PARKINSON'S UK CHANGE ATTITUDES. FIND A CURE. JOIN US.

Non-motor symptoms questionnaire

Name: ..... Date: ..... Age: .....

Centre ID: Male ☐ Female ☐

Have you experienced any of the following in the last month?

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Non-movement problems in Parkinson's

The movement symptoms of Parkinson's are well known. However, other problems can sometimes occur as part of the condition or its treatment. It is important that the doctor knows about these, particularly if they are troublesome for you.

A range of problems is listed below. Please tick the box 'Yes' if you have experienced it during the past month. The doctor or nurse may ask you some questions to help decide. If you have not experienced the problem in the past month tick the 'No' box. You should answer 'No' even if you have had the problem in the past but not in the past month.

		Yes	No
1	Dribbling of saliva during the daytime.	☐	☐
2	Loss or change in your ability to taste or smell.	☐	☐
3	Difficulty swallowing food or drink or problems with choking.	☐	☐
4	Vomiting or feelings of sickness (nausea).	☐	☐
5	Constipation (less than three bowel movements a week) or having to strain to pass a stool.	☐	☐
6	Bowel (faecal) incontinence.	☐	☐
7	Feeling that your bowel emptying is incomplete after having been to the toilet.	☐	☐
8	A sense of urgency to pass urine makes you rush to the toilet.	☐	☐
9	Getting up regularly at night to pass urine.	☐	☐
10	Unexplained pains (not due to known conditions such as arthritis).	☐	☐
11	Unexplained change in weight (not due to change in diet).	☐	☐
12	Problems remembering things that have happened recently or forgetting to do things.	☐	☐
13	Loss of interest in what is happening around you or in doing things.	☐	☐

		Yes	No
14	Seeing or hearing things that you know or are told are not there.	☐	☐
15	Difficulty concentrating or staying focused.	☐	☐
16	Feeling sad, 'low' or 'blue'.	☐	☐
17	Feeling anxious, frightened or panicky.	☐	☐
18	Feeling less interested in sex or more interested in sex.	☐	☐
19	Finding it difficult to have sex when you try.	☐	☐
20	Feeling light-headed, dizzy or weak standing from sitting or lying.	☐	☐
21	Falling.	☐	☐
22	Finding it difficult to stay awake during activities such as working, driving or eating.	☐	☐
23	Difficulty getting to sleep at night or staying asleep at night.	☐	☐
24	Intense, vivid or frightening dreams.	☐	☐
25	Talking or moving about in your sleep, as if you are 'acting out' a dream.	☐	☐
26	Unpleasant sensations in your legs at night or while resting, and a feeling that you need to move.	☐	☐
27	Swelling of the legs.	☐	☐
28	Excessive sweating.	☐	☐
29	Double vision.	☐	☐
30	Believing things are happening to you that other people say are not.	☐	☐

Chaudhuri KR, Martinez-Martin P, Schapira AHV, Stocchi F, Sethi K, Odin P et al (2006) 'An international multicentre pilot study of the the first comprehensive self-completed non motor symptoms questionnaire for Parkinson's disease: The NMSQuest study' *Mov Disord*; 21(7):916-923.

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