84	414	20	3,901
Additions	0	0	0	126	0	126
Disposals	0	0	0	(80)	0	(80)
At 31 December	2,700	683	84	460	20	3,947
Accumulated depreciation						
At 1 January	404	621	36	299	20	1,380
Charge for the year	45	24	9	72	0	150
Disposals	0	0	0	(80)	0	(80)
At 31 December	449	645	45	291	20	1,450
Net Book Values						
Brought forward at 1 January 2008	2,296	62	48	115	0	2,521
Carried forward at 31 December 2008	2,251	38	39	169	0	2,497

10. Investments

	Group & Society 2008 £'000	Group & Society 2007 £'000
Marketable securities		
Market value at 1 January	20,559	20,942
Acquisitions at cost	40,627	13,735
Disposals at proceeds of sale	(41,453)	(13,375)
Net gains on revaluation to market value	567	954
	20,300	22,256
Transfer to cash at bank and in hand	(323)	(1,697)
Market value at 31 December	19,977	20,559
Cash held within managed portfolio		
Cash on deposit at 31 December	30	28
Total at 31 December – Group	20,007	20,587
Investment in subsidiary company	25	25
Total at 31 December – Society	20,032	20,612

The cash incorporates reinvested dividends and interest received, the proceeds of sales and the funds used for acquisitions.

Investments are represented by:

Fixed interest securities	19,766	0
Equity shares	211	7,084
Cash funds	0	13,475
Cash held within managed portfolio	30	28
Investment in subsidiary company	25	25
	20,032	20,612

Analysed between:

UK investments	20,032	12,507
Overseas investments	0	8,105
	20,032	20,612

The historical cost of marketable securities at 31 December was:	19,621	18,357
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11. Debtors

	Group 2008 £'000	Group 2007 £'000	Society 2008 £'000	Society 2007 £'000
Legacies (note 12)	406	48	406	48
Amounts due from P.D.S. (Sales) Limited	0	0	18	19
Tax recoverable on donations and other incoming resources	170	141	170	141
Other debtors	159	153	85	62
Prepayments and accrued income	104	104	87	83
	839	446	766	353

12. Amounts accrued for legacies

	Group & Society 2008 £'000	Group & Society 2007 £'000
Balance at 1 January	48	38
Entitlements	8,446	7,516
Receipts	(8,088)	(7,506)
Balance at 31 December	406	48

At 31 December 2008, legacies which had been notified but not recognised as incoming resources in the Statement of Financial Activities had an estimated value of £1,650,000 (2007 – £2,037,000) which had not been accrued.

13. Creditors – amounts falling due within one year

	Group 2008 £'000	Group 2007 £'000	Society 2008 £'000	Society 2007 £'000
Amounts committed to grants (note 7)	6,279	4,850	6,279	4,850
Other creditors	117	98	58	44
Tax and social security	184	136	184	136
Accruals and deferred income	1,492	1,521	1,485	1,489
	8,072	6,605	8,006	6,519

14. Creditors – amounts falling due after more than one year

	Group 2008 £'000	Group 2007 £'000	Society 2008 £'000	Society 2007 £'000
Amounts committed to grants (note 7)	6,249	5,969	6,249	5,969
	6,249	5,969	6,249	5,969

15. Statement of funds

	Balance at 1 January 2008 £'000	Total incoming resources £'000	Total resources expended £'000	Transfers £'000	Net gains on investments £'000	Balance at 31 December 2008 £'000
Unrestricted funds						
General funds						
– National Office minimum reserves	9,209	11,912	(12,430)	142	0	8,833
– Branches free reserves	4,864	2,550	(1,823)	(99)	0	5,492
– Net book value of tangible assets held	2,521	0	0	(24)	0	2,497
	16,594	14,462	(14,253)	19	0	16,822
Designated funds						
Research	1,035	0	0	0	0	1,035
Parkinson's Disease Nurse Specialists	600	0	(600)	0	0	0
Care and service provision	4,185	427	(3,104)	(12)	0	1,496
IT and communications	200	0	(200)	0	0	0
Expansion fund	0	0	0	1,364	0	1,364
Total designated funds	6,020	427	(3,904)	1,352	0	3,895
Non charitable trading funds	0	285	(285)	0	0	0
Revaluation Reserve	0			(567)	567	0
Total unrestricted funds	22,614	15,174	(18,442)	804	567	20,717
Restricted funds						
Research	1,615	1,674	(1,520)	0	0	1,769
Parkinson's Disease Nurse Specialists	166	156	(109)	0	0	213
Care and service provision	523	663	(365)	0	0	821
Information and education	9	30	(39)	0	0	0
Branches	1,473	484	(249)	(804)	0	904
Total restricted funds	3,786	3,007	(2,282)	(804)	0	3,707
Total funds	26,400	18,181	(20,724)	0	567	24,424

Footnote

The Trustees' reserve policy is set out on page 27 and the Society's funds are analysed above accordingly. The Trustees have approved a Strategic Plan for 2007–2011 that provides for services for people with Parkinson's to be increased across the UK during the term of the Plan ahead of current levels of income. The Trustees have resolved to commit all of the unrestricted and restricted funds shown above, except for £4,251,000 forming that part of the National Office minimum reserves which cover income considered "at risk", £3,645,000 held in branches as working capital and the fund of £2,497,000 net book value of tangible assets, all included in general funds above, to provide the funding for the planned deficits during the period of the Plan, a total commitment of £14,031,000.

Transfers

Until 2007, certain restricted income, received in recent years by some branches, had subsequently been spent by the National Office of the Society and recorded as unrestricted expenditure. Following a review, the overstatement of restricted funds of the Society as a whole has been adjusted by a transfer of £804,000 from restricted to unrestricted funds.

Designated funds

The research fund is to be used to meet the cost of the PDS Tissue Bank for the next five years.

Care and service provision funds are to meet costs of charitable activities undertaken by some branches.

The expansion fund is to allow for the planned increase in services of the Society during the term of the strategic Plan for 2007–2011.

This fund is planned to be spent down over the next four years, bringing closing funds in line with the minimum and restricted reserves.

Restricted funds

The research fund represents income received to be used to meet direct costs of the research programme.

The Parkinson's Disease Nurse Specialist fund is for making grants to fund posts and associated training in the NHS around the UK.

Care and service provision funds are to meet costs of activities in furtherance of the Society's objectives.

The information and education fund is a fund to be used on information and education activities of the Society.

Restricted funds held by branches are all for purposes similar to every restricted fund mentioned above.

15. Statement of funds (cont)

Analysis of net assets between funds:

	Unrestricted Funds £'000	Restricted Funds £'000	Total Funds £'000
Tangible fixed assets	2,497	0	2,497
Investments	17,204	2,803	20,007
Current assets	15,337	904	16,241
Liabilities	(14,321)	0	(14,321)
Net assets	<u>20,717</u>	<u>3,707</u>	<u>24,424</u>

16. Related and connected party transactions

In accordance with Financial Reporting Standard 8 the Society discloses the following related party transactions. During 2008 the Trustees, on the recommendation of the Research Advisory Panel, awarded the following grants to organisations to which members are connected:

Member	Organisation	£'000
Prof Ann Ashburn	University of Southampton	76
Prof Richard Brown	Institute of Psychiatry, KCL	72
Dr Roger Barker	Cambridge Centre for Brain Repair	436
Prof Richard Brown	Institute of Psychiatry, KCL	70
Dr Roger Barker	Cambridge Centre for Brain Repair	96
Prof David Burn	Newcastle University	1,184
Prof Nick Wood	ION	293

The above individuals did not participate in the decision to award a grant to the organisation to which they are connected.

17. Operating lease commitments

As at 31 December the Society had annual operating lease commitments as set out below:

	2008 Land and Buildings £'000	2008 Other £'000	2007 Land and Buildings £'000	2007 Other £'000
Operating leases which expire:				
– within one year	3	198	5	119
– in two to five years	0	300	3	186
– after five years	0	0	0	0
	<u>3</u>	<u>498</u>	<u>8</u>	<u>305</u>

18. Grants received

In accordance with agreements entered into with grantors the Society acknowledges the receipt of the following grants included within the total grant income of £268,000 in the Statement of Financial Activities.

	£'000
Birmingham East & North PCT	17
Department of Health Section 64	30
Department of Health Section 64	37
Awards for All	
Falkirk Branch	2
Awards for All	
Stockport Branch	6
Awards for All	
YPN South Wales	5
Big Lottery Fund	
Barnsley Branch	13
Big Lottery Fund	
Birmingham South Branch	13
Big Lottery Fund	
Liverpool Central Branch	18
Big Lottery Fund	
Macclesfield Branch	12
East & Coastal Kent PCT	
Canterbury Branch	7
Pembrokeshire County Council	
Pembrokeshire Branch	6
Reading Borough Council	
Reading Branch	8
Birmingham Outreach Project	17
Parkinson's & Mental Health	30
Notts Integrated Services for Neurological Conditions	37
Branch equipment	2
Branch activities	6
Branch activities	5
Information & Support Worker service	13
Information & Support Worker service	13
Information & Support Worker service	18
The Alex Project	12
DVD for training of care home workers	7
Carers Grant	6
Information & Support Worker service	8

The Society also acknowledges the following grants that were received during 2007.

Big Lottery Fund	Barnsley Branch	Information & Support Worker service	12
Big Lottery Fund	Liverpool Central Branch	Information & Support Worker service	16

Bigger

We want everyone with Parkinson's to have access to the support the PDS provides

Better

We're working hard to make sure the services we offer are of the highest quality

Bolder

We're leading the field in the search for a cure and our campaigning for better services